

KERSTCORRIDA Meeuwen-Gruitrode - 27 december 2002

MEISJES EN JONGENS - 825 m

| PL | NR | NAAM | JR | CLUB/WOONPL | CAT | TIJD | GEM | KM-Tijd |
|----|-----|----------------------|----|-------------------|-----|------|-------|---------|
| 1 | 333 | LEFEBVRE ILSE | 91 | AVT HEUSDEN | MIN | 2:48 | 17,68 | 3:23 |
| 2 | 314 | ENGELEN MATTHIAS | 92 | AVT BERINGEN | PUP | 2:53 | 17,17 | 3:29 |
| 3 | 99 | HUTS GIJSBRECHT | 92 | RC TIENEN | PUP | 2:54 | 17,07 | 3:30 |
| 4 | 141 | LEMMENS HARMEN | 92 | AVT MEEUWEN | PUP | 2:55 | 16,97 | 3:32 |
| 5 | 74 | SCHOOF S TOON | 91 | AVT HELCHTEREN | MIN | 3:03 | 16,23 | 3:41 |
| 6 | 456 | SEMLALI OUSSAMA | 91 | RFCL | MIN | 3:05 | 16,05 | 3:44 |
| 7 | 524 | NOUWEN JONAS | 93 | MEEUWEN-GRUITRODE | PUP | 3:06 | 15,97 | 3:45 |
| 8 | 298 | DATO CAROLINE | 93 | AVT MAASMECHELEN | PUP | 3:07 | 15,88 | 3:46 |
| 9 | 566 | THAENS GIJS | 90 | MEEUWEN-GRUITRODE | MIN | 3:01 | 16,41 | 3:39 |
| 10 | 439 | SCHREURS ORNELLA | 92 | AVT BERINGEN | PUP | 3:11 | 15,55 | 3:51 |
| 11 | 21 | VANDEWINKEL TIM | 94 | AVT HELCHTEREN | BEN | 3:12 | 15,47 | 3:52 |
| 12 | 165 | GREVENDONK LOTTE | 91 | AVT PEER | MIN | 3:13 | 15,39 | 3:53 |
| 13 | 77 | VANDIJCK ROB | 92 | BREE AC | PUP | 3:13 | 15,39 | 3:53 |
| 14 | 275 | AEGTEN FEMME | 94 | BREE AC | BEN | 3:14 | 15,31 | 3:55 |
| 15 | 80 | CLIJSTERS SANIA | 92 | BREE AC | PUP | 3:14 | 15,31 | 3:55 |
| 16 | 495 | JEHOUL MAARTEN | 90 | PEER | MIN | 3:14 | 15,31 | 3:55 |
| 17 | 231 | DRIJKONINGEN DANIEL | 92 | AVT MEEUWEN | PUP | 3:15 | 15,23 | 3:56 |
| 18 | 110 | WILLEMS DYLAN | 92 | AVT MEEUWEN | PUP | 3:16 | 15,15 | 3:57 |
| 19 | 124 | VANGELOVEN ANNELEEN | 90 | AVT MEEUWEN | MIN | 3:17 | 15,08 | 3:58 |
| 20 | 79 | CLIJSTERS TOM | 94 | BREE AC | BEN | 3:17 | 15,08 | 3:58 |
| 21 | 344 | CUPPENS MARTIJN | 92 | OPGLABBEEK | PUP | 3:17 | 15,08 | 3:58 |
| 22 | 140 | LEMMENS JORICK | 94 | AVT MEEUWEN | BEN | 3:18 | 15,00 | 4:00 |
| 23 | 162 | GREVENDONK TOM | 94 | AVT PEER | BEN | 3:18 | 15,00 | 4:00 |
| 24 | 428 | HOFBAUER JORIS | 92 | AVT HEUSDEN | PUP | 3:18 | 15,00 | 4:00 |
| 25 | 127 | DE VRINDT YTSE | 93 | AVT | PUP | 3:19 | 14,92 | 4:01 |
| 26 | 357 | HERMANS JESSY | 91 | AVT HEUSDEN | MIN | 3:22 | 14,70 | 4:04 |
| 27 | 73 | HOOGMARTENS VINCENT | 93 | AVT HELCHTEREN | PUP | 3:23 | 14,63 | 4:06 |
| 28 | 441 | SEMLALI AYYOUB | 95 | LUIK | BEN | 3:23 | 14,63 | 4:06 |
| 29 | 299 | BASELET JOLIEN | 93 | AVT PEER | PUP | 3:24 | 14,56 | 4:07 |
| 30 | 273 | MAES MATHIJS | 94 | AVT HECHTEL | BEN | 3:24 | 14,56 | 4:07 |
| 31 | 164 | NULLENS JASPER | 92 | PEER | PUP | 3:24 | 14,56 | 4:07 |
| 32 | 76 | LOOS RUBEN | 92 | BREE AC | PUP | 3:26 | 14,42 | 4:09 |
| 33 | 102 | CORSTJENS ANNELEEN | 91 | AVT MEEUWEN | MIN | 3:26 | 14,42 | 4:09 |
| 34 | 196 | FERSON JOLIEN | 94 | AVT HECHTEL | BEN | 3:27 | 14,35 | 4:10 |
| 35 | 279 | BERGMANS JOKE | 93 | MACD | PUP | 3:27 | 14,35 | 4:10 |
| 36 | 139 | VOSSEN KATRIEN | 91 | OPGLABBEEK | MIN | 3:28 | 14,28 | 4:12 |
| 37 | 24 | LIJNEN JANA | 94 | AVT HELCHTEREN | BEN | 3:28 | 14,28 | 4:12 |
| 38 | 349 | BRAEKEN DANA | 92 | AVT MEEUWEN | PUP | 3:29 | 14,21 | 4:13 |
| 39 | 125 | VANGELOVEN PIETER | 92 | MEEUWEN-GRUITRODE | PUP | 3:29 | 14,21 | 4:13 |
| 40 | 360 | MAESEN LISA | 93 | AVT HECHTEL | PUP | 3:03 | 16,23 | 3:41 |
| 41 | 145 | MAES MICHAEL | 95 | AVT HELCHTEREN | BEN | 3:03 | 16,23 | 3:41 |
| 42 | 295 | CREEMERS SARAH | 89 | BREE | KAD | 3:31 | 14,08 | 4:15 |
| 43 | 455 | DURNEZ JASMIEN | 91 | LOOI | MIN | 3:33 | 13,94 | 4:18 |
| 44 | 232 | DRIJKONINGEN RICHARD | 93 | MEEUWEN-GRUITRODE | PUP | 3:35 | 13,81 | 4:20 |
| 45 | 212 | AWOUTERS JANA | 94 | AVT HECHTEL | BEN | 3:37 | 13,69 | 4:23 |
| 46 | 526 | BIELLEN ANDY | 95 | GENK | BEN | | | |
| 47 | 246 | TRUYERS YANO | 96 | VABCO MOL | BEN | | | |
| 48 | 525 | NOUWEN YENTL | 91 | MEEUWEN-GRUITRODE | MIN | | | |
| 49 | 17 | STALS BIEKE | 95 | AVT MEEUWEN | BEN | | | |
| 50 | 1 | VAN DE WEYER LIA | 95 | AVT MEEUWEN | BEN | | | |
| 51 | 417 | CORSTJENS EVELINE | 95 | MEEUWEN-GRUITRODE | BEN | | | |
| 52 | 75 | LOOS JEROEN | 94 | BREE AC | BEN | | | |
| 53 | 296 | JOOSTEN HANNE | 92 | NEERPELT | PUP | | | |
| 54 | 297 | CREEMERS ELINE | 92 | BREE | PUP | | | |
| 55 | 219 | LENAERTS WIETSE | 95 | GENK | BEN | | | |

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| 56 | 18 | STALS SARAH | 93 | AVT MEEUWEN | PUP |
| 57 | 341 | CUPPENS STIJN | 90 | OPGLABBEEK | MIN |
| 58 | 427 | PAPEN LAURA | 94 | AVT | BEN |
| 59 | 72 | VANHAMEL JEFFREY | 93 | AVT HELCHTEREN | PUP |
| 60 | 20 | KORSTEN EVY | 91 | KINROOI | MIN |
| 61 | 494 | JEHOUL KAROLIEN | 92 | PEER | PUP |
| 62 | 144 | MAES MATHIAS | 96 | AVT HELCHTEREN | BEN |
| 63 | 200 | CLAESSENS EVELIEN | 94 | MACD | BEN |
| 64 | 136 | ZANARDELLI FRANCO | 93 | AVT HELCHTEREN | PUP |
| 65 | 504 | VANHAMEL JOLIEN | 93 | LOMMEL | PUP |
| 66 | 250 | HAMERS LISA | 95 | VABCO MOL | BEN |
| 67 | 312 | NACKAERTS KARMIEN | 95 | SACN | BEN |
| 68 | 138 | ZANARDELLI CHRISTINA | 93 | AVT HELCHTEREN | PUP |
| 69 | 126 | VANGELOVEN JORIS | 95 | MEEUWEN-GRUITRODE | BEN |
| 70 | 137 | ZANARDELLI MARIA | 93 | AVT HELCHTEREN | PUP |
| 71 | 345 | CORSTJENS NIENKE | 95 | AVT MEEUWEN | BEN |
| 72 | 416 | REEKMANS JEROEN | 93 | LOOI | PUP |
| 73 | 348 | SALIMANS LENE | 93 | AVT MEEUWEN | PUP |
| 74 | 70 | PETERS JASPER | 95 | AVT HELCHTEREN | BEN |
| 75 | 128 | DE VRINDT LOTTE | 96 | AVT | BEN |
| 76 | 166 | NULLENS JONAS | 92 | PEER | PUP |
| 77 | 397 | BRAEKEN JORN | 95 | AVT MEEUWEN | BEN |
| 78 | 71 | PETERS MARTEN | 94 | AVT HELCHTEREN | BEN |
| 79 | 351 | HENDRIKX JASPER | 94 | HOUTHALEN | BEN |
| 80 | 564 | DECKERS LIZA | 91 | MEEUWEN-GRUITRODE | MIN |
| 81 | 565 | DECKERS MIRTHA | 94 | MEEUWEN-GRUITRODE | BEN |
| 82 | 135 | SCHEVERNELS HANNE | 93 | AVT MEEUWEN | PUP |
| 83 | 560 | MERTENS TESSA | 96 | BALEN | BEN |
| 84 | 559 | MERTENS TILLY | 93 | BALEN | PUP |
| 85 | 19 | KORSTEN DANIELLE | 94 | KINROOI | BEN |
| 86 | 242 | STEYVERS LENNY | 96 | STRAMPROY | BEN |
| 87 | 350 | HENDRIKX LENE | 96 | HOUTHALEN | BEN |
| 88 | 243 | VANDEWEYER ELKE | 93 | DIEPENBEEK | PUP |
| 89 | 23 | MAES MAJA | 96 | AVT HELCHTEREN | BEN |
| 90 | 198 | JANSEN STEPHANIE | 94 | BOCHOLT | BEN |
| 91 | 244 | VANDEWEYER NIELS | 97 | DIEPENBEEK | BEN |
| 92 | 22 | VANBRIEL STEFFI | 93 | AVT HELCHTEREN | PUP |
| 93 | 35 | GELOOF ROBIN | 95 | AVT HELCHTEREN | BEN |
| 94 | 69 | BEERTEN LIEN | 93 | AVT HELCHTEREN | PUP |
| 95 | 78 | NOUWEN JONAS | 93 | BREE AC | PUP |

