

8e Lentejogging JC Waarschoot - 6 mei 2005

4,3 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|---------------|-----|-------|---------|-------|---------|
| 1 | 27 | CNUUDE KEVIN | OOSTAKKER | M | 1 | 0:14:04 | 18,34 | 3:16 |
| 2 | 85 | POLFLIET DIETER | SINT LAUREINS | M | 2 | 0:14:18 | 18,04 | 3:20 |
| 3 | 33 | DEVRIESE LUC | RUISELEDE | M | 3 | 0:14:36 | 17,67 | 3:24 |
| 4 | 128 | DELLAERT GREGORY | WAARSCHOOT | M | 4 | 0:14:40 | 17,59 | 3:25 |
| 5 | 25 | MUYLAERT HANS | SLEIDINGE | M | 5 | 0:14:44 | 17,51 | 3:26 |
| 6 | 36 | DE JAEGER - BRAET BERT | WATERVLIET | M | 6 | 0:15:39 | 16,49 | 3:38 |
| 7 | 35 | DE JAEGER LUC | WATERVLIET | M | 7 | 0:15:45 | 16,38 | 3:40 |
| 8 | 120 | VAN HOOREBEKE WILLY | WONDELGEM | M | 8 | 0:16:21 | 15,78 | 3:48 |
| 9 | 74 | DE BOOS SYDNEY | OOSTEEKLO | M | 9 | 0:16:29 | 15,65 | 3:50 |
| 10 | 119 | STOBBELEIN ERIC | WONDELGEM | M | 10 | 0:16:32 | 15,60 | 3:51 |
| 11 | 87 | VAN LEEUWE MARLIES | ADEGEM | V | 1 | 0:16:47 | 15,37 | 3:54 |
| 12 | 136 | STEYAERT RONNY | EVERGEM | M | 11 | 0:16:52 | 15,30 | 3:55 |
| 13 | 82 | DE REUJONAS | WAARSCHOOT | M | 12 | 0:16:55 | 15,25 | 3:56 |
| 14 | 121 | MARTENS GILBERT | HANSBEKE | M | 13 | 0:16:57 | 15,22 | 3:57 |
| 15 | 115 | GRIJP PATRICK | ZOMERGEM | M | 14 | 0:17:07 | 15,07 | 3:59 |
| 16 | 4 | LIPPENS ARNE | WAARSCHOOT | M | 15 | 0:17:09 | 15,04 | 3:59 |
| 17 | 104 | BONTE STEFAAN | EEKLO | M | 16 | 0:17:16 | 14,94 | 4:01 |
| 18 | 94 | LOETE FRANKI | EVERGEM | M | 17 | 0:17:21 | 14,87 | 4:02 |
| 19 | 102 | SENNESAIL SERGE | LOKEREN | M | 18 | 0:17:24 | 14,83 | 4:03 |
| 20 | 114 | DE BRUYNE GINO | ZOMERGEM | M | 19 | 0:17:30 | 14,74 | 4:04 |
| 21 | 12 | VAN BALLENGERGHE SANNE | DRONGEN | V | 2 | 0:17:32 | 14,71 | 4:05 |
| 22 | 122 | DE BACKER ROGER | WAREGEM | M | 20 | 0:17:39 | 14,62 | 4:06 |
| 23 | 64 | GOETHALS RONNY | ST JANINEREMO | M | 21 | 0:17:42 | 14,58 | 4:07 |
| 24 | 26 | LIPPENS BART | EVERGEM | M | 22 | 0:18:01 | 14,32 | 4:11 |
| 25 | 53 | BOELAERT JENS | EEKLO | M | 23 | 0:18:04 | 14,28 | 4:12 |
| 26 | 141 | PLOVYT PATRICK | WAARSCHOOT | M | 24 | 0:18:07 | 14,24 | 4:13 |
| 27 | 29 | VANDEWALLE TANIA | LICHTERVELDE | V | 3 | 0:18:18 | 14,10 | 4:15 |
| 28 | 124 | DE CLERCQ FREDERIK | WAARSCHOOT | M | 25 | 0:18:22 | 14,05 | 4:16 |
| 29 | 39 | DE JAEGER BRAET ELS | WATERVLIET | V | 4 | 0:18:27 | 13,98 | 4:17 |
| 30 | 38 | DE JAEGER BRAET TOM | WATERVLIET | M | 26 | 0:18:29 | 13,96 | 4:18 |
| 31 | 86 | BUNDERVOET JOHAN | SLEIDINGE | M | 27 | 0:18:36 | 13,87 | 4:20 |
| 32 | 106 | VAN DE WOESTYNE BRAM | EVERGEM | M | 28 | 0:18:40 | 13,82 | 4:20 |
| 33 | 118 | TILLEMANN DAAN | LAPSCHURE | M | 29 | 0:18:44 | 13,77 | 4:21 |
| 34 | 127 | LIPPENS NCIK | WAARSCHOOT | M | 30 | 0:18:47 | 13,74 | 4:22 |
| 35 | 97 | LOETE JENS | EVERGEM | M | 31 | 0:18:49 | 13,71 | 4:23 |
| 36 | 60 | BULTYNCK STANY | ZOMERGEM | M | 32 | 0:18:53 | 13,66 | 4:23 |
| 37 | 90 | DE MUYNCK IVAN | URSEL | M | 33 | 0:18:56 | 13,63 | 4:24 |