DAMES - 5.270 m

| PL | NR | NAAM | JR | CLUB/WOONPL | CAT | PL/CAT | TIJD | GEM | KM-Tijd |
|----|-----|-------------------------|----|-------------------|-----|--------|-------|-------|---------|
| 1 | 227 | TYSKENS SUZY | 76 | AVT | SEN | 1 | 19:46 | 16,00 | 3:45 |
| 2 | 160 | BEYENS JELLE | 87 | AVOS | SCH | 1 | 20:17 | 15,59 | 3:50 |
| 3 | 53 | BEKE DAUMA | 86 | AVT HELCHTEREN | SCH | 2 | 20:32 | 15,40 | 3:53 |
| 4 | 268 | GIJBELS CINDY | 83 | ACA | SEN | 2 | 20:39 | 15,31 | 3:55 |
| 5 | 385 | SCHEPERS HANNE | 88 | AVT HEUSDEN | KAD | 1 | 20:41 | 15,29 | 3:55 |
| 6 | 96 | BOSMANS KIM | 91 | HEUSDEN-ZOLDER | MIN | 1 | 20:44 | 15,25 | 3:56 |
| 7 | 88 | EYCKMANS NADINE | 67 | VMOL | VET | 1 | 20:05 | 15,74 | 3:48 |
| 8 | 356 | VAN OOSTERWIJCK CHANTAL | 79 | GENK | SEN | 3 | 21:03 | 15,02 | 3:59 |
| 9 | 514 | SCHREURS ANN | 83 | MEEUWEN-GRUITRODE | SEN | 4 | 21:01 | 15,05 | 3:59 |
| 10 | 175 | JANSSEN LINDSAY | 89 | AVT | KAD | 2 | 21:18 | 14,85 | 4:02 |
| 11 | 284 | VISSERS ANJA | 89 | MAASMECHELEN | KAD | 3 | 21:18 | 14,85 | 4:02 |
| 12 | 380 | FREDERIX ELIEN | 89 | AVT HEUSDEN | KAD | 4 | 21:32 | 14,68 | 4:05 |
| 13 | 366 | KUIPERS SANNE | 89 | AVT | KAD | 5 | 21:37 | 14,63 | 4:06 |
| 14 | 143 | VELTJEN STEFANIE | 90 | HEUSDEN-ZOLDER | MIN | 2 | 21:37 | 14,63 | 4:06 |
| 15 | 528 | VAN AMERSFOORT PHELINE | 84 | MAASTRICHT | JUN | 1 | 21:38 | 14,62 | 4:06 |
| 16 | 420 | JANSSEN JILL | 92 | BREE AC | PUP | 1 | 21:44 | 14,55 | 4:07 |
| 17 | 399 | HERMANS SHANA | 91 | MEEUWEN-GRUITRODE | MIN | 3 | 21:58 | 14,39 | 4:10 |
| 18 | 556 | VANDEMAELE SIGRID | 84 | TIELT-WINGE | JUN | 2 | 22:29 | 14,06 | 4:15 |
| 19 | 365 | DANIELS USCHI | 89 | HECHTEL-EKSEL | KAD | 6 | 22:32 | 14,03 | 4:16 |
| 20 | 510 | CLEEREN ILSE | 91 | LUMMEN | MIN | 4 | 22:43 | 13,92 | 4:18 |
| 21 | 282 | TRUYERS GOELE | 92 | HECHTEL-EKSEL | PUP | 2 | 22:44 | 13,91 | 4:18 |
| 22 | 187 | WELKENHUYZEN KIMBERLY | 93 | MAASMECHELEN | PUP | 3 | 22:44 | 13,91 | 4:18 |
| 23 | 247 | TRUYERS IMANA | 93 | HECHTEL-EKSEL | PUP | 4 | 22:47 | 13,88 | 4:19 |
| 24 | 754 | ARITS KAAT | 90 | MAASEIK | MIN | 5 | 23:00 | 13,75 | 4:21 |
| 25 | 409 | LEIJNEN SABINE | 90 | BOCHOLT | MIN | 6 | 23:23 | 13,52 | 4:26 |
| 26 | 555 | CLAES MARIJKE | 85 | TIELT-WINGE | JUN | 3 | 23:43 | 13,33 | 4:30 |
| 27 | 114 | CORSTJENS ERIKA | 89 | MEEUWEN-GRUITRODE | KAD | 7 | 23:44 | 13,32 | 4:30 |
| 28 | 546 | MARTENS RIET | 67 | DIEPENBEEK | VET | 2 | 23:46 | 13,30 | 4:30 |
| 29 | 172 | MICHIELS LIDIA | 64 | KAAG | VET | 3 | 23:51 | 13,26 | 4:31 |
| 30 | 369 | VAN MIERLO ANITA | 60 | MEEUWEN-GRUITRODE | VET | 4 | 24:19 | 13,00 | 4:36 |
| 31 | 429 | BOSSENS KRISTEL | 67 | NIEUWERKERKEN | VET | 5 | 24:25 | 12,95 | 4:37 |
| 32 | 404 | LEIJNEN VEERLE | 87 | BOCHOLT | SCH | 3 | 24:31 | 12,90 | 4:39 |
| 33 | 464 | BRAEKEN LORE | 87 | MEEUWEN-GRUITRODE | SCH | 4 | 24:55 | 12,69 | 4:43 |
| 34 | 535 | BEKKERS SARAH | 77 | PAAL | SEN | 5 | 24:56 | 12,68 | 4:43 |
| 35 | 515 | VAN DE WEYER MARIETTE | 55 | ACP | VET | 6 | 25:00 | 12,65 | 4:44 |
| 36 | 384 | DEFOUR SASHIA | 88 | HOUTHALEN | KAD | 8 | 25:02 | 12,63 | 4:45 |
| 37 | 382 | SMET ANNELIES | 87 | AVT HEUSDEN | SCH | 5 | 25:07 | 12,59 | 4:45 |
| 38 | 471 | VERLUYTEN VERA | 67 | LOOI | VET | 7 | 25:08 | 12,58 | 4:46 |
| 39 | 27 | VUURSTAAK AN | 58 | AVT HELCHTEREN | VET | 8 | 25:01 | 12,64 | 4:44 |
| 40 | 784 | AENDEKERK EVY | 84 | PEER | JUN | 4 | 25:17 | 12,51 | 4:47 |
| 41 | 463 | LETEN CARINE | 66 | HEUSDEN-ZOLDER | VET | 9 | 25:22 | 12,47 | 4:48 |
| 42 | 768 | SMEETS CARINE | 65 | MEEUWEN-GRUITRODE | VET | 10 | 25:26 | 12,43 | 4:49 |
| 43 | 208 | CAMPANIS ANNEMIE | 66 | PEER | VET | 11 | 25:29 | 12,41 | 4:50 |
| 44 | 451 | ROUX INGE | 68 | GENK | SEN | 6 | 25:35 | 12,36 | 4:51 |
| 45 | 317 | MAINE MARIE JOSE | 68 | HEUSDEN-ZOLDER | SEN | 7 | 25:37 | 12,34 | 4:51 |
| 46 | 283 | VANDEBIESEN ELKE | 82 | LEOPOLDSBURG | SEN | 8 | 25:38 | 12,34 | 4:51 |
| 47 | 183 | GOOSSENS ILSE | 61 | MAASMECHELEN | VET | 12 | 25:38 | 12,34 | 4:51 |
| 48 | 204 | GEERTS TRUIKE | 92 | HECHTEL-EKSEL | PUP | 5 | 25:38 | 12,34 | 4:51 |
| 49 | 267 | DECKERS CHRISTA | 66 | HECHTEL-EKSEL | VET | 13 | 25:46 | 12,27 | 4:53 |
| 50 | 113 | VANBAELEN EVY | 89 | MEEUWEN-GRUITRODE | KAD | 9 | 25:54 | 12,21 | 4:54 |
| 51 | 129 | DE VRINDT JOLIEN | 90 | LOMMEL | MIN | 7 | 25:55 | 12,20 | 4:55 |
| 52 | 235 | CONINX KAAT | 94 | BALEN | BEN | 1 | 25:55 | 12,20 | 4:55 |
| 53 | 759 | VAN DER HAVE SIEN | 90 | MAASEIK | MIN | 8 | 26:05 | 12,12 | 4:56 |
| 54 | 756 | VAN DER HAVE JOKE | 85 | MAASEIK | JUN | 5 | 26:06 | 12,11 | 4:57 |
| 55 | 472 | VAN DINGENEN MARIA | 50 | TESSENDERLO | VET | 14 | 26:08 | 12,10 | 4:57 |
| 56 | 122 | DRIESEN JOLIEN | 90 | MEEUWEN-GRUITRODE | MIN | 9 | 26:12 | 12,07 | 4:58 |
| 57 | 185 | CORTVRIENDT ISABELLE | 93 | MAASMECHELEN | PUP | 6 | 26:14 | 12,05 | 4:58 |
| 58 | 765 | BOSMANS NANCY | 70 | BALEN | SEN | 9 | 26:15 | 12,05 | 4:58 |

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| 59 | 37 | VERMIJL LINDA | 68 | AVT HELCHTEREN | SEN | 10 |
| 60 | 553 | SCHABON SIEGLINDE | 89 | MAASEIK | KAD | 10 |
| 61 | 760 | MOONS HUGUETTE | 61 | ZONHOVEN | VET | 15 |
| 62 | 516 | VAN GILS GINA | 60 | TURNHOUT | VET | 16 |
| 63 | 206 | THIJS SOFIE | 92 | NEERPELT | PUP | 7 |
| 64 | 130 | STESSENS VEERLE | 66 | LOMMEL | VET | 17 |
| 65 | 233 | CREEMERS ELISABETH | 84 | VMOL | JUN | 6 |
| 66 | 436 | GIJBELS SOFIE | 87 | HEUSDEN-ZOLDER | SCH | 6 |
| 67 | 202 | CLAESSENS DAVINIA | 91 | DILSEN | MIN | 10 |
| 68 | 224 | BOCKEN LUTGARDE | 53 | MACD | VET | 18 |
| 69 | 364 | CAMPS ELLY | 63 | HECHTEL-EKSEL | VET | 19 |
| 70 | 769 | WOUTERS ANITA | 59 | MEEUWEN-GRUITRODE | VET | 20 |
| 71 | 511 | JOUCK NATHALIE | 78 | LANDEN | SEN | 11 |
| 72 | 291 | NYS LIESELOT | 91 | ZONHOVEN | MIN | 11 |
| 73 | 45 | REYNDERS SARA | 91 | AVT HELCHTEREN | MIN | 12 |
| 74 | 307 | CREMERS JENNA | 45 | MAASMECHELEN | VET | 21 |
| 75 | 469 | AURICH JUDITH | 78 | GENK | SEN | 12 |
| 76 | 177 | THEUNIS ROSETTE | 53 | LOOI | VET | 22 |
| 77 | 294 | AEGTEN LIEN | 91 | BOCHOLT | MIN | 13 |
| 78 | 272 | VERVAET ELLEN | 94 | HECHTEL-EKSEL | BEN | 2 |
| 79 | 292 | NYS ANNELIEN | 87 | ZONHOVEN | SCH | 7 |
| 80 | 789 | MEEWIS SONJA | 69 | BALEN | SEN | 13 |
| 81 | 209 | WATON MELISSA | 86 | PEER | SCH | 8 |
| 82 | 43 | VERMIJL DOUKJE | 91 | AVT HELCHTEREN | MIN | 14 |
| 83 | 100 | VAN HAEN SHANA | 93 | AVT | PUP | 8 |
| 84 | 34 | TIMMERS TESSA | 91 | AVT HELCHTEREN | MIN | 15 |
| 85 | 159 | GREVENDONK AN | 89 | AVT | KAD | 11 |
| 86 | 793 | VANBAEL TINNEKE | 80 | HAMONT-ACHEL | SEN | 14 |
| 87 | 167 | CEYSSENS CHRISTEL | 67 | PEER | VET | 23 |
| 88 | 433 | REYNDERS JOLIEN | 87 | HEUSDEN-ZOLDER | SCH | 9 |
| 89 | 56 | GIELEN ANN | 67 | BREE AC | VET | 24 |
| 90 | 751 | CRAEGHS CARINE | 63 | PEER | VET | 25 |
| 91 | 331 | WEVERS LIEVE | 61 | OPGLABBEEK | VET | 26 |
| 92 | 184 | CORTVRIENDT SOPHIE | 89 | MAASMECHELEN | KAD | 12 |
| 93 | 31 | ERCKENS JENNY | 52 | AVT HELCHTEREN | VET | 27 |
| 94 | 491 | AKKERMANS JOYCE | 92 | HELCHTEREN | PUP | 9 |
| 95 | 342 | JANS LISETTE | 48 | WESTERLO | VET | 28 |
| 96 | 133 | DESINPELE INGE | 86 | LOOI | SCH | 10 |
| 97 | 352 | REYMEN DORIEN | 86 | ZONHOVEN | SCH | 11 |
| 98 | 47 | BEERTEN HANNE | 90 | AVT HELCHTEREN | MIN | 16 |
| 99 | 411 | VERMIJL LIEN | 92 | HOUTHALEN | PUP | 10 |
| 100 | 38 | BILLEN KARIN | 69 | AVT HELCHTEREN | SEN | 15 |
| 101 | 458 | BAENS RITA | 58 | KINROOI | VET | 29 |
| 102 | 459 | LIPKENS MINA | 43 | KINROOI | VET | 30 |
| 103 | 260 | WIEIX FABIENNE | 62 | ZONHOVEN | VET | 31 |
| 104 | 496 | GEYPEN RITA | 51 | HOUTHALEN | VET | 32 |
| 105 | 395 | NIJS ALICE | 48 | HAMM | VET | 33 |
| 106 | 457 | SCHRUERS YVETTE | 88 | BERINGEN | KAD | 13 |
| 107 | 424 | MAES ANNE_KATRIEN | 91 | AVT HEUSDEN | MIN | 17 |
| 108 | 280 | TRUYERS LINDE | 94 | HECHTEL-EKSEL | BEN | 3 |
| 109 | 269 | TRUYERS JANNE | 95 | HECHTEL-EKSEL | BEN | 4 |
| 110 | 408 | LEIJNEN ILSE | 90 | BOCHOLT | MIN | 18 |
| 111 | 368 | MARGULSKI MARIE THERESE | 57 | LANAKEN | VET | 34 |
| 112 | 593 | MEWISSEN MAGGY | 60 | ZUTENDAAL | VET | 35 |
| 113 | 327 | NEYENS REINHILDE | 63 | HOUTHALEN | VET | 36 |
| 114 | 216 | SMEETS KIM | 80 | GENK | SEN | 16 |
| 115 | 222 | CECKO HALINA | 53 | GENK | VET | 37 |
| 116 | 482 | SCHRAEYEN VALERIE | 80 | HECHTEL-EKSEL | SEN | 17 |
| 117 | 430 | JOOSTEN KAREN | 77 | AVT MEEUWEN | SEN | 18 |
| 118 | 426 | VOSSEN PASCALE | 73 | MEEUWEN-GRUITRODE | SEN | 19 |
| 119 | 576 | BOLLEN LAURA | 61 | GENK | VET | 38 |
| 120 | 579 | SAENEN MARIE LOUISE | 62 | ZUTENDAAL | VET | 39 |

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| 121 | 767 | KNEVELS NICOLE | 65 | MEEUWEN-GRUITRODE | VET | 40 |
| 122 | 473 | EVENS LILIANE | 59 | MEEUWEN-GRUITRODE | VET | 41 |
| 123 | 795 | SCHOOF ANITA | 55 | BREE | VET | 42 |
| 124 | 790 | ACHTEN RITA | 51 | BREE | VET | 43 |
| 125 | 154 | WITTERS GRIET | 51 | MEEUWEN-GRUITRODE | VET | 44 |
| 126 | 152 | NUYTS MIA | 52 | VORSELAAR | MIN | 19 |
| 127 | 324 | GIELEN LUTGARDE | 61 | ZONHOVEN | VET | 45 |
| 128 | 310 | WILLEMS RITA | 63 | ZONHOVEN | VET | 46 |
| 129 | 46 | AGTEN HILDE | 60 | AVT HELCHTEREN | VET | 47 |
| 130 | 353 | VAN DEN BROECK BLIEDE | 85 | ZONHOVEN | JUN | 7 |
| 131 | 595 | REMANS ANNELIES | 75 | ZUTENDAAL | SEN | 20 |
| 132 | 460 | BAMPS MICHELLE | | ZONHOVEN | SEN | 21 |
| 133 | 48 | VERMEIREN MARTINE | 64 | AVT HELCHTEREN | VET | 48 |
| 134 | 49 | NEYENS HANNELORE | 62 | AVT HELCHTEREN | VET | 49 |
| 135 | 414 | REYSKENS ELIANE | 61 | MEEUWEN-GRUITRODE | VET | 50 |
| 136 | 108 | STIENEN MARIA | 43 | WEERT | VET | 51 |
| 137 | 581 | KELLENS KARIN | 59 | ZUTENDAAL | VET | 52 |
| 138 | 489 | VANSPAUWEN ANNE MIE | 59 | ZUTENDAAL | VET | 53 |
| 139 | 755 | VERDONCK VIVIANE | 65 | MEEUWEN-GRUITRODE | VET | 54 |
| 140 | 753 | VERDONCK CHRISTEL | 65 | MEEUWEN-GRUITRODE | VET | 55 |
| 141 | 487 | EVENS ILSE | 74 | MEEUWEN-GRUITRODE | SEN | 22 |
| 142 | 597 | MAESEN LOT | 60 | ZUTENDAAL | VET | 56 |
| 143 | 40 | MELOTTE VERONIQUE | 61 | AVT HELCHTEREN | VET | 57 |
| 144 | 485 | KOBIERZIJSKI MARGRIET | 50 | MAASMECHELEN | VET | 58 |
| 145 | 372 | CUSTERS HILDE | 59 | KOERSEL | VET | 59 |
| 146 | 52 | AERTS MARIE-CLAIRE | 52 | AVT HELCHTEREN | VET | 60 |
| 147 | 371 | NEYENS GREET | 77 | KOERSEL | SEN | 23 |
| 148 | 507 | GEERDENS ANNE-MARIE | 63 | KOERSEL | VET | 61 |
| 149 | 448 | SCHOOF CARINA | 63 | MEEUWEN-GRUITRODE | VET | 62 |
| 150 | 170 | PEUSTJENS MARLEEN | 61 | GENK | VET | 63 |
| 151 | 171 | PHILIPSEN NATHALIE | 93 | GENK | PUP | 11 |
| 152 | 336 | BAETEN KATRIEN | 87 | OPGLABBEEK | SCH | 12 |
| 153 | 607 | BLOEMEN MIA | 51 | MEEUWEN-GRUITRODE | VET | 64 |
| 154 | 500 | FEYEN MAGDA | 55 | MEEUWEN-GRUITRODE | VET | 65 |
| 155 | 481 | SCHEELEN HILDE | 63 | AVT MEEUWEN | VET | 66 |
| 156 | 106 | EVENS MARIE JEANNE | 60 | MEEUWEN-GRUITRODE | VET | 67 |
| 157 | 107 | THEUWISSEN ELLY | 60 | MEEUWEN-GRUITRODE | VET | 68 |
| 158 | 490 | EVENS LUT | 63 | MEEUWEN-GRUITRODE | VET | 69 |
| 159 | 486 | CUPPENS MARLEEN | 76 | MEEUWEN-GRUITRODE | SEN | 24 |
| 160 | 639 | VANDYCK MARLEEN | 65 | MEEUWEN-GRUITRODE | VET | 70 |
| 161 | 640 | VANDYCK AN | 68 | MEEUWEN-GRUITRODE | SEN | 25 |
| 162 | 392 | VANROY ANJE | 69 | MEEUWEN-GRUITRODE | SEN | 26 |
| 163 | 120 | HELLINGS MIA | 41 | MEEUWEN-GRUITRODE | VET | 71 |
| 164 | 493 | BAMPS ISABELLE | 91 | ZONHOVEN | MIN | 20 |
| 165 | 431 | SAS MARTINE | 60 | MAASEIK | VET | 72 |
| 166 | 787 | BLOEMEN AGNES | 56 | MEEUWEN-GRUITRODE | VET | 73 |
| 167 | 682 | MAES PETRA | 61 | WEERT | VET | 74 |
| 168 | 679 | DOLMAN SABINE | 58 | WEERT | VET | 75 |

HEREN - 5.270 m

| PL | NR | NAAM | JR | CLUB/WOONPL | CAT | PL/CAT | TIJD | GEM | KM-Tijd |
|----|-----|---------------------|----|-------------------|-----|--------|-------|-------|---------|
| 1 | 5 | RIDOUANE ESSAADI | 76 | LEUVEN | SEN | 1 | 14:33 | 21,73 | 2:45 |
| 2 | 3 | NKUZIMANA ONOSPHERE | | RFCL BURUNDI | SEN | 2 | 14:35 | 21,68 | 2:46 |
| 3 | 263 | SAJI BOUAZZA | 82 | WILRIJK | SEN | 3 | 14:44 | 21,46 | 2:47 |
| 4 | 13 | NDAYIKEZA LAMBERT | | RFCL BURUNDI | SEN | 4 | 15:01 | 21,06 | 2:50 |
| 5 | 4 | COLLIGNON FREDERIC | 65 | | SEN | 5 | 15:09 | 20,87 | 2:52 |
| 6 | 12 | CEULEMANS RIK | 72 | ATLA | SEN | 6 | 15:21 | 20,60 | 2:54 |
| 7 | 9 | VANDEVELDE STIJN | 76 | DUFFEL AC | SEN | 7 | 15:25 | 20,51 | 2:55 |
| 8 | 11 | STESSENS TIM | 82 | LOOISE | SEN | 8 | 15:27 | 20,47 | 2:55 |
| 9 | 2 | HELLEBUYCK EDDY | 60 | USA | VET | 1 | 15:03 | 21,01 | 2:51 |
| 10 | 10 | RIJNDERS PIETER | 78 | DUFFEL AC | SEN | 9 | 15:34 | 20,31 | 2:57 |
| 11 | 7 | JANSSEN JOERI | 78 | DUFFEL AC | SEN | 10 | 15:37 | 20,25 | 2:57 |
| 12 | 15 | RENS PEDRO | 77 | LOOISE | SEN | 11 | 15:04 | 20,99 | 2:51 |
| 13 | 6 | VANDEWIELE JURGEN | 74 | RIEME | SEN | 12 | 15:56 | 19,85 | 3:01 |
| 14 | 316 | VANDEPUTTE EDDY | 71 | THEUX | SEN | 13 | 15:57 | 19,82 | 3:01 |
| 15 | 261 | SAHID RIBAG | 72 | WILRIJK | SEN | 14 | 15:59 | 19,78 | 3:01 |
| 16 | 169 | CLAES IVO | 63 | AVT | SEN | 15 | 16:02 | 19,72 | 3:02 |
| 17 | 103 | GRISPEN ROCKY | 82 | AVT | SEN | 16 | 16:01 | 19,74 | 3:02 |
| 18 | 16 | WEYTJENS RONNY | 74 | AVT | SEN | 17 | 16:03 | 19,70 | 3:02 |
| 19 | 8 | JANSEN KOEN | 82 | DUFFEL AC | SEN | 18 | 16:46 | 18,86 | 3:10 |
| 20 | 532 | NARDOZZA VINCENT | 81 | ZONHOVEN | SEN | 19 | 16:51 | 18,77 | 3:11 |
| 21 | 142 | BEYENS JURGEN | 76 | AVOS | SEN | 20 | 16:57 | 18,65 | 3:12 |
| 22 | 301 | MONDELAERS KEVIN | 80 | VEERLE-LAAKDAL | SEN | 21 | 16:59 | 18,62 | 3:13 |
| 23 | 105 | VAN HERLE IVO | 57 | LOOI | VET | 2 | 17:03 | 18,55 | 3:14 |
| 24 | 182 | DREESEN JAN | 49 | MEEUWEN-GRUITRODE | VET | 3 | 17:15 | 18,33 | 3:16 |
| 25 | 211 | SMITS JEF | 67 | AVOS | SEN | 22 | 17:16 | 18,31 | 3:16 |
| 26 | 84 | PEETERS JO | 69 | VMOL | SEN | 23 | 17:41 | 17,88 | 3:21 |
| 27 | 149 | DE BIE STEVEN | 82 | DUFF | SEN | 24 | 17:51 | 17,71 | 3:23 |
| 28 | 777 | HENDRIKX JEROEN | 86 | LOOI | SCH | 1 | 17:53 | 17,68 | 3:23 |
| 29 | 781 | STEVEN JANSE | 74 | SCHERPENHEUVEL | SEN | 25 | 17:56 | 17,63 | 3:24 |
| 30 | 315 | VANDEPUTTE PASCAL | 69 | SPA | SEN | 26 | 18:01 | 17,55 | 3:25 |
| 31 | 757 | VANBRABANT KEVIN | 79 | ST TRUIDEN | SEN | 27 | 18:02 | 17,53 | 3:25 |
| 32 | 192 | GELDERS MARC | 71 | GENK | SEN | 28 | 18:07 | 17,45 | 3:26 |
| 33 | 179 | FRANZEN PASCAL | 80 | MUNSTEREIFEL | SEN | 29 | 18:12 | 17,37 | 3:27 |
| 34 | 328 | HERNRIKX JEAN | 52 | NEERPELT | VET | 4 | 18:15 | 17,33 | 3:27 |
| 35 | 771 | LEMMENS LOUIS | 58 | PAAL | VET | 5 | 18:37 | 16,98 | 3:31 |
| 36 | 176 | CUSTERS JORIS | 85 | AVT | JUN | 1 | 18:37 | 16,98 | 3:31 |
| 37 | 85 | NUYTS PETER | 63 | VMOL | SEN | 30 | 18:39 | 16,95 | 3:32 |
| 38 | 786 | BEYER CARLO | 70 | BOCHOLT | SEN | 31 | 18:42 | 16,91 | 3:32 |
| 39 | 123 | HELLEBUYCK DENNIS | 86 | LEOPOLDSBURG | SCH | 2 | 18:46 | 16,85 | 3:33 |
| 40 | 390 | BOOMS NICO | 81 | HEUSDEN-ZOLDER | SEN | 32 | 18:48 | 16,82 | 3:34 |
| 41 | 180 | VOSSEN OUNIS | 88 | GENK | KAD | 1 | 18:51 | 16,77 | 3:34 |
| 42 | 256 | VANDEREYDT DAVID | 84 | LOOI | JUN | 2 | 18:59 | 16,66 | 3:36 |
| 43 | 599 | WOLLANTS WIES | 65 | TESTELT | VET | 6 | 19:06 | 16,55 | 3:37 |
| 44 | 476 | STEIJVERS PIERRE | 54 | STRAMPROY | VET | 7 | 19:08 | 16,53 | 3:37 |
| 45 | 181 | RAEMEN RIK | 52 | MEEUWEN-GRUITRODE | VET | 8 | 19:01 | 16,63 | 3:36 |
| 46 | 193 | BOUDOUDOU HASSAN | 83 | BORGERHOUT | SEN | 33 | 19:13 | 16,45 | 3:38 |
| 47 | 475 | NARDOZZA KRISTOF | 86 | ZONHOVEN | SCH | 3 | 19:19 | 16,37 | 3:39 |
| 48 | 157 | DE GELISSEN JEF | 52 | ASSA | VET | 9 | 19:26 | 16,27 | 3:41 |
| 49 | 449 | VERVAEREN ELVIN | 89 | GENK | KAD | 2 | 19:28 | 16,24 | 3:41 |
| 50 | 775 | WILLEKENS WALTER | 61 | BALEN | VET | 10 | 19:32 | 16,19 | 3:42 |
| 51 | 311 | PIDGORNIJ JOERI | 63 | MAASMECHELEN | SEN | 34 | 19:42 | 16,05 | 3:44 |
| 52 | 534 | MINTEN KRISTOF | 74 | PAAL | SEN | 35 | 19:46 | 16,00 | 3:45 |
| 53 | 229 | BAX DANNY | 72 | NEERPELT | SEN | 36 | 19:47 | 15,98 | 3:45 |
| 54 | 87 | CONVENS PETER | 68 | VMOL | SEN | 37 | 19:54 | 15,89 | 3:46 |
| 55 | 412 | FORNECK WILLY | 50 | RECHT | VET | 11 | 19:55 | 15,88 | 3:46 |
| 56 | 155 | BOCKEN ALBERT | 54 | ASSA | VET | 12 | 19:56 | 15,86 | 3:46 |
| 57 | 758 | VERVOORT LUC | 65 | LAAKDAL | SEN | 38 | 19:58 | 15,84 | 3:47 |
| 58 | 290 | NYS PIETER | 89 | ZONHOVEN | KAD | 3 | 20:12 | 15,65 | 3:49 |