| 38 | 131 | VANOVERSCHELDE SANNE | LOVENDEGEM | M | 34 | 0:18:57 | 13,61 | 4:24 |
| 39 | 68 | SOETE DIMITRI | WAARSCHOOT | M | 35 | 0:18:59 | 13,59 | 4:25 |
| 40 | 84 | PAUWELS CAS | WAARSCHOOT | M | 36 | 0:19:02 | 13,56 | 4:26 |
| 41 | 17 | VERKERKEN BART | WAARSCHOOT | M | 37 | 0:19:05 | 13,52 | 4:26 |
| 42 | 45 | SCHEIR OLVIER | WAARSCHOOT | M | 38 | 0:19:14 | 13,41 | 4:28 |
| 43 | 80 | BRAL GUY | WAARSCHOOT | M | 39 | 0:19:25 | 13,29 | 4:31 |
| 44 | 77 | SABO ROGER | ASSENEDE | M | 40 | 0:19:39 | 13,13 | 4:34 |
| 45 | 48 | VERMINCK WILLIAM | EEKLO | M | 41 | 0:19:40 | 13,12 | 4:34 |
| 46 | 69 | SOETE JOHNNY | WAARSCHOOT | M | 42 | 0:19:57 | 12,93 | 4:38 |
| 47 | 63 | RO TSAERT MANUEL | WAARSCHOOT | M | 43 | 0:20:01 | 12,89 | 4:39 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|---------------|-----|-------|---------|-------|---------|
| 48 | 88 | MAES MATTHIAS | WAARSCHOOT | M | 44 | 0:20:24 | 12,65 | 4:45 |
| 49 | 89 | PILLE LIENDA | URSEL | V | 5 | 0:20:26 | 12,63 | 4:45 |
| 50 | 73 | DHONDT JOHN | AALTER | M | 45 | 0:20:37 | 12,51 | 4:48 |
| 51 | 99 | DEMUNSTER JORREN | EVERGEM | M | 46 | 0:21:03 | 12,26 | 4:54 |
| 52 | 93 | GOETHALS JOYCA | LEMBEKE | V | 6 | 0:21:07 | 12,22 | 4:55 |
| 53 | 76 | VAN DE VEIRE ERIC | LEMBEKE | M | 47 | 0:21:10 | 12,19 | 4:55 |
| 54 | 81 | DE GROOTE BART | EVERGEM | M | 48 | 0:21:21 | 12,08 | 4:58 |
| 55 | 112 | MEULEBROECK ALEX | SINT_LAUREINS | M | 49 | 0:21:49 | 11,83 | 5:04 |
| 56 | 70 | VAN VERDEGEM CYRIEL | EVERGEM | M | 50 | 0:21:51 | 11,81 | 5:05 |
| 57 | 57 | VANDAELE FRANKY | DRONGEN | M | 51 | 0:21:53 | 11,79 | 5:05 |
| 58 | 98 | CAMERLINCK RIA | SLEIDINGE | V | 7 | 0:21:58 | 11,75 | 5:07 |
| 59 | 109 | GOETHALS ALEX | WAARSCHOOT | M | 52 | 0:22:01 | 11,72 | 5:07 |
| 60 | 71 | DE BACKER MARC | LOVENDEGEM | M | 53 | 0:22:05 | 11,68 | 5:08 |
| 61 | 78 | VAN LANCKER MICHEL | LOVENDEGEM | M | 54 | 0:22:07 | 11,67 | 5:09 |
| 62 | 7 | MASSON LYNN | GENT | V | 8 | 0:22:18 | 11,57 | 5:11 |
| 63 | 31 | VANDEWALLE PATRICK | LICHTERVELDE | M | 55 | 0:22:21 | 11,54 | 5:12 |
| 64 | 96 | AERS JAN | LOVENDEGEM | M | 56 | 0:22:24 | 11,52 | 5:13 |
| 65 | 50 | SUTTELS ERIC | WAARSCHOOT | M | 57 | 0:22:27 | 11,49 | 5:13 |
| 66 | 14 | VAN DE VELDE JACKIE | ZOMERGEM | M | 58 | 0:22:30 | 11,47 | 5:14 |
| 67 | 47 | DE BOCK ROLAND | WESTDORPE | M | 59 | 0:22:39 | 11,39 | 5:16 |
| 68 | 5 | MASSON ANTHONY | GENT | M | 60 | 0:22:42 | 11,37 | 5:17 |
| 69 | 117 | TILLEMEN BRENT | LAPSCHURE | M | 61 | 0:22:44 | 11,35 | 5:17 |
| 70 | 113 | VAN RYSEL MARLEEN | SLEIDINGE | V | 9 | 0:22:47 | 11,32 | 5:18 |
| 71 | 111 | MEULEBROECK ANNELIES | SINT_LAUREINS | V | 10 | 0:22:49 | 11,31 | 5:18 |
| 72 | 10 | PEDE ANN-SOPHIE | WAARSCHOOT | V | 11 | 0:22:50 | 11,30 | 5:19 |
| 73 | 46 | NEVENS FRANS | ASSE | M | 62 | 0:22:52 | 11,28 | 5:19 |
| 74 | 139 | VERVYNCKT LEEN | AALTER | V | 12 | 0:22:54 | 11,27 | 5:20 |
| 75 | 129 | VERLOOCK | ADEGEM | V | 13 | 0:23:02 | 11,20 | 5:21 |