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| 59 | 552 | SCHABON NATHAN | 87 | MAASEIK | SCH | 4 | 20:17 | 15,59 | 3:50 |
| 60 | 58 | CLIJSTERS ARNOLD | 63 | BREE AC | SEN | 39 | 20:18 | 15,58 | 3:51 |
| 61 | 413 | THYS RONNY | 63 | HASSELT | SEN | 40 | 20:23 | 15,51 | 3:52 |
| 62 | 548 | ROMBAUX EDDY | 68 | RILLAAR | SEN | 41 | 20:03 | 15,77 | 3:48 |
| 63 | 386 | GODIER ALBERT | 59 | TREMELO | VET | 13 | 20:31 | 15,41 | 3:53 |
| 64 | 241 | GIELKENS RUDDI | 59 | SACN | VET | 14 | 20:33 | 15,39 | 3:53 |
| 65 | 258 | DAUTZENBERG LEON | 51 | MACD | VET | 15 | 20:34 | 15,37 | 3:54 |
| 66 | 26 | DONNE THOMAS | 88 | AVT HELCHTEREN | KAD | 4 | 20:35 | 15,36 | 3:54 |
| 67 | 234 | SMEETS JEF | 55 | SACN | VET | 16 | 20:38 | 15,32 | 3:54 |
| 68 | 262 | SWINNEN JAN | 53 | SACN | VET | 17 | 20:38 | 15,32 | 3:54 |
| 69 | 132 | BROUX STEVEN | 83 | LOOI | SEN | 42 | 20:39 | 15,31 | 3:55 |
| 70 | 782 | CONINX LEON | 52 | MAASMECHELEN | VET | 18 | 20:04 | 15,76 | 3:48 |
| 71 | 402 | FLIPKENS LUC | 70 | KINROOI | SEN | 43 | 20:42 | 15,28 | 3:55 |
| 72 | 326 | MAMCHIELS ANDRIES | 89 | HOUTHALEN | KAD | 5 | 20:45 | 15,24 | 3:56 |
| 73 | 340 | CAERS JOZEF | 63 | MOL | SEN | 44 | 20:48 | 15,20 | 3:56 |
| 74 | 82 | VANLOMMEL FRANCOIS | 46 | VMOL | VET | 19 | 20:05 | 15,74 | 3:48 |
| 75 | 501 | FRANKEN JORIS | 83 | LOOI | SEN | 45 | 20:54 | 15,13 | 3:57 |
| 76 | 214 | SYBENS LUC | 57 | HULS | VET | 20 | 21:09 | 14,95 | 4:00 |
| 77 | 465 | DURNEZ BRECHT | 89 | HEUSDEN-ZOLDER | KAD | 6 | 21:11 | 14,93 | 4:01 |
| 78 | 383 | VERMIJL TOON | 89 | AVT | KAD | 7 | 21:15 | 14,88 | 4:01 |
| 79 | 443 | VAN GAUWBERGEN JQN | 90 | TESSENDERLO | MIN | 1 | 21:15 | 14,88 | 4:01 |
| 80 | 513 | FRANKEN DRIES | 85 | GENK | SEN | 46 | 21:16 | 14,87 | 4:02 |
| 81 | 54 | SCHOOFS SANDER | 89 | AVT HELCHTEREN | KAD | 8 | 21:17 | 14,86 | 4:02 |
| 82 | 300 | CLERCKX HENRI | 49 | HOUTHALEN | VET | 21 | 21:17 | 14,86 | 4:02 |
| 83 | 83 | VAN DONINCK WALTER | 59 | VMOL | VET | 22 | 21:21 | 14,81 | 4:03 |
| 84 | 477 | NELSON PETERSON | 64 | WEERT | SEN | 47 | 21:21 | 14,81 | 4:03 |
| 85 | 400 | HEYNICKX GEERT | 74 | BOCHOLT | SEN | 48 | 21:23 | 14,79 | 4:03 |
| 86 | 444 | ACHTEN KOBE | 84 | GENK | JUN | 3 | 21:28 | 14,73 | 4:04 |
| 87 | 163 | VAN DEN BERG BART | 90 | MAASMECHELEN | MIN | 2 | 21:03 | 15,02 | 3:59 |
| 88 | 255 | HULSMANS PIETER | 85 | ZONHOVEN | JUN | 4 | 21:03 | 15,02 | 3:59 |
| 89 | 115 | VRIJSEN DANNY | 57 | HECHTEL-EKSEL | VET | 23 | 21:32 | 14,68 | 4:05 |
| 90 | 338 | MAGCHIELS GISLAIN | 64 | HOUTHALEN | SEN | 49 | 21:36 | 14,64 | 4:05 |
| 91 | 252 | SCHEPERS JOHAN | 62 | LUMMEN | VET | 24 | 21:38 | 14,62 | 4:06 |
| 92 | 195 | HUTS WALTER | 64 | TIENEN | SEN | 50 | 21:42 | 14,57 | 4:07 |
| 93 | 466 | DENISSEN JORG | 89 | GENK | KAD | 9 | 21:46 | 14,53 | 4:07 |
| 94 | 785 | KEENEN GUY | 63 | MEEUWEN-GRUITRODE | SEN | 51 | 21:51 | 14,47 | 4:08 |
| 95 | 394 | SWINNEN JORRIT | 87 | HEUSDEN-ZOLDER | SCH | 5 | 21:54 | 14,44 | 4:09 |
| 96 | 435 | RENDERS YORICK | 90 | BEVERLO | MIN | 3 | 21:54 | 14,44 | 4:09 |
| 97 | 376 | LEMMENS TIM | 90 | PAAL | MIN | 4 | 21:55 | 14,43 | 4:09 |
| 98 | 503 | LIEBEN DAVY | 76 | ZUTENDAAL | SEN | 52 | 22:11 | 14,25 | 4:12 |
| 99 | 276 | VANDEREYDT STIJN | 86 | ZONHOVEN | SCH | 6 | 22:15 | 14,21 | 4:13 |
| 100 | 545 | MAURISSEN CHRIS | 65 | DIEPENBEEK | SEN | 53 | 22:18 | 14,18 | 4:13 |
| 101 | 190 | CORTVRIENDT PHILIP | 94 | MAASMECHELEN | BEN | 1 | 22:02 | 14,35 | 4:10 |
| 102 | 236 | SCHEPERS BENNY | 62 | VMOL | VET | 25 | 22:23 | 14,13 | 4:14 |
| 103 | 423 | LINDEN BRECHT | 89 | AVT HECHTEL | KAD | 10 | 22:26 | 14,10 | 4:15 |
| 104 | 205 | WATON CHRISTOF | 90 | PEER | MIN | 5 | 22:27 | 14,08 | 4:15 |
| 105 | 319 | SCHRIJVERS ROEL | 89 | BERINGEN | KAD | 11 | 22:28 | 14,07 | 4:15 |
| 106 | 118 | VRIJSEN VINCENT | 89 | AVT | KAD | 12 | 22:29 | 14,06 | 4:15 |
| 107 | 253 | WIRIX PHILIP | 85 | ZONHOVEN | JUN | 5 | 22:03 | 14,34 | 4:11 |
| 108 | 571 | VAN DE WEYER BEN | 63 | MEEUWEN-GRUITRODE | SEN | 54 | 22:33 | 14,02 | 4:16 |
| 109 | 119 | VRIJSEN BENNY | 59 | KOERSEL | VET | 26 | 22:34 | 14,01 | 4:16 |
| 110 | 442 | PUT FRANCO | 72 | HEUSDEN-ZOLDER | SEN | 55 | 22:36 | 13,99 | 4:17 |
| 111 | 148 | COENEN GEROOM | 55 | BREE | VET | 27 | 22:45 | 13,90 | 4:19 |
| 112 | 440 | SENALI HASSAN | 62 | LIEGE | VET | 28 | 22:48 | 13,87 | 4:19 |
| 113 | 55 | INDEHERBERGHE GHISLAIN | 48 | AVT HELCHTEREN | VET | 29 | 22:52 | 13,83 | 4:20 |
| 114 | 81 | WOUTERS JOS | 48 | VMOL | VET | 30 | 22:56 | 13,79 | 4:21 |
| 115 | 401 | MARTENS HANS | 86 | LOMMEL | SCH | 7 | 22:59 | 13,76 | 4:21 |
| 116 | 422 | WIENEN WIM | 91 | GENK | MIN | 6 | 23:03 | 13,72 | 4:22 |
| 117 | 186 | DE SAEDELEER IVAN | 64 | HELDERGEM | SEN | 56 | 23:04 | 13,71 | 4:22 |
| 118 | 527 | CRAMER PHILIPP | 54 | KEULEN | VET | 31 | 23:04 | 13,71 | 4:22 |
| 119 | 308 | FESTA BRUNO | 39 | MAASMECHELEN | VET | 32 | 23:08 | 13,67 | 4:23 |
| 120 | 562 | BIELLEN PATRICK | 65 | GENK | SEN | 57 | 23:09 | 13,66 | 4:23 |

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| 121 | 245 | CORSTJENS BART | 68 | HECHTEL-EKSEL | SEN | 58 | 23:14 | 13,61 | 4:24 |
| 122 | 153 | SMEETS WIM | 82 | MEEUWEN-GRUITRODE | SEN | 59 | 23:18 | 13,57 | 4:25 |
| 123 | 61 | SCHOUTEDEN JEAN | 46 | BREE AC | VET | 33 | 23:02 | 13,73 | 4:22 |
| 124 | 313 | CAMPS CHRIST | 43 | MEEUWEN-GRUITRODE | VET | 34 | 23:22 | 13,53 | 4:26 |
| 125 | 509 | BOS DAVID | 81 | MAASEIK | SEN | 60 | 23:22 | 13,53 | 4:26 |
| 126 | 178 | FRANZEN FERDI | 51 | MUNSTEREIFEL | VET | 35 | 23:23 | 13,52 | 4:26 |
| 127 | 131 | BROUX JORIS | 80 | LOOI | SEN | 61 | 23:24 | 13,51 | 4:26 |
| 128 | 304 | BORGWALD LUDWIG | 57 | HEUSDEN-ZOLDER | VET | 36 | 23:25 | 13,50 | 4:26 |
| 129 | 266 | HONINGS KRIS | 82 | KORTESSEM | SEN | 62 | 23:28 | 13,47 | 4:27 |
| 130 | 393 | HERMANS PATRICK | 58 | MEEUWEN-GRUITRODE | VET | 37 | 23:31 | 13,45 | 4:27 |
| 131 | 405 | DEMYTTENAERE JONATHAN | 86 | BERINGEN | SCH | 8 | 23:34 | 13,42 | 4:28 |
| 132 | 223 | SMEETS ERIK | 53 | GENK | VET | 38 | 23:42 | 13,34 | 4:29 |
| 133 | 434 | BOS PIETER | 27 | MAASEIK | VET | 39 | 23:43 | 13,33 | 4:30 |
| 134 | 147 | PHILIPSEN KEVIN | 87 | GENK | SCH | 9 | 23:46 | 13,30 | 4:30 |
| 135 | 285 | JOUCK RUDY | 59 | HASSELT | VET | 40 | 23:47 | 13,30 | 4:30 |
| 136 | 218 | CAELEN TONY | 58 | GENK | VET | 41 | 23:47 | 13,30 | 4:30 |
| 137 | 116 | KELCHTERMANS HENRI | 53 | KOERSEL | VET | 42 | 23:51 | 13,26 | 4:31 |
| 138 | 44 | GEENS JELLE | 93 | AVT HELCHTEREN | PUP | 1 | 23:54 | 13,23 | 4:32 |
| 139 | 421 | JANSSEN GERT | 89 | BREE AC | KAD | 13 | 24:01 | 13,17 | 4:33 |
| 140 | 322 | DEPREZ KRIS | 88 | LUMMEN | KAD | 14 | 24:15 | 13,04 | 4:36 |
| 141 | 388 | SCHOUTERS ROBERT | 50 | TIELT-WINGE | VET | 43 | 24:16 | 13,03 | 4:36 |
| 142 | 305 | PEETERS MARCEL | 44 | LOMMEL | VET | 44 | 24:18 | 13,01 | 4:36 |
| 143 | 445 | VAN GAUWBERGEN KOEN | 90 | TESSENDERLO | MIN | 7 | 24:24 | 12,96 | 4:37 |
| 144 | 429 | VAN GAUWBERGEN PETER | 88 | AVT BERINGEN | KAD | 15 | 24:25 | 12,95 | 4:37 |
| 145 | 798 | LEYNEN LUC | 68 | PEER | SEN | 63 | 24:26 | 12,94 | 4:38 |
| 146 | 776 | EMONDS RIK | 59 | DIEPENBEEK | VET | 45 | 24:28 | 12,92 | 4:38 |
| 147 | 287 | COENEN WIM | 84 | ZONHOVEN | JUN | 6 | 24:28 | 12,92 | 4:38 |
| 148 | 303 | DATO KRISTOF | 89 | MAASMECHELEN | KAD | 16 | 24:03 | 13,15 | 4:33 |
| 149 | 302 | DATO PHILIPPE | 91 | MAASMECHELEN | MIN | 8 | 24:33 | 12,88 | 4:39 |
| 150 | 478 | VRANKEN DANNY | 61 | PEER | VET | 46 | 24:37 | 12,84 | 4:40 |
| 151 | 28 | VANHOVE JORRIT | 89 | AVT HELCHTEREN | KAD | 17 | 24:37 | 12,84 | 4:40 |
| 152 | 30 | VANHOVE DENNIS | 92 | AVT HELCHTEREN | PUP | 2 | 24:54 | 12,70 | 4:43 |
| 153 | 278 | BERGMANS JOHAN | 61 | DILZEN | VET | 47 | 24:58 | 12,66 | 4:44 |
| 154 | 796 | ACHTEN DANNY | 68 | HOUTHALEN | SEN | 64 | 25:01 | 12,64 | 4:44 |
| 155 | 452 | ACHTEN LUDO | 59 | GENK | VET | 48 | 25:01 | 12,64 | 4:44 |
| 156 | 293 | CLERCKX NICO | 82 | HOUTHALEN | SEN | 65 | 25:11 | 12,56 | 4:46 |
| 157 | 804 | RENDERS PAUL | 56 | MEEUWEN-GRUITRODE | VET | 49 | 25:21 | 12,47 | 4:48 |
| 158 | 774 | RAMAKERS LEON | 61 | HEUSDEN-ZOLDER | VET | 50 | 25:22 | 12,47 | 4:48 |
| 159 | 257 | GERITS GERT | 85 | LOOI | JUN | 7 | 25:23 | 12,46 | 4:49 |
| 160 | 432 | BOS NICKI | 84 | MAASEIK | JUN | 8 | 25:23 | 12,46 | 4:49 |
| 161 | 289 | PUT KURT | 73 | KOERSEL | SEN | 66 | 25:24 | 12,45 | 4:49 |
| 162 | 419 | JANSSEN ROY | 92 | HAMONT | PUP | 3 | 25:24 | 12,45 | 4:49 |
| 163 | 563 | LEYSSSEN JAN | 54 | MEEUWEN-GRUITRODE | VET | 51 | 25:29 | 12,41 | 4:50 |
| 164 | 568 | SCHILDERMANS MARC | 59 | MEEUWEN-GRUITRODE | VET | 52 | 25:03 | 12,62 | 4:45 |
| 165 | 454 | KEUNEN JAAK | 52 | MEEUWEN-GRUITRODE | VET | 53 | 25:32 | 12,38 | 4:50 |
| 166 | 446 | SEVENANTS HENRY | 43 | LOOI | VET | 54 | 25:36 | 12,35 | 4:51 |
| 167 | 281 | TRUYERS BERT | 66 | HECHTEL-EKSEL | SEN | 67 | 25:37 | 12,34 | 4:51 |
| 168 | 60 | GYSSEN JOS | 44 | BREE AC | VET | 55 | 25:39 | 12,33 | 4:52 |
| 169 | 203 | NEVEN KOEN | 77 | ADD | SEN | 68 | 25:04 | 12,61 | 4:45 |
| 170 | 447 | ACHTEN JULIEN | 54 | GENK | VET | 56 | 25:43 | 12,30 | 4:52 |
| 171 | 425 | JANSSEN SYLVAIN | 58 | BREE AC | VET | 57 | 25:48 | 12,26 | 4:53 |
| 172 | 370 | SHELLINGEN JEAN | 37 | LANAKEN | VET | 58 | 25:48 | 12,26 | 4:53 |
| 173 | 121 | WITTERS JAN | 52 | MEEUWEN-GRUITRODE | VET | 59 | 25:54 | 12,21 | 4:54 |
| 174 | 780 | JAUPIN PASCAL | 61 | HEUSDEN-ZOLDER | VET | 60 | 25:56 | 12,19 | 4:55 |
| 175 | 506 | VOSSSEN ROBBY | 78 | BREE | SEN | 69 | 26:00 | 12,16 | 4:56 |
| 176 | 29 | VANHOVE LUDO | 58 | AVT HELCHTEREN | VET | 61 | 26:03 | 12,14 | 4:56 |
| 177 | 62 | JACOBS LUC | 51 | BREE AC | VET | 62 | 26:07 | 12,11 | 4:57 |
| 178 | 63 | EKMANN FRANK | 71 | BREE AC | SEN | 70 | 26:08 | 12,10 | 4:57 |
| 179 | 112 | DINGENEN DAAN | 93 | MEEUWEN-GRUITRODE | PUP | 4 | 26:12 | 12,07 | 4:58 |
| 180 | 146 | PHILIPSEN LOUIS | 58 | GENK | VET | 63 | 26:16 | 12,04 | 4:59 |
| 181 | 752 | GIJBELS JULIEN | 61 | ZONHOVEN | VET | 64 | 26:19 | 12,02 | 4:59 |
| 182 | 762 | NARDOZZA ANDRE | 54 | ZONHOVEN | VET | 65 | 26:23 | 11,98 | 5:00 |

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| 183 | 484 | GIELEN THOMAS | 87 | MEEUWEN-GRUITRODE | SCH | 10 | 26:27 | 11,95 | 5:01 |
| 184 | 330 | BAETEN ROBERT | 61 | OPGLABBEEK | VET | 66 | | | |
| 185 | 600 | NOUWEN JOS | 46 | MEEUWEN-GRUITRODE | VET | 67 | | | |
| 186 | 779 | REESKENS PIERRE | 44 | MACD | VET | 68 | | | |
| 187 | 508 | SELS RENE | 52 | EINDHOUT LAAKDAL | VET | 69 | | | |
| 188 | 773 | WOUTERS LOUIS | 36 | HOUTHALEN | VET | 70 | | | |
| 189 | 772 | SMEETS JEAN | 53 | PEER | VET | 71 | | | |
| 190 | 387 | FREDERIX OLIVIER | 86 | AVT HEUSDEN | SCH | 11 | | | |
| 191 | 389 | THIJS PIETER | 86 | LUMMEN | SCH | 12 | | | |
| 192 | 57 | VANDIJCK JOS | 61 | BREE AC | VET | 72 | | | |
| 193 | 373 | CREEMERS HENRI | 51 | MEEUWEN-GRUITRODE | VET | 73 | | | |
| 194 | 533 | MINTEN FREDDY | 45 | PAAL | VET | 74 | | | |
| 195 | 213 | FRANSEN DAVY | 81 | HECHTEL-EKSEL | SEN | 71 | | | |
| 196 | 320 | HOUBEN BERT | 89 | HASSELT | KAD | 18 | | | |
| 197 | 104 | VAN GEEL JORDI | 88 | | KAD | 19 | | | |
| 198 | 210 | LUYCK JOHAN | 66 | HASSELT | SEN | 72 | | | |
| 199 | 799 | DEMIRCAN DOGAN | 87 | GENK | SCH | 13 | | | |
| 200 | 573 | THAENS GUIDO | 61 | MEEUWEN-GRUITRODE | VET | 75 | | | |
| 201 | 572 | DECKERS MARC | 62 | MEEUWEN-GRUITRODE | VET | 76 | | | |
| 202 | 361 | WEVERS JO | 61 | DILZEN | VET | 77 | | | |
| 203 | 201 | CLAESSENS ERIK | 67 | DILSEN | SEN | 73 | | | |
| 204 | 770 | FRANSEN JEAN | 55 | PEER | VET | 78 | | | |
| 205 | 230 | WAUBEN CLAUDIO | 73 | OPGLABBEEK | SEN | 74 | | | |
| 206 | 189 | VENKEN LUDO | 63 | MAASMECHELEN | SEN | 75 | | | |
| 207 | 792 | VANOPPEN DOMINIQUE | 68 | PEER | SEN | 76 | | | |
| 208 | 791 | EVENS IVO | 64 | PEER | SEN | 77 | | | |
| 209 | 398 | DEMYTTENAERE JEROEN | 92 | BERINGEN | PUP | 5 | | | |
| 210 | 512 | BULTE CHRISTOPHE | 71 | LANDEN | SEN | 78 | | | |
| 211 | 561 | JEHOUL JOS | 60 | BREE | VET | 79 | | | |
| 212 | 391 | DANIELS MARCO | 88 | KOERSEL | KAD | 20 | | | |
| 213 | 418 | CORSTJENS PETER | 67 | MEEUWEN-GRUITRODE | SEN | 79 | | | |
| 214 | 596 | GREGOOR HERBERT | 72 | ZUTENDAAL | SEN | 80 | | | |
| 215 | 461 | DURNEZ JEF | 64 | HEUSDEN-ZOLDER | SEN | 81 | | | |
| 216 | 111 | DINGENEN BRAM | 91 | MEEUWEN-GRUITRODE | MIN | 9 | | | |
| 217 | 194 | CORSTJENS CHRISTIANE | 54 | KAPE | VET | 80 | | | |
| 218 | 359 | LIJNEN FERNAND | 53 | MEEUWEN-GRUITRODE | VET | 81 | | | |
| 219 | 321 | BAETEN GERT JAN | 88 | OPGLABBEEK | KAD | 21 | | | |
| 220 | 271 | VERVAET KEN | 92 | HECHTEL-EKSEL | PUP | 6 | | | |
| 221 | 761 | HOUBEN GUIDO | 54 | MEEUWEN-GRUITRODE | VET | 82 | | | |
| 222 | 764 | HOYDONKX PETER | 76 | MEEUWEN-GRUITRODE | SEN | 82 | | | |
| 223 | 270 | VERVAET RUDY | 61 | HECHTEL-EKSEL | VET | 83 | | | |
| 224 | 794 | KELCHTERMANS GLENN | 92 | BALEN | PUP | 7 | | | |
| 225 | 323 | DEPREZ BART | 90 | LUMMEN | MIN | 10 | | | |
| 226 | 517 | RUMEN LOUIS | 38 | MACD | VET | 84 | | | |
| 227 | 518 | NIES PETER | 33 | FLAC | VET | 85 | | | |
| 228 | 191 | WELKENHUYZEN LEO | 62 | MAASMECHELEN | VET | 86 | | | |
| 229 | 505 | VANHAMEL BRECHT | 91 | LOMMEL | MIN | 11 | | | |
| 230 | 220 | LENAERTS WARD | 95 | GENK | BEN | 2 | | | |
| 231 | 225 | LENAERTS EDWIN | 66 | GENK | SEN | 83 | | | |
| 232 | 339 | MAGCHIELS MATHIJS | 90 | HOUTHALEN | MIN | 12 | | | |
| 233 | 318 | MELOTTE ROLAND | 59 | AS | VET | 87 | | | |
| 234 | 306 | LAVREYSEN LIVINUS | 34 | LOMMEL | VET | 88 | | | |
| 235 | 591 | VANDAEL DIRK | 65 | MEEUWEN-GRUITRODE | SEN | 84 | | | |
| 236 | 403 | CLAES FRANS | 45 | DALO | VET | 89 | | | |
| 237 | 381 | MULDERS JAAK | 65 | AVT MEEUWEN | SEN | 85 | | | |
| 238 | 594 | BOELEN PETER | 64 | ZUTENDAAL | SEN | 86 | | | |
| 239 | 778 | EMONDS VINCENT | 91 | DIEPENBEEK | MIN | 13 | | | |
| 240 | 410 | LEIJNEN LUDO | 60 | BOCHOLT | VET | 90 | | | |
| 241 | 462 | BERTELS EDDY | 80 | GENK | SEN | 87 | | | |
| 242 | 766 | CELIS LUC | 63 | POEDERLEE | SEN | 88 | | | |
| 243 | 480 | SCHRAEYEN ALFONS | 49 | HECHTEL-EKSEL | VET | 91 | | | |
| 244 | 492 | AKKERMANS LUC | 66 | HOUTHALEN | SEN | 89 | | | |