| 76 | 58 | VAN HECKE ETIENNE | EVERGEM | M | 63 | 0:23:13 | 11,11 | 5:24 |
| 77 | 92 | DELANGHE DORINE | LEMBEKE | V | 14 | 0:23:21 | 11,05 | 5:26 |
| 78 | 43 | DHOOGHE WILLY | WAARSCHOOT | M | 64 | 0:23:26 | 11,01 | 5:27 |
| 79 | 75 | ROGGEMAN FLORE | WAARSCHOOT | V | 15 | 0:23:27 | 11,00 | 5:27 |
| 80 | 72 | HEBBRECHT INGRID | LOVENDEGEM | V | 16 | 0:23:32 | 10,96 | 5:28 |
| 81 | 116 | TURREKENS CHRISTINE | LAPSCHURE | V | 17 | 0:23:41 | 10,89 | 5:30 |
| 82 | 100 | DE WALSCHE MARIANNE | SLEIDINGE | V | 18 | 0:23:45 | 10,86 | 5:31 |
| 83 | 101 | DE BEIR CARINE | SLEIDINGE | V | 19 | 0:23:46 | 10,86 | 5:32 |
| 84 | 79 | ROGGE RAOUL | DE PINTE | M | 65 | 0:23:53 | 10,80 | 5:33 |
| 85 | 28 | VANDEWALLE MARCO | LICHTERVELDE | M | 66 | 0:24:10 | 10,68 | 5:37 |
| 86 | 32 | TANGHE LANDO | LICHTERVELDE | M | 67 | 0:24:12 | 10,66 | 5:38 |
| 87 | 135 | VAN WONTERGHEM ISABELLE | DRONGEN | V | 20 | 0:24:15 | 10,64 | 5:38 |
| 88 | 105 | VAN DE WOESTYNE MICHIEL | EVERGEM | M | 68 | 0:24:19 | 10,61 | 5:39 |
| 89 | 51 | DROESBEKE BRAM | WAARSCHOOT | M | 69 | 0:24:21 | 10,60 | 5:40 |
| 90 | 40 | DE BACKER SVEN | SLEIDINGE | M | 70 | 0:24:23 | 10,58 | 5:40 |
| 91 | 34 | GURDEBEKE HILDE | WINGENE | V | 21 | 0:24:28 | 10,54 | 5:41 |
| 92 | 138 | STEYAERT MICHIEL | EVERGEM | M | 71 | 0:24:30 | 10,53 | 5:42 |
| 93 | 133 | LEENKNEGT HILDE | DRONGEN | V | 22 | 0:24:32 | 10,52 | 5:42 |
| 94 | 107 | BAETSLE FREDDY | EVERGEM | M | 72 | 0:24:34 | 10,50 | 5:43 |
| 95 | 59 | VAN HECKE MIEKE | EVERGEM | V | 23 | 0:24:42 | 10,45 | 5:45 |
| 96 | 134 | DE VREESE ANN | DRONGEN | M | 73 | 0:24:49 | 10,40 | 5:46 |
| 97 | 42 | VANDAELE HENRIETTE | POPERINGE | V | 24 | 0:24:49 | 10,40 | 5:46 |
| 98 | 67 | VAN DER HEYDEN GERDA | LOTENHULLE | V | 25 | 0:24:57 | 10,34 | 5:48 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|------------------------|------------------|-----|-------|---------|-------|---------|
| 99 | 132 | VAN HOOREBEKE EVELYN | EVERGEM | V | 26 | 0:25:17 | 10,20 | 5:53 |
| 100 | 18 | VAN GEETRUYEN MARTINE | HAMME | V | 27 | 0:25:25 | 10,15 | 5:55 |
| 101 | 41 | LEEUWERCK EDDY | POPERINGE | M | 74 | 0:25:29 | 10,12 | 5:56 |
| 102 | 37 | DE JAEGER - BRAET JOKE | WATERVLIET | V | 28 | 0:25:52 | 9,97 | 6:01 |
| 103 | 52 | MAENHAUT ERIK | EEKLO | M | 75 | 0:26:01 | 9,92 | 6:03 |
| 104 | 126 | COPPENS KIM | WAARSCHOOT | V | 29 | 0:26:16 | 9,82 | 6:07 |
| 105 | 65 | DUYTSCHAEVER ILONA | WAARSCHOOT | V | 30 | 0:26:19 | 9,80 | 6:07 |
| 106 | 56 | DANNEELS CARINE | ERTVELDE | V | 31 | 0:26:27 | 9,75 | 6:09 |
| 107 | 123 | PAUWELS ALEXANDER | WAARSCHOOT | M | 76 | 0:26:30 | 9,74 | 6:10 |
| 108 | 137 | STEYAERT JANA | EVERGEM | V | 32 | 0:27:00 | 9,56 | 6:17 |
| 109 | 130 | GOETHALS LEEN | LEMBEKE | V | 33 | 0:27:44 | 9,30 | 6:27 |
| 110 | 24 | DEGRANDE ANDRE | BEERNEM | M | 77 | 0:27:59 | 9,22 | 6:30 |
| 111 | 23 | DE VILDER KRIS | NAZARETH | V | 34 | 0:28:05 | 9,19 | 6:32 |
| 112 | 91 | VAN DE VOORDE LUCRESE | EEKLO | V | 35 | 0:28:07 | 9,18 | 6:32 |
| 113 | 125 | LIPPENS LEEN | WAARSCHOOT | V | 36 | 0:28:42 | 8,99 | 6:40 |
| 114 | 1 | CRIEL CHRISTINE | GENT | V | 37 | 0:29:16 | 8,82 | 6:48 |
| 115 | 30 | DEBUSSCHERE VIVIANE | LICHTERVELDE | V | 38 | 0:29:33 | 8,73 | 6:52 |
| 116 | 44 | VAN BALLEMBERGHE BRENT | DRONGEN | M | 78 | 0:31:04 | 8,30 | 7:13 |
| 117 | 140 | TURREKENS MARTINE | AALTER | V | 39 | 0:31:31 | 8,19 | 7:20 |
| 118 | 66 | DE BAETS KATRIEN | OOSTEEKLO | V | 40 | 0:31:33 | 8,18 | 7:20 |
| 119 | 49 | MEIRESONNE DIRK | WAARSCHOOT | M | 79 | 0:31:37 | 8,16 | 7:21 |
| 120 | 22 | LIPPENS URBAIN | LOCHRISTI | V | 41 | 0:36:29 | 7,07 | 8:29 |
| 121 | 108 | BAETE GEORGETTE | LOCHRISTI | V | 42 | 0:36:33 | 7,06 | 8:30 |
| 122 | 61 | GEIREGAT GINETTE | ZEVERGEM | V | 43 | 0:36:34 | 7,06 | 8:30 |
| 123 | 55 | DE GROOTE ADRIEN | ST-MARTENS-LATEM | M | 80 | 0:36:36 | 7,05 | 8:31 |
| 124 | 21 | DE VRIEZE CARINE | EVERGEM | V | 44 | 0:36:37 | 7,05 | 8:31 |
| 125 | 20 | DE MITS STEPHANIE | EVERGEM | V | 45 | 0:36:39 | 7,04 | 8:31 |
| 126 | 19 | DE MITS JAN | EVERGEM | M | 81 | 0:36:40 | 7,04 | 8:32 |
| 127 | 3 | FOUACHE KATHLEEN | EVERGEM | V | 46 | 0:36:41 | 7,03 | 8:32 |

9 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|----------------------|------------|-----|-------|---------|-------|---------|
| 1 | 276 | DE BACKER FREDERIK | WAREGEM | M | 1 | 0:31:56 | 16,91 | 3:33 |
| 2 | 257 | DE GROVE BART | WETTEREN | M | 2 | 0:32:25 | 16,66 | 3:36 |
| 3 | 285 | DELLAERT LUC | WAARSCHOOT | M | 3 | 0:33:02 | 16,35 | 3:40 |
| 4 | 216 | VAN LANDEGEM FREDDY | OOSTAKKER | M | 4 | 0:33:24 | 16,17 | 3:43 |
| 5 | 239 | BEKAERT IGNACE | VICHTE | M | 5 | 0:34:19 | 15,74 | 3:49 |
| 6 | 224 | WAUTERS JAAK | ERTVELDE | M | 6 | 0:35:04 | 15,40 | 3:54 |
| 7 | 258 | VERLSUYS DANNY | WATERVLIET | M | 7 | 0:35:46 | 15,10 | 3:58 |
| 8 | 293 | MEIRESONNE NICK | LOVENDEGEM | M | 8 | 0:36:18 | 14,88 | 4:02 |
| 9 | 261 | HAEGEMAN JURGEN | OOSTEEKLO | M | 9 | 0:37:04 | 14,57 | 4:07 |
| 10 | 201 | BAUTERS RONNY | EEKLO | M | 10 | 0:37:53 | 14,25 | 4:13 |
| 11 | 284 | DROUSBEKE FRANQUY | WAARSCHOOT | M | 11 | 0:38:01 | 14,20 | 4:13 |
| 12 | 214 | VAN BAEVEGEM BERT | DOORNZELE | M | 12 | 0:38:06 | 14,17 | 4:14 |
| 13 | 237 | CLAUWS BART | EEKLO | M | 13 | 0:38:48 | 13,92 | 4:19 |
| 14 | 205 | DE REU KRISTOF | | M | 14 | 0:39:54 | 13,53 | 4:26 |
| 15 | 280 | BRAL ERIK | WATERVLIET | M | 15 | 0:40:00 | 13,50 | 4:27 |
| 16 | 200 | ANTOIN SAM | WAARSCHOOT | M | 16 | 0:40:23 | 13,37 | 4:29 |
| 17 | 268 | COPPENS ROGER | EEKLO | M | 17 | 0:40:31 | 13,33 | 4:30 |
| 18 | 223 | DE SAEDELEER IVAN | HAALTERT | M | 18 | 0:40:48 | 13,24 | 4:32 |
| 19 | 269 | VAN DE WALLE WIM | LEMBEKE | M | 19 | 0:40:49 | 13,23 | 4:32 |
| 20 | 236 | MEES CINDY | ZELZATE | V | 1 | 0:41:07 | 13,13 | 4:34 |
| 21 | 291 | DE CONINCK LUC | EEKLO | M | 20 | 0:41:43 | 12,94 | 4:38 |
| 22 | 286 | VANOVERSCHELDE GEERT | LOVENDEGEM | M | 21 | 0:41:58 | 12,87 | 4:40 |