| | | | | | | |
|-----|-----|------------------------|----|-------------------|-----|-----|
| 245 | 374 | KORSTJENS FRANS | 43 | ZUTENDAAL | VET | 92 |
| 246 | 109 | MUYSENS JEROEN | 92 | WEERT | PUP | 8 |
| 247 | 530 | TRIPPAERS BRUNO | 65 | NIEUWERKERKEN | SEN | 90 |
| 248 | 531 | BOSSENS MARC | 66 | ST-TRUIDEN | SEN | 91 |
| 249 | 801 | DEMIRCAN NUZAFFER | 58 | GENK | VET | 93 |
| 250 | 601 | PAULISSEN PATRICK | 60 | ZUTENDAAL | VET | 94 |
| 251 | 783 | HERMANS ALBERT | 52 | BREE | VET | 95 |
| 252 | 237 | TRUYERS ROMAIN | 40 | HECHTEL-EKSEL | VET | 96 |
| 253 | 36 | CAUBERGHES JOSEPH | 41 | AVT HELCHTEREN | VET | 97 |
| 254 | 586 | AWOUTERS BERT | 90 | OPGLABBEEK | MIN | 14 |
| 255 | 479 | FEYEN NOEL | 63 | AVT MEEUWEN | SEN | 92 |
| 256 | 470 | SALIMANS JEAN | 56 | MEEUWEN-GRUITRODE | VET | 98 |
| 257 | 587 | FEYEN WILLY | 61 | MEEUWEN-GRUITRODE | VET | 99 |
| 258 | 161 | SCHOOVAERTS HILDE | 67 | PEER | SEN | 93 |
| 259 | 467 | DENISSEN JELLE | 91 | HOUTHALEN | MIN | 15 |
| 260 | 468 | DENISSEN DIRK | 63 | HOUTHALEN | SEN | 94 |
| 261 | 547 | VANNIEUWENHOVEN ARTHUR | 37 | OUD HEVERLEE | VET | 100 |
| 262 | 25 | DELL ERBA G | 56 | AVT HELCHTEREN | VET | 101 |
| 263 | 226 | PERNOT FRANCIS | 50 | DILSEN | VET | 102 |
| 264 | 450 | SWINNEN LENNERT | 90 | PAAL | MIN | 16 |
| 265 | 585 | WIJNANTS LAURENT | 48 | ZUTENDAAL | VET | 103 |
| 266 | 610 | VANDERHEYDEN JOZEF | 30 | LOOI | VET | 104 |
| 267 | 51 | CONINX TONNY | 47 | AVT HELCHTEREN | VET | 105 |
| 268 | 763 | DRIJKONINGEN GUNTER | 76 | MEEUWEN-GRUITRODE | SEN | 95 |
| 269 | 337 | LIJNEN PIETER JAN | 94 | ZONHOVEN | BEN | 3 |
| 270 | 809 | MAES JAN | 58 | WEERT | VET | 106 |
| 271 | 810 | MAES HANS | 58 | WEERT | VET | 107 |
| 272 | 678 | MAES DAVE | 87 | WEERT | SCH | 14 |

VROUWEN - 12.190 m

| PL | NR | NAAM | JR | CLUB/WOONPL | CAT | PL/CAT | TIJD | GEM | KM-Tijd |
|----|-----|--------------------------|----|-------------------|-----|--------|---------|-------|---------|
| 1 | 608 | GOOSSENS PATRICIA | 81 | NEERPELT | SEN | 1 | 47:52 | 15,28 | 3:55 |
| 2 | 354 | VAN OOSTERWIJCK NATHALIE | 79 | GENK | SEN | 2 | 48:05 | 15,21 | 3:56 |
| 3 | 207 | NUYENS SANDRA | 71 | LILLE | SEN | 3 | 51:28 | 14,21 | 4:13 |
| 4 | 215 | DAMS LOU | 55 | TURNHOUT | VET | 1 | 51:36 | 14,17 | 4:13 |
| 5 | 624 | HENDRIKX FRIEDA | 53 | HAMONT-ACHEL | VET | 2 | 52:55 | 13,82 | 4:20 |
| 6 | 277 | MOONEN OLGA | 65 | DILZEN | VET | 3 | 54:35 | 13,40 | 4:28 |
| 7 | 437 | FRISINA LUISA | 71 | GENK | SEN | 4 | 55:13 | 13,25 | 4:31 |
| 8 | 605 | PANNEMANS MARIE LOUISE | 54 | DILZEN | VET | 4 | 55:32 | 13,17 | 4:33 |
| 9 | 377 | AMOROSI CARMINE | 55 | PEER | VET | 5 | 55:33 | 13,17 | 4:33 |
| 10 | 329 | BRUYNSEELS GABY | 56 | WESTERLO | VET | 6 | 55:41 | 13,13 | 4:34 |
| 11 | 725 | BIENKENS MARIE CLAIRE | 55 | TONGEREN | VET | 7 | 55:47 | 13,11 | 4:34 |
| 12 | 623 | DIDDEN ELIANTHE | 56 | HAMONT-ACHEL | VET | 8 | 55:56 | 13,08 | 4:35 |
| 13 | 813 | MANGELSCHOTS MIA | 56 | BALEN | VET | 9 | 57:01 | 12,83 | 4:40 |
| 14 | 228 | DE RAEDT KATRIEN | 68 | DIEPENBEEK | SEN | 5 | 57:15 | 12,78 | 4:41 |
| 15 | 217 | VAN HERCK GREE | 55 | LILLE | VET | 10 | 58:01 | 12,61 | 4:45 |
| 16 | 812 | LINTEN ROZA | 48 | BALEN | VET | 11 | 58:03 | 12,60 | 4:45 |
| 17 | 574 | FEYEN LINDA | 63 | MEEUWEN-GRUITRODE | VET | 12 | 59:05 | 12,38 | 4:50 |
| 18 | 657 | SEGERS SANDRA | 87 | MAASEIK | SCH | 1 | 59:08 | 12,37 | 4:51 |
| 19 | 676 | PALMANS MIA | 51 | NEERPELT | VET | 13 | 59:41 | 12,25 | 4:53 |
| 20 | 713 | CAPROENS GILBERTE | 55 | HOESELT | VET | 14 | 1:01:28 | 11,90 | 5:03 |
| 21 | 637 | MULKERS LIEVE | 61 | GENK | VET | 15 | 1:01:29 | 11,90 | 5:03 |
| 22 | 641 | VAN LOOCK MONIK | 61 | VORSELAAR | VET | 16 | 1:03:00 | 11,61 | 5:10 |
| 23 | 578 | VAN LOOCK FABIOLA | 63 | POEDERLEE | VET | 17 | 1:03:21 | 11,55 | 5:12 |
| 24 | 619 | LAMMENS VEERLE | 60 | HASSELT | VET | 18 | 1:03:29 | 11,52 | 5:12 |
| 25 | 654 | VANDEWEYER RITA | 57 | DIEPENBEEK | VET | 19 | 1:04:32 | 11,33 | 5:18 |
| 26 | 522 | VAN ZAND MAJA | 56 | NIEUWERKERKEN | VET | 20 | 1:05:13 | 11,21 | 5:21 |
| 27 | 814 | WOUTERS RITA | 60 | BALEN | VET | 21 | 1:05:33 | 11,16 | 5:23 |
| 28 | 638 | JAENEN ANITA | 55 | HOUTHALEN | VET | 22 | 1:05:34 | 11,16 | 5:23 |
| 29 | 728 | STAELENS KIRSTEN | 87 | BREE | SCH | 2 | 1:06:11 | 11,05 | 5:26 |
| 30 | 733 | JANSSEN MARTINE | 87 | BOCHOLT | SCH | 3 | 1:06:11 | 11,05 | 5:26 |
| 31 | 688 | AGTEN ANOUCK | 85 | AVT | JUN | 1 | 1:06:11 | 11,05 | 5:26 |
| 32 | 717 | LOENDERS LINSEY | 87 | BOCHOLT | SCH | 4 | 1:06:11 | 11,05 | 5:26 |
| 33 | 665 | MULKERS ANN | 67 | BILZEN | VET | 23 | 1:06:29 | 11,00 | 5:27 |
| 34 | 151 | STESSENS ELLY | 57 | LOMMEL | VET | 24 | 1:08:45 | 10,64 | 5:38 |
| 35 | 806 | KUYKEN KELLY | 80 | HECHTEL-EKSEL | SEN | 6 | 1:09:03 | 10,59 | 5:40 |
| 36 | 743 | LEMMENS JOKE | 83 | BREE | SEN | 7 | 1:09:04 | 10,59 | 5:40 |
| 37 | 618 | HECKER ANN | 66 | HASSELT | VET | 25 | 1:09:11 | 10,57 | 5:41 |
| 38 | 744 | KUIJPERS ANN | 80 | BREE | SEN | 8 | 1:09:31 | 10,52 | 5:42 |
| 39 | 687 | SCHOOF WENDY | 75 | AVT MEEUWEN | SEN | 9 | 1:10:24 | 10,39 | 5:47 |
| 40 | 632 | WINTERS MARLEEN | 70 | MEEUWEN-GRUITRODE | SEN | 10 | 1:10:44 | 10,34 | 5:48 |
| 41 | 709 | SMEETS MIET | 57 | MEEUWEN-GRUITRODE | VET | 26 | 1:12:01 | 10,16 | 5:54 |
| 42 | 748 | THAENS HILDA | 59 | MEEUWEN-GRUITRODE | VET | 27 | 1:12:01 | 10,16 | 5:54 |
| 43 | 819 | VERMARIEN MURIEL | 64 | DILSEN | VET | 28 | 1:12:01 | 10,16 | 5:54 |
| 44 | 710 | LENAERTS TINE | 55 | MEEUWEN-GRUITRODE | VET | 29 | 1:12:11 | 10,13 | 5:55 |
| 45 | 97 | STINKENS LIEN | 87 | AVT | SCH | 5 | 1:14:39 | 9,80 | 6:07 |
| 46 | 629 | SWENNEN JACQUELINE | 65 | PEER | VET | 30 | 1:15:01 | 9,75 | 6:09 |
| 47 | 615 | DEGRYSE SOFIE | 78 | PEER | SEN | 11 | 1:15:27 | 9,69 | 6:11 |
| 48 | 614 | LEYSSSEN ELZA | 46 | PEER | VET | 31 | 1:18:44 | 9,29 | 6:28 |