| 23 | 271 | DE CAUSSEMAKER RONY | WAARSCHOOT | M | 22 | 0:42:01 | 12,85 | 4:40 |
| 24 | 218 | BOMMELE DANNY | OOSTEEKLO | M | 23 | 0:42:14 | 12,79 | 4:42 |
| 25 | 228 | DE BAETS MARC | HEUSDEN | M | 24 | 0:42:17 | 12,77 | 4:42 |
| 26 | 272 | COCQUYT RUDY | WONDELGEM | M | 25 | 0:42:33 | 12,69 | 4:44 |
| 27 | 252 | GOOLE GEORGES | ZUIDDORPE | M | 26 | 0:42:45 | 12,63 | 4:45 |
| 28 | 266 | DE BACKER TOM | WAARSCHOOT | M | 27 | 0:42:50 | 12,61 | 4:46 |
| 29 | 221 | DANEL KOEN | WAARSCHOOT | M | 28 | 0:42:52 | 12,60 | 4:46 |
| 30 | 274 | GOETHALS DIMITRI | WAARSCHOOT | M | 29 | 0:43:03 | 12,54 | 4:47 |
| 31 | 217 | WILLE LUC | ZOMERGEM | M | 30 | 0:43:09 | 12,51 | 4:48 |
| 32 | 292 | FOUQUET PHILIPPE | AALTER | M | 31 | 0:43:14 | 12,49 | 4:48 |
| 33 | 219 | NELL ROGER | EEKLO | M | 32 | 0:43:53 | 12,31 | 4:53 |
| 34 | 273 | DEMUNSTER BART | EVERGEM | M | 33 | 0:44:05 | 12,25 | 4:54 |
| 35 | 2 | DEUWEL RUDY | EVERGEM | M | 34 | 0:44:19 | 12,19 | 4:55 |
| 36 | 247 | JANSSSENS RAF | ZONNEGEM | M | 35 | 0:44:41 | 12,09 | 4:58 |
| 37 | 243 | RO TSAERT FILIP | WAARSCHOOT | M | 36 | 0:44:59 | 12,00 | 5:00 |
| 38 | 242 | RO TSAERT MICHIEL | WAARSCHOOT | M | 37 | 0:45:02 | 11,99 | 5:00 |
| 39 | 245 | TIMMERMANS VERONIQUE | NAZARETH | V | 2 | 0:45:08 | 11,96 | 5:01 |
| 40 | 202 | DE BRAUWER NIELS | WAARSCHOOT | M | 38 | 0:45:19 | 11,92 | 5:02 |
| 41 | 281 | LACAYSE ANNICK | WAARSCHOOT | V | 3 | 0:45:25 | 11,89 | 5:03 |
| 42 | 230 | GOETHALS IRENEE | OOSTAKKER | M | 39 | 0:45:41 | 11,82 | 5:05 |
| 43 | 294 | ROEGIERS MARCEL | WAARSCHOOT | M | 40 | 0:45:51 | 11,78 | 5:06 |
| 44 | 295 | VERUYNCKT JOHAN | AALTER | M | 41 | 0:45:53 | 11,77 | 5:06 |
| 45 | 287 | VANHEE TOM | EEKLO | M | 42 | 0:45:59 | 11,74 | 5:07 |
| 46 | 248 | VAN DE VELDE PASCAL | ZOMERGEM | M | 43 | 0:46:02 | 11,73 | 5:07 |
| 47 | 277 | DE CRAENE MIEKE | EVERGEM | V | 4 | 0:46:09 | 11,70 | 5:08 |
| 48 | 278 | WILLEMS NOEL | SLEIDINGE | M | 44 | 0:46:50 | 11,53 | 5:12 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-----------------------|-----------------|-----|-------|---------|-------|---------|
| 49 | 246 | EGGERMONT JOSE | WAARSCHOOT | M | 45 | 0:47:02 | 11,48 | 5:14 |
| 50 | 222 | VAN HOLDERBEKE JOSE | MELSEN | M | 46 | 0:47:04 | 11,47 | 5:14 |
| 51 | 256 | VERMEIRE NOELA | ASSENEDE | V | 5 | 0:47:08 | 11,46 | 5:14 |
| 52 | 225 | TOURNET NICOLE | RUISELEDE | V | 6 | 0:47:12 | 11,44 | 5:15 |
| 53 | 226 | DAEMERS GEERT | ERTVELDE | M | 47 | 0:47:18 | 11,42 | 5:15 |
| 54 | 244 | CLAEYS PATRICK | OOSTEEKLO | M | 48 | 0:47:45 | 11,31 | 5:18 |
| 55 | 264 | MEKEIREL GINO | WAARSCHOT | M | 49 | 0:47:49 | 11,29 | 5:19 |
| 56 | 267 | DHONDT CHRISTINE | GAVERE | V | 7 | 0:47:54 | 11,27 | 5:19 |
| 57 | 250 | HAERS TINEKE | WATERVLIET | V | 8 | 0:47:57 | 11,26 | 5:20 |
| 58 | 204 | DE MUYNCK SABINE | DRONGEN | V | 9 | 0:49:18 | 10,95 | 5:29 |
| 59 | 238 | LOCY DANNY | AALTER | M | 50 | 0:49:21 | 10,94 | 5:29 |
| 60 | 241 | DEMILDE JEAN PIERRE | URSEL | M | 51 | 0:49:53 | 10,83 | 5:33 |
| 61 | 270 | DEWILDE CHRISTOPHE | SINT MARGRIETE | M | 52 | 0:50:15 | 10,75 | 5:35 |
| 62 | 235 | GEERAERT ANNCIK | ZOMERGEM | V | 10 | 0:50:18 | 10,74 | 5:35 |
| 63 | 279 | VERWEEN JOHAN | LEMBEKE | M | 53 | 0:50:20 | 10,73 | 5:36 |
| 64 | 234 | VERSLUYS FIRMIN | KAPRIJKE | M | 54 | 0:50:22 | 10,72 | 5:36 |
| 65 | 290 | VERMESSEN WILFRIED | OUDENAARDE | M | 55 | 0:50:24 | 10,71 | 5:36 |
| 66 | 265 | VAN HECKE ROBERT | WAARSCHOOT | M | 56 | 0:50:48 | 10,63 | 5:39 |
| 67 | 227 | MACHTELINCKX ETIENNE | MARIAKERKE | M | 57 | 0:50:51 | 10,62 | 5:39 |
| 68 | 233 | MATHYS ANTOINE | | M | 58 | 0:51:32 | 10,48 | 5:44 |
| 69 | 275 | VAN HOOREBEKE JOHAN | EVERGEM | M | 59 | 0:51:34 | 10,47 | 5:44 |
| 70 | 232 | DE CONINCK NICOLE | ST_JAN_IN EREMO | V | 11 | 0:51:37 | 10,46 | 5:44 |
| 71 | 249 | DE RIDDER AGNES | ZUIDDORPE | V | 12 | 0:52:07 | 10,36 | 5:47 |
| 72 | 253 | DE HUYVETTER PAULETTE | ZELZATE | V | 13 | 0:52:16 | 10,33 | 5:48 |
| 73 | 254 | INGELS GRETA | WATERVLIET | V | 14 | 0:52:31 | 10,28 | 5:50 |
| 74 | 255 | HAERS MARMIX | WATERVLIET | M | 60 | 0:52:36 | 10,27 | 5:51 |
| 75 | 263 | DESMET ANN | EVERGEM | V | 15 | 0:52:40 | 10,25 | 5:51 |
| 76 | 262 | ROETE MARIA | EVERGEM | M | 61 | 0:52:41 | 10,25 | 5:51 |
| 77 | 240 | SCHELDEWAERT GILBERTE | ST AMANDSBERG | M | 62 | 0:53:44 | 10,05 | 5:58 |
| 78 | 251 | VAN HOOREBEKE ERIC | OOSTAKKER | M | 63 | 0:53:46 | 10,04 | 5:58 |
| 79 | 259 | CRIEL CLAUDIA | EVERGEM | V | 16 | 0:53:56 | 10,01 | 6:00 |
| 80 | 215 | VAN BELLE MARIA | SLEIDINGE | V | 17 | 0:54:08 | 9,98 | 6:01 |
| 81 | 288 | BRAET LINDA | WAARSCHOOT | V | 18 | 0:54:10 | 9,97 | 6:01 |
| 82 | 212 | TEMMERMAN STEFAAN | KAPRIJKE | M | 64 | 0:54:38 | 9,88 | 6:04 |
| 83 | 209 | LANDUYT NELE | WAARSCHOOT | V | 19 | 0:54:47 | 9,86 | 6:05 |
| 84 | 208 | KATELYN WENDY | WAARSCHOOT | V | 20 | 0:54:49 | 9,85 | 6:05 |
| 85 | 206 | DE GRAEVE LIEVE | WAARSCHOOT | V | 21 | 0:54:55 | 9,83 | 6:06 |
| 86 | 203 | DE GEEST DANIEL | AARTSELAAR | M | 65 | 0:55:42 | 9,69 | 6:11 |
| 87 | 207 | HAES DOMINIQUE | WAARSCHOOT | M | 66 | 0:56:01 | 9,64 | 6:13 |
| 88 | 213 | VAN ACKER MAGDA | WAARSCHOOT | V | 22 | 0:56:03 | 9,63 | 6:14 |
| 89 | 210 | LEYBAERT DOMINIQUE | WAARSCHOOT | V | 23 | 0:56:07 | 9,62 | 6:14 |
| 90 | 296 | TERMONT PHILIP | WAARSCHOOT | M | 67 | 0:56:30 | 9,56 | 6:17 |
| 91 | 465 | DICKX KATRIEN | GAVERE | V | 24 | 0:57:26 | 9,40 | 6:23 |
| 92 | 437 | AERCUS LUC | LOVENDEGEM | M | 68 | 0:57:39 | 9,37 | 6:24 |
| 93 | 289 | DARMAWAN HARIJATI | OUDENAARDE | V | 25 | 0:59:26 | 9,09 | 6:36 |
| 94 | 6 | MASSON LUC | | M | 69 | 1:00:46 | 8,89 | 6:45 |
| 95 | 220 | ROSSIE FREDDY | BOEKHOUTE | M | 70 | 1:00:48 | 8,88 | 6:45 |
| 96 | 260 | VAN ERTVELDE VIVIANE | EVERGEM | V | 26 | 1:03:12 | 8,54 | 7:01 |
| 97 | 229 | VAN DE WALLE FRANKY | GENTBRUGGE | M | 71 | 1:04:24 | 8,39 | 7:09 |
| 98 | 282 | ROGGE JOKE | KRUISSHOUTEM | V | 27 | 1:05:11 | 8,28 | 7:15 |
| 99 | 283 | VAN WASSENBERG BIANCA | WAARSCHOOT | V | 28 | 1:06:59 | 8,06 | 7:27 |