MANNEN - 12.190 m

| PL | NR | NAAM | JR | CLUB/WOONPL | CAT | PL/CAT | TIJD | GEM | KM-Tijd |
|----|-----|-----------------------|----|-------------------|-----|--------|-------|-------|---------|
| 1 | 158 | BEYENS JOS | 55 | VORSELAAR | VET | 1 | 42:24 | 17,25 | 3:28 |
| 2 | 636 | STURBOIS PHILIPPE | 80 | AS | SEN | 1 | 42:24 | 17,25 | 3:28 |
| 3 | 264 | VANDEBIESEN ERIC | 58 | LEOPOLDSBURG | VET | 2 | 42:03 | 17,39 | 3:26 |
| 4 | 544 | VERKOYEN RONNY | 54 | HAMONT-ACHEL | VET | 3 | 43:04 | 16,98 | 3:31 |
| 5 | 658 | VANDEBOSCH RONNY | 58 | DIEPENBEEK | VET | 4 | 43:27 | 16,83 | 3:33 |
| 6 | 265 | HERMANS MARTIN | 59 | HAMONT-ACHEL | VET | 5 | 43:33 | 16,79 | 3:34 |
| 7 | 661 | SCHEPERS CHRIS | 76 | BREE | SEN | 2 | 43:45 | 16,72 | 3:35 |
| 8 | 675 | PALMANS PIETER | 62 | NEERPELT | VET | 6 | 43:45 | 16,72 | 3:35 |
| 9 | 808 | DREES BRUNO | 66 | VMOL | SEN | 3 | 43:59 | 16,63 | 3:36 |
| 10 | 542 | EXELMANS YVES | 64 | ASSENT | SEN | 4 | 44:03 | 16,60 | 3:36 |
| 11 | 656 | DREESEN THEO | 61 | MAASMECHELEN | VET | 7 | 44:16 | 16,52 | 3:37 |
| 12 | 672 | HERMANS MARC | 59 | HEUSDEN-ZOLDER | VET | 8 | 44:18 | 16,51 | 3:38 |
| 13 | 569 | VANDAEL RAF | 69 | BOCHOLT | SEN | 5 | 44:28 | 16,45 | 3:38 |
| 14 | 239 | SCHEPERS FRANK | 84 | EKSEL | JUN | 1 | 44:42 | 16,36 | 3:40 |
| 15 | 332 | DECKERS RUDI | 63 | HECHTEL-EKSEL | SEN | 6 | 45:09 | 16,20 | 3:42 |
| 16 | 711 | GROSSI MARINO | 63 | GENK | SEN | 7 | 45:22 | 16,12 | 3:43 |
| 17 | 631 | MAURISSEN GUIDO | 58 | GENK | VET | 9 | 45:28 | 16,09 | 3:43 |
| 18 | 716 | VAN KEUVEN MARC | 58 | LOMMEL | VET | 10 | 45:39 | 16,02 | 3:44 |
| 19 | 68 | HOOGMARTENS HERMAN | 60 | AVT HELCHTEREN | VET | 11 | 45:04 | 16,23 | 3:41 |
| 20 | 681 | BREELS BENNY | 62 | ATLA | VET | 12 | 46:05 | 15,87 | 3:46 |
| 21 | 249 | HAMERS ERWIN | 62 | EKSEL | VET | 13 | 46:08 | 15,85 | 3:47 |
| 22 | 788 | JACOBS PACAL | 61 | HASSELT | VET | 14 | 46:11 | 15,84 | 3:47 |
| 23 | 474 | DIRCKX JEAN PIERRE | 60 | MAASEIK | VET | 15 | 46:13 | 15,83 | 3:47 |
| 24 | 807 | VANDEBROEK REMY | 49 | DIEPENBEEK | VET | 16 | 46:16 | 15,81 | 3:47 |
| 25 | 628 | HENDRIKX RUDI | 60 | DIEPENBEEK | VET | 17 | 46:18 | 15,80 | 3:47 |
| 26 | 612 | TEUNKENS KAREL | 62 | BALEN | VET | 18 | 46:02 | 15,89 | 3:46 |
| 27 | 604 | KELCHTERMANS PETER | 67 | BALEN | SEN | 8 | 46:21 | 15,78 | 3:48 |
| 28 | 197 | VANKRUNKELSVEN BRECHT | 81 | BEVERLO | SEN | 9 | 46:21 | 15,78 | 3:48 |
| 29 | 617 | LIPPENS JURGEN | 79 | TIELT | SEN | 10 | 46:22 | 15,77 | 3:48 |
| 30 | 557 | WINS JURGEN | 76 | LANAKEN | SEN | 11 | 46:29 | 15,73 | 3:48 |
| 31 | 521 | HUSTINX LUDO | 63 | LANAKEN | SEN | 12 | 46:43 | 15,66 | 3:49 |
| 32 | 575 | STEPHANI LUC | 66 | MEEUWEN-GRUITRODE | SEN | 13 | 46:43 | 15,66 | 3:49 |
| 33 | 346 | JACOBS HENRI | 46 | GENK | VET | 19 | 46:52 | 15,61 | 3:50 |
| 34 | 537 | CLAUS JEAN PIERRE | 61 | ST-TRUIDEN | VET | 20 | 47:01 | 15,56 | 3:51 |
| 35 | 706 | BIESMANS JAN | 58 | BJC | VET | 21 | 47:11 | 15,50 | 3:52 |
| 36 | 168 | GREVENDONK RIK | 62 | PEER | VET | 22 | 47:26 | 15,42 | 3:53 |
| 37 | 684 | VAN PUYNBROECK DIRK | 53 | SCHRIEK | VET | 23 | 47:34 | 15,38 | 3:54 |
| 38 | 626 | BRENARD PAUL | 60 | DIEPENBEEK | VET | 24 | 47:34 | 15,38 | 3:54 |
| 39 | 643 | BOUVE LUC | 56 | HEPPEN | VET | 25 | 47:45 | 15,32 | 3:55 |
| 40 | 705 | SCHROEDERS JOZEF | 56 | BJC | VET | 26 | 47:48 | 15,30 | 3:55 |
| 41 | 248 | VAES JOHAN | 61 | LUMMEN | VET | 27 | 47:57 | 15,25 | 3:56 |
| 42 | 580 | SCHOUBS FRANK | 77 | BILZEN | SEN | 14 | 48:05 | 15,21 | 3:56 |
| 43 | 712 | BEUSEN BERTHO | 55 | HOESELT | VET | 28 | 48:15 | 15,16 | 3:57 |
| 44 | 652 | SWINNEN FRANCIS | 62 | HAMONT-ACHEL | VET | 29 | 48:21 | 15,13 | 3:57 |
| 45 | 577 | TROCH JAN | 65 | GENK | SEN | 15 | 48:25 | 15,11 | 3:58 |
| 46 | 659 | SEGERS LOUIS | 48 | MAASEIK | VET | 30 | 48:03 | 15,22 | 3:56 |
| 47 | 199 | JANSEN PATRICK | 79 | BOCHOLT | SEN | 16 | 48:34 | 15,06 | 3:59 |
| 48 | 820 | LEROY HUBERT | 62 | MEEUWEN-GRUITRODE | VET | 31 | 48:04 | 15,22 | 3:56 |
| 49 | 734 | HUIJGEN FRANCOIS | 58 | DIEPENBEEK | VET | 32 | 48:55 | 14,95 | 4:00 |
| 50 | 686 | MOORS EDDY | 63 | HAMONT-ACHEL | SEN | 17 | 49:18 | 14,84 | 4:02 |
| 51 | 690 | HUYSMANS FRANCIS | 59 | HAMONT-ACHEL | VET | 33 | 49:18 | 14,84 | 4:02 |
| 52 | 738 | VAN PASSEL JAN | 68 | AARSCHOT | SEN | 18 | 49:02 | 14,92 | 4:01 |
| 53 | 689 | MASSOT JEAN_PIERRE | 65 | BILZEN | SEN | 19 | 49:04 | 14,91 | 4:01 |
| 54 | 803 | CORNELISSEN MARCEL | 56 | MAASEIK | VET | 34 | 49:42 | 14,72 | 4:04 |
| 55 | 692 | GEELEN PIERRE | 48 | MAASMECHELEN | VET | 35 | 49:45 | 14,70 | 4:04 |
| 56 | 633 | VANDELOO MARCEL | 47 | HEUSDEN-ZOLDER | VET | 36 | 49:48 | 14,69 | 4:05 |
| 57 | 685 | MICKMAN MARCEL | 45 | LOOISE | VET | 37 | 50:15 | 14,56 | 4:07 |
| 58 | 627 | TERZO JEAN PIERRE | 61 | LEOPOLDSBURG | VET | 38 | 50:31 | 14,48 | 4:08 |

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|-----|-----|-----------------------|----|-------------------|-----|----|-------|-------|------|
| 59 | 664 | VANDENDISK RUDI | 69 | KINROOI | SEN | 20 | 50:38 | 14,45 | 4:09 |
| 60 | 669 | SEGERS MATHIEU | 56 | KINROOI | VET | 39 | 50:39 | 14,44 | 4:09 |
| 61 | 670 | REYEMEN EDDY | 59 | ZONHOVEN | VET | 40 | 50:42 | 14,43 | 4:09 |
| 62 | 221 | VANDEWEYER PATRICK | 62 | DIEPENBEEK | VET | 41 | 50:44 | 14,42 | 4:09 |
| 63 | 539 | DI VITO DOMENICO | 57 | ST-TRUIDEN | VET | 42 | 50:49 | 14,39 | 4:10 |
| 64 | 700 | STEEGEN FRANCOIS | 61 | BJC | VET | 43 | 50:54 | 14,37 | 4:10 |
| 65 | 730 | RASKIN LODE | 69 | DIEPENBEEK | SEN | 21 | 51:00 | 14,34 | 4:11 |
| 66 | 718 | LAUREYN HANS | 69 | DIEPENBEEK | SEN | 22 | 51:00 | 14,34 | 4:11 |
| 67 | 590 | VROMANS LOUIS | 45 | LOMMEL | VET | 44 | 51:11 | 14,29 | 4:11 |
| 68 | 674 | HERMANS LUC | 51 | ACA | VET | 45 | 51:16 | 14,27 | 4:12 |
| 69 | 498 | ROEX HARIE | 51 | LANAKEN | VET | 46 | 51:02 | 14,33 | 4:11 |
| 70 | 620 | ZAWIERUCHA STEFAN | 51 | ZONHOVEN | VET | 47 | 51:25 | 14,22 | 4:13 |
| 71 | 554 | SCHABON JOHAN | 63 | MAASEIK | SEN | 23 | 51:35 | 14,18 | 4:13 |
| 72 | 259 | SCHURGERS JEAN PIERRE | 55 | DILZEN | VET | 48 | 51:53 | 14,10 | 4:15 |
| 73 | 647 | PIPELEERS KRIS | 77 | DIEPENBEEK | SEN | 24 | 51:55 | 14,09 | 4:15 |
| 74 | 634 | HALLEMEERSCH NORBERT | 48 | BREDENE | VET | 49 | 51:58 | 14,07 | 4:15 |
| 75 | 550 | IMMERIX JEAN PIERRE | 55 | LANAKEN | VET | 50 | 51:59 | 14,07 | 4:15 |
| 76 | 543 | GOOSSENS MAURICE | 45 | BOCHOLT | VET | 51 | 52:01 | 14,06 | 4:16 |
| 77 | 735 | VANDEURZEN FRANCOIS | 56 | BOCHOLT | VET | 52 | 52:21 | 13,97 | 4:17 |
| 78 | 683 | BOONEN LUC | 54 | BJC | VET | 53 | 52:28 | 13,94 | 4:18 |
| 79 | 667 | SCHEEPERS LUC | 60 | LUMMEN | VET | 54 | 52:35 | 13,91 | 4:18 |
| 80 | 750 | DUIJSTERS JAN | 68 | PEER | SEN | 25 | 52:42 | 13,88 | 4:19 |
| 81 | 722 | VANDERLINDEN RAF | 70 | ZOUTLEEUEW | SEN | 26 | 52:45 | 13,87 | 4:19 |
| 82 | 523 | GOVAERTS KRIS | 52 | NIEUWERKERKEN | VET | 55 | 52:47 | 13,86 | 4:19 |
| 83 | 251 | VAN GESTEL JEF | 49 | RETIE | VET | 56 | 52:59 | 13,80 | 4:20 |
| 84 | 642 | CEYSSENS JOS | 44 | MEEUWEN-GRUITRODE | VET | 57 | 53:03 | 13,79 | 4:21 |
| 85 | 173 | SAMPERMANS BART | 82 | HEUSDEN-ZOLDER | SEN | 27 | 53:11 | 13,75 | 4:21 |
| 86 | 519 | GEUSEN RUDI | 67 | KOERSEL | SEN | 28 | 53:19 | 13,72 | 4:22 |
| 87 | 698 | LENSKENS HENRI | 53 | GENK | VET | 58 | 53:24 | 13,70 | 4:22 |
| 88 | 720 | PAREDTS ROMAIN | 56 | ZUTENDAAL | VET | 59 | 53:25 | 13,69 | 4:22 |
| 89 | 802 | AERTS LEOPOLD | 57 | OVERPELT | VET | 60 | 53:03 | 13,79 | 4:21 |
| 90 | 538 | GEUENS ERIK | 57 | MAASEIK | VET | 61 | 53:32 | 13,66 | 4:23 |
| 91 | 347 | PUNIE FILIP | 60 | ST-TRUIDEN | VET | 62 | 53:36 | 13,65 | 4:23 |
| 92 | 677 | JOOSTEN ERIK | 70 | LANAKEN | SEN | 29 | 53:04 | 13,78 | 4:21 |
| 93 | 520 | CEUNEN ERIK | 64 | KOERSEL | SEN | 30 | 53:46 | 13,60 | 4:24 |
| 94 | 584 | WIJNANTS LAURENT | 48 | ZUTENDAAL | VET | 63 | 53:54 | 13,57 | 4:25 |
| 95 | 602 | JEHOUL PAUL | 63 | GELEEN | SEN | 31 | 54:03 | 13,53 | 4:26 |
| 96 | 635 | TIJSKENS HENRI | 54 | HEUSDEN-ZOLDER | VET | 64 | 54:08 | 13,51 | 4:26 |
| 97 | 749 | MARIEN STEFAN | 60 | PEER | VET | 65 | 54:01 | 13,54 | 4:25 |
| 98 | 603 | AERDEN LUC | 64 | MEEUWEN-GRUITRODE | SEN | 32 | 54:13 | 13,49 | 4:26 |
| 99 | 415 | CUPPENS ERIK | 62 | OPGLABBEEK | VET | 66 | 54:16 | 13,48 | 4:27 |
| 100 | 727 | HUYSMANS THEO | 46 | LOMMEL | VET | 67 | 54:18 | 13,47 | 4:27 |
| 101 | 737 | BOBBAERS JEAN | 57 | ZUTENDAAL | VET | 68 | 54:19 | 13,47 | 4:27 |
| 102 | 309 | BERGMANS PAUL | 59 | GENK | VET | 69 | 54:02 | 13,54 | 4:25 |
| 103 | 818 | BOONEN PETER | 75 | MEEUWEN-GRUITRODE | SEN | 33 | 54:21 | 13,46 | 4:27 |
| 104 | 723 | SLEURS MANUEL | 57 | LOMMEL | VET | 70 | 54:28 | 13,43 | 4:28 |
| 105 | 630 | DECKERS DOMINIQUE | 64 | PEER | SEN | 34 | 54:32 | 13,41 | 4:28 |
| 106 | 540 | BOUVE BART | 74 | HASSELT | SEN | 35 | 54:43 | 13,37 | 4:29 |
| 107 | 541 | DECKERS BART | 71 | ZONHOVEN | SEN | 36 | 54:44 | 13,36 | 4:29 |
| 108 | 536 | JANCIC TOM | 69 | HASSELT | SEN | 37 | 54:45 | 13,36 | 4:29 |
| 109 | 606 | PILLARDS JAN | 52 | MAASEIK | VET | 71 | 54:47 | 13,35 | 4:29 |
| 110 | 736 | KERKHOF JOS | 56 | BOCHOLT | VET | 72 | 54:05 | 13,52 | 4:26 |
| 111 | 453 | DREESEN ANDRE | 49 | BREE | VET | 73 | 55:04 | 13,28 | 4:31 |
| 112 | 91 | GOFFIN NELLO | 53 | VMOL | VET | 74 | 55:06 | 13,27 | 4:31 |
| 113 | 616 | PLESSERS RIK | 54 | BOCHOLT | VET | 75 | 55:07 | 13,27 | 4:31 |
| 114 | 732 | CAMPS RUDI | 63 | MEEUWEN-GRUITRODE | SEN | 38 | 55:15 | 13,24 | 4:31 |
| 115 | 668 | PAUWELS RUDI | 65 | HERENTALS | SEN | 39 | 55:17 | 13,23 | 4:32 |
| 116 | 497 | KELLENS WILLY | 46 | MAASMECHELEN | VET | 76 | 55:22 | 13,21 | 4:32 |
| 117 | 817 | BOSMANS DIRK | 76 | AMSTERDAM | SEN | 40 | 55:27 | 13,19 | 4:32 |
| 118 | 701 | MECHELMANS DIMITRI | 88 | AVT | KAD | 1 | 55:29 | 13,18 | 4:33 |
| 119 | 815 | LUYTEN GILBERT | 55 | ZOUTLEEUEW | VET | 77 | 55:32 | 13,17 | 4:33 |
| 120 | 379 | GEUNS LUDO | 52 | PEER | VET | 78 | 55:35 | 13,16 | 4:33 |