12,7 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|------------------|-----|-------|---------|-------|---------|
| 1 | 421 | BLEYAERT BART | KNESSELARE | M | 1 | 0:41:45 | 18,25 | 3:17 |
| 2 | 409 | WILLEMS RUDY | ERTVELDE | M | 2 | 0:43:18 | 17,60 | 3:25 |
| 3 | 401 | DE BRAUWER HENK | WAARSCHOOT | M | 3 | 0:43:38 | 17,46 | 3:26 |
| 4 | 426 | DEVOS PATRICK | OOSTENDE | M | 4 | 0:43:47 | 17,40 | 3:27 |
| 5 | 429 | VAN DE VEIRE DIRK | OOSTAKKER | M | 5 | 0:45:10 | 16,87 | 3:33 |
| 6 | 456 | BONNE EDDY | MARIA AALTER | M | 6 | 0:45:39 | 16,69 | 3:36 |
| 7 | 454 | LEERS ERIC | ZOMERGEM | M | 7 | 0:46:07 | 16,52 | 3:38 |
| 8 | 462 | VAN CAUWENBERGHE FILIP | DEINZE | M | 8 | 0:47:24 | 16,08 | 3:44 |
| 9 | 404 | ROTS LIEVEN | GENTBRUGGE | M | 9 | 0:47:39 | 15,99 | 3:45 |
| 10 | 460 | VAN DE GEUCHTE JOHAN | EVERGEM | M | 10 | 0:47:59 | 15,88 | 3:47 |
| 11 | 427 | SCHREYEN KURT | EVERGEM | M | 11 | 0:48:01 | 15,87 | 3:47 |
| 12 | 477 | JACOBS BRAM | SLEIDINGE | M | 12 | 0:48:17 | 15,78 | 3:48 |
| 13 | 435 | VAN DEN STEEN JOZEF | DENDERBELLE | M | 13 | 0:48:21 | 15,76 | 3:48 |
| 14 | 447 | CLAEYS ERIK | SLEIDINGE | M | 14 | 0:49:06 | 15,52 | 3:52 |
| 15 | 473 | DE BOT THEO | KOEWACHT | M | 15 | 0:49:07 | 15,51 | 3:52 |
| 16 | 459 | NACHTERGAELE PIERRE | ZWIJNAARDE | M | 16 | 0:49:54 | 15,27 | 3:56 |
| 17 | 439 | PLOVIE MARNIX | MERENDREE | M | 17 | 0:50:12 | 15,18 | 3:57 |
| 18 | 441 | MAERAERT STEVEN | LOVENDEGEM | M | 18 | 0:50:59 | 14,95 | 4:01 |
| 19 | 419 | VAN DE VELDE JOHAN | WINGENE | M | 19 | 0:51:04 | 14,92 | 4:01 |
| 20 | 480 | VAN HYFTE DIRK | KAPRIJKE | M | 20 | 0:52:12 | 14,60 | 4:07 |
| 21 | 478 | DECAUSMAECKER FRANS | SINT JAN INEREMO | M | 21 | 0:52:14 | 14,59 | 4:07 |
| 22 | 417 | COUVREUR MARTIN | KORTEMARK | M | 22 | 0:52:33 | 14,50 | 4:08 |
| 23 | 466 | VAN DE WALLE CHRISTIAAN | LEMBEKE | M | 23 | 0:52:38 | 14,48 | 4:09 |
| 24 | 422 | DHANENS FREDDY | EEKLO | M | 24 | 0:53:09 | 14,34 | 4:11 |
| 25 | 481 | DE MEYER TOM | SLEIDINGE | M | 25 | 0:53:13 | 14,32 | 4:11 |
| 26 | 461 | DE GROOTE ADELIN | EVERGEM | M | 26 | 0:53:15 | 14,31 | 4:12 |
| 27 | 440 | CLAUS ERIC | WONDELGEM | M | 27 | 0:53:17 | 14,30 | 4:12 |
| 28 | 464 | DE VIS SVEN | WAARSCHOOT | M | 28 | 0:54:01 | 14,11 | 4:15 |
| 29 | 449 | VAN DRIESSHE JURGEN | OOSTAKKER | M | 29 | 0:55:27 | 13,74 | 4:22 |
| 30 | 423 | STUART NOEL | WAARSCHOOT | M | 30 | 0:55:28 | 13,74 | 4:22 |
| 31 | 467 | DEMEESTER RONNY | WAARSCHOOT | M | 31 | 0:55:30 | 13,73 | 4:22 |
| 32 | 405 | SERHIY STASIV | RUISLEDE | M | 32 | 0:55:32 | 13,72 | 4:22 |
| 33 | 472 | VAN DE WOESTYNE GEERT | EVERGEM | M | 33 | 0:56:09 | 13,57 | 4:25 |
| 34 | 438 | TURREKENS DIRK | ZOMERGEM | M | 34 | 0:56:23 | 13,51 | 4:26 |
| 35 | 415 | DE GROOTE CHRISTIAN | MERELBEKE | M | 35 | 0:56:37 | 13,46 | 4:27 |
| 36 | 433 | VERSTRYNGE ANDRE | MALDEGEM | M | 36 | 0:56:54 | 13,39 | 4:29 |
| 37 | 482 | RAMAN JOOST | EVERGEM | M | 37 | 0:57:30 | 13,25 | 4:32 |