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| 121 | 274 | MAES FRANK | 65 | HECHTEL-EKSEL | SEN | 41 | 55:36 | 13,15 | 4:33 |
| 122 | 747 | SYBERS MAT | 59 | BOCHOLT | VET | 79 | 55:45 | 13,12 | 4:34 |
| 123 | 551 | DECKEYSER WILLY | 45 | BIERBEEK | VET | 80 | 55:45 | 13,12 | 4:34 |
| 124 | 702 | HELVEN LUDO | 53 | HERK-DE-STAD | VET | 81 | 55:47 | 13,11 | 4:34 |
| 125 | 662 | LEFEVERE ALAIN | 59 | ST-TRUIDEN | VET | 82 | 55:51 | 13,10 | 4:34 |
| 126 | 811 | WIJNANT LUC | 66 | PEER | SEN | 42 | 55:52 | 13,09 | 4:34 |
| 127 | 696 | JANS WALTER | 67 | HASSELT | SEN | 43 | 55:54 | 13,08 | 4:35 |
| 128 | 695 | THIJSSSEN XAVIER | 63 | ACA | SEN | 44 | 55:55 | 13,08 | 4:35 |
| 129 | 499 | CRAMER WALTER | 58 | KEULEN | VET | 83 | 56:03 | 13,05 | 4:35 |
| 130 | 589 | EYCKMANS ERIC | 64 | LAAKDAL | SEN | 45 | 56:09 | 13,03 | 4:36 |
| 131 | 645 | HERBEN GUY | 53 | ZONHOVEN | VET | 84 | 56:16 | 13,00 | 4:36 |
| 132 | 646 | DE SOBRIE HERMAN | 52 | VORSELAAR | VET | 85 | 56:28 | 12,95 | 4:37 |
| 133 | 438 | DAMIAENS ERIK | 62 | MEEUWEN-GRUITRODE | VET | 86 | 56:37 | 12,92 | 4:38 |
| 134 | 673 | PHILIPPAERTS GUIDO | 44 | ALKEN | VET | 87 | 56:44 | 12,89 | 4:39 |
| 135 | 729 | AERTS JEAN | 55 | LOMMEL | VET | 88 | 56:47 | 12,88 | 4:39 |
| 136 | 663 | COX KRIS | 58 | BOCHOLT | VET | 89 | 56:53 | 12,86 | 4:39 |
| 137 | 644 | SCHOOFs THEO | 53 | BREE | VET | 90 | 56:53 | 12,86 | 4:39 |
| 138 | 650 | MARTENS LUC | 67 | BREE | SEN | 46 | 56:54 | 12,85 | 4:40 |
| 139 | 570 | BERGMANS FRANK | 62 | BREE | VET | 91 | 56:54 | 12,85 | 4:40 |
| 140 | 653 | BOOSTEN KOEN | 74 | BREE | SEN | 47 | 56:55 | 12,85 | 4:40 |
| 141 | 649 | PAREYN JEAN | 68 | BREE | SEN | 48 | 56:55 | 12,85 | 4:40 |
| 142 | 715 | HENDRIX TOM | 83 | NEERPELT | SEN | 49 | 56:56 | 12,85 | 4:40 |
| 143 | 362 | VAN ACKER CHRISTIAN | 63 | KOERSEL | SEN | 50 | 57:03 | 12,82 | 4:40 |
| 144 | 622 | FEYEN GUST | 54 | HASSELT | VET | 92 | 57:04 | 12,82 | 4:40 |
| 145 | 65 | LYNEN JOS | 64 | AVT HELCHTEREN | SEN | 51 | 57:08 | 12,80 | 4:41 |
| 146 | 651 | ELSEN ROGER | 44 | HEUSDEN-ZOLDER | VET | 93 | 57:08 | 12,80 | 4:41 |
| 147 | 691 | SCHOOFs LUC | 70 | MEEUWEN-GRUITRODE | SEN | 52 | 57:09 | 12,80 | 4:41 |
| 148 | 567 | GEYPEN VICTOR | 37 | LOMMEL | VET | 94 | 57:12 | 12,79 | 4:41 |
| 149 | 648 | PIPELEERS RENE | 45 | DIEPENBEEK | VET | 95 | 57:16 | 12,77 | 4:41 |
| 150 | 742 | DAEMEN JOZEF | 48 | PEER | VET | 96 | 57:16 | 12,77 | 4:41 |
| 151 | 699 | LAMBREGS MARC | 66 | BJC | SEN | 53 | 57:26 | 12,73 | 4:42 |
| 152 | 741 | WALKAERT GARRY | 65 | BOOM | SEN | 54 | 57:29 | 12,72 | 4:42 |
| 153 | 704 | KENIS DION | 88 | AVT | KAD | 2 | 57:37 | 12,69 | 4:43 |
| 154 | 288 | TILLIEUX GUY | 50 | HASSELT | VET | 97 | 57:38 | 12,69 | 4:43 |
| 155 | 739 | NIJS HANS | 68 | VEERLE-LAAKDAL | SEN | 55 | 57:05 | 12,81 | 4:40 |
| 156 | 355 | VAN OOSTERWIJCK MARC | 52 | GENK | VET | 98 | 57:53 | 12,64 | 4:44 |
| 157 | 726 | PAUWELS JEAN | 52 | LOMMEL | VET | 99 | 58:01 | 12,61 | 4:45 |
| 158 | 707 | LERNOUT LOUIS | 38 | JMCB BREE | VET | 100 | 58:06 | 12,59 | 4:45 |
| 159 | 363 | BECKERS MARC | 54 | HERK-DE-STAD | VET | 101 | 58:02 | 12,60 | 4:45 |
| 160 | 680 | GEELEN MATHIEU | 55 | ZUTENDAAL | VET | 102 | 58:35 | 12,48 | 4:48 |
| 161 | 697 | MAURISSEN PETER | 67 | HK HAC | SEN | 56 | 58:36 | 12,48 | 4:48 |
| 162 | 721 | SCHOOFs KRIS | 68 | ZOUTLEEuw | SEN | 57 | 58:37 | 12,48 | 4:48 |
| 163 | 98 | STINKENS JOS | 60 | MEEUWEN-GRUITRODE | VET | 103 | 58:51 | 12,43 | 4:49 |
| 164 | 150 | COENEN JEROOM | 55 | BREE | VET | 104 | 59:00 | 12,40 | 4:50 |
| 165 | 582 | VROMANS JEAN PIERRE | 56 | LOMMEL | VET | 105 | 59:14 | 12,35 | 4:51 |
| 166 | 719 | HENDRIX LUDO | 58 | NEERPELT | VET | 106 | 59:23 | 12,32 | 4:52 |
| 167 | 93 | HENDRIX STIJN | 89 | MEEUWEN-GRUITRODE | KAD | 3 | 59:24 | 12,31 | 4:52 |
| 168 | 731 | HAEX TIM | 89 | MEEUWEN-GRUITRODE | KAD | 4 | 59:28 | 12,30 | 4:52 |
| 169 | 621 | VANMEENSEL FRANCOIS | 47 | HAMONT-ACHEL | VET | 107 | 59:31 | 12,29 | 4:52 |
| 170 | 483 | PAESEN PATRICK | 63 | MEEUWEN-GRUITRODE | SEN | 58 | 59:37 | 12,27 | 4:53 |
| 171 | 694 | OEYEN GEERT | 67 | HEUSDEN-ZOLDER | SEN | 59 | 1:00:07 | 12,17 | 4:56 |
| 172 | 502 | LIEBEN DAVY | 76 | ZUTENDAAL | SEN | 60 | 1:00:10 | 12,16 | 4:56 |
| 173 | 94 | HENDRIX DAVY | 88 | MEEUWEN-GRUITRODE | KAD | 5 | 1:00:11 | 12,15 | 4:56 |
| 174 | 592 | PAULISSEN PATRICK | 60 | ZUTENDAAL | VET | 108 | 1:00:15 | 12,14 | 4:57 |
| 175 | 396 | PALMERS JO | 73 | MEEUWEN-GRUITRODE | SEN | 61 | 1:00:24 | 12,11 | 4:57 |
| 176 | 67 | MAES JOHAN | 64 | AVT HELCHTEREN | SEN | 62 | 1:00:46 | 12,04 | 4:59 |
| 177 | 816 | BOSMANS LEO | 51 | MAASEIK | VET | 109 | 1:00:48 | 12,03 | 4:59 |
| 178 | 613 | WIJNEN RAYMOND | 52 | DILZEN | VET | 110 | 1:00:50 | 12,02 | 4:59 |
| 179 | 724 | DAEMS WILLY | 45 | LOMMEL | VET | 111 | 1:00:54 | 12,01 | 5:00 |
| 180 | 406 | VERMIJL VALERE | 57 | HOUTHALEN | VET | 112 | 1:01:12 | 11,95 | 5:01 |
| 181 | 714 | CILLEN JAN | 66 | NEERPELT | SEN | 63 | 1:01:24 | 11,91 | 5:02 |
| 182 | 666 | TRIPPAERS LUC | 57 | GENK | VET | 113 | 1:01:25 | 11,91 | 5:02 |

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| 183 | 671 | VERHEYEN PATRICK | 69 | KINROOI | SEN | 64 | 1:01:30 | 11,89 | 5:03 |
| 184 | 238 | REMANS LUK | 52 | KINROOI | VET | 114 | 1:02:00 | 11,80 | 5:05 |
| 185 | 64 | BEERTEN PIETER | 88 | AVT HELCHTEREN | KAD | 6 | 1:02:31 | 11,70 | 5:08 |
| 186 | 335 | MARTENS CLEMENT | 53 | HOUTHALEN | VET | 115 | 1:02:31 | 11,70 | 5:08 |
| 187 | 334 | CIESLA HEINZ | 39 | GENK | VET | 116 | 1:02:38 | 11,68 | 5:08 |
| 188 | 708 | SNOEKS JOS | 61 | EKSEL | VET | 117 | 1:02:54 | 11,63 | 5:10 |
| 189 | 156 | LAUREYS GUST | 42 | HERENTALS | VET | 118 | 1:02:59 | 11,61 | 5:10 |
| 190 | 174 | CELIS HERMAN | 46 | VORSELAAR | VET | 119 | 1:03:03 | 11,60 | 5:10 |
| 191 | 746 | NEYENS FRANK | 51 | KINROOI | VET | 120 | 1:03:06 | 11,59 | 5:11 |
| 192 | 740 | CORNELISSEN JEAN PIERRE | 60 | PEER | VET | 121 | 1:03:11 | 11,58 | 5:11 |
| 193 | 583 | GEENS IVO | 61 | GEEL | VET | 122 | 1:03:21 | 11,55 | 5:12 |
| 194 | 95 | HENDRIX MARTIJN | 91 | MEEUWEN-GRUITRODE | MIN | 1 | 1:03:40 | 11,49 | 5:13 |
| 195 | 660 | AERTS RAYMOND | 52 | GENK | VET | 123 | 1:04:33 | 11,33 | 5:18 |
| 196 | 609 | DEJONG TJEN | 58 | PEER | VET | 124 | 1:04:55 | 11,27 | 5:20 |
| 197 | 625 | OEYEN ALFONS | 47 | LAAKDAL | VET | 125 | 1:05:03 | 11,24 | 5:20 |
| 198 | 101 | BROEKX DOMINIQUE | 57 | MEEUWEN-GRUITRODE | VET | 126 | 1:05:05 | 11,24 | 5:20 |
| 199 | 797 | FEYEN JAAK | 60 | MEEUWEN-GRUITRODE | VET | 127 | 1:06:31 | 11,00 | 5:27 |
| 200 | 90 | RENS GASTON | 46 | VMOL | VET | 128 | 1:07:16 | 10,87 | 5:31 |
| 201 | 703 | SCHREURS MATHIEU | 42 | OPGLABBEEK | VET | 129 | 1:08:15 | 10,72 | 5:36 |
| 202 | 588 | VAN LOOCK MARK | 65 | LILLE | SEN | 65 | 1:10:25 | 10,39 | 5:47 |
| 203 | 117 | MORIS JOZEF | 46 | ELLIKOM | VET | 130 | 1:11:16 | 10,26 | 5:51 |
| 204 | 655 | MARTENS MARC | 60 | GENK | VET | 131 | 1:11:36 | 10,22 | 5:52 |
| 205 | 745 | SWENNEN JOHAN | 60 | PEER | VET | 132 | 1:12:11 | 10,13 | 5:55 |