| 38 | 444 | CORNELIS AUREL | ST LAUREINS | M | 38 | 0:57:47 | 13,19 | 4:33 |
| 39 | 468 | BOELENS GEERT | ST LAUREINS | M | 39 | 0:57:49 | 13,18 | 4:33 |
| 40 | 425 | DEVOS CHRIS | EEKLO | M | 40 | 0:57:51 | 13,17 | 4:33 |
| 41 | 448 | VAN DEN BULCKE BENEDIEKT | WAARSCHOOT | M | 41 | 0:57:52 | 13,17 | 4:33 |
| 42 | 402 | INGELS NORBERT | EVERGEM | M | 42 | 0:58:11 | 13,10 | 4:35 |
| 43 | 424 | VERBIEST HENDRIK | EEKLO | M | 43 | 0:58:28 | 13,03 | 4:36 |
| 44 | 479 | WILLEMYNS DIRK | KRUISSHOUTEM | M | 44 | 0:58:37 | 13,00 | 4:37 |
| 45 | 453 | DIRK LUCAS | ASSEBROEK | M | 45 | 0:58:39 | 12,99 | 4:37 |
| 46 | 451 | VAN PETEGEM FREDDY | LOVENDEGEM | M | 46 | 0:58:41 | 12,98 | 4:37 |
| 47 | 410 | CRAPE JULIEN | LOVENDEGEM | M | 47 | 0:58:48 | 12,96 | 4:38 |
| 48 | 463 | DE JAEGER ROGER | SLEIDINGE | M | 48 | 0:58:52 | 12,94 | 4:38 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|-------------------------|---------------|-----|-------|---------|-------|---------|
| 49 | 484 | DE KEZEL MARTIN | WACHTEBEKE | M | 49 | 0:58:58 | 12,92 | 4:39 |
| 50 | 432 | VAN NIEUWENHUYZE ERIC | MOERBEKE WAAS | M | 50 | 0:59:11 | 12,88 | 4:40 |
| 51 | 411 | QUIPOR ANDRE | NAZARETH | M | 51 | 0:59:12 | 12,87 | 4:40 |
| 52 | 434 | DE BAETS JAKY | EEKLO | M | 52 | 1:00:01 | 12,70 | 4:44 |
| 53 | 420 | DAUW GEERT | WAARSCHOOT | M | 53 | 1:00:51 | 12,52 | 4:47 |
| 54 | 452 | DIERICK CINDY | BRUGGE | V | 1 | 1:01:02 | 12,48 | 4:48 |
| 55 | 475 | VAN DE VELDE RONY | ST AMANDSBERG | M | 54 | 1:01:08 | 12,46 | 4:49 |
| 56 | 469 | VAN DE GENACHTE ERIK | EEKLO | M | 55 | 1:01:51 | 12,32 | 4:52 |
| 57 | 406 | VAN BALLEMBERGHE WALTER | DRONGEN | M | 56 | 1:02:02 | 12,28 | 4:53 |
| 58 | 470 | VAN HOVE FRANK | LOVENDEGEM | M | 57 | 1:02:26 | 12,21 | 4:55 |
| 59 | 400 | DE BLAERE LUC | WAARSCHOOT | M | 58 | 1:03:02 | 12,09 | 4:58 |
| 60 | 455 | DE LANNUY CHRISTIAN | BELLEM | M | 59 | 1:03:40 | 11,97 | 5:01 |
| 61 | 483 | GEENENS GEERT | MELLE | M | 60 | 1:03:51 | 11,93 | 5:02 |
| 62 | 457 | DOBBELAERE MARIA | LEMBEKE | V | 2 | 1:03:56 | 11,92 | 5:02 |
| 63 | 471 | VERMEULEN FERNAND | MERENDREE | M | 61 | 1:04:08 | 11,88 | 5:03 |
| 64 | 442 | VERMEERSCH CARINE | NEVELE | V | 3 | 1:04:10 | 11,88 | 5:03 |
| 65 | 408 | WAUTERS MONIQUE | BALGERHOEKE | V | 4 | 1:06:02 | 11,54 | 5:12 |
| 66 | 443 | CARLOS | AALTER | M | 62 | 1:09:11 | 11,01 | 5:27 |
| 67 | 436 | GRAVEEL HEIN | LOTENHULLE | M | 63 | 1:09:14 | 11,01 | 5:27 |
| 68 | 446 | DE LANNOY WIM | AALTER | M | 64 | 1:09:15 | 11,00 | 5:27 |
| 69 | 428 | DE BEUL ROLAND | GRAMMENE | M | 65 | 1:09:21 | 10,99 | 5:28 |
| 70 | 412 | PENNYNCK GERDI | NAZARETH | M | 66 | 1:09:33 | 10,96 | 5:29 |
| 71 | 476 | COQUYT ANN | BASSEVELDE | V | 5 | 1:11:25 | 10,67 | 5:37 |
| 72 | 403 | REYNIERS JAN | SLEIDINGE | M | 67 | 1:11:26 | 10,67 | 5:37 |
| 73 | 445 | VANDERBEKEN ROLAND | GENT | M | 68 | 1:11:32 | 10,65 | 5:38 |
| 74 | 431 | VERMEIRE ALEXANDRINA | OOSTEEKLO | V | 6 | 1:17:05 | 9,89 | 6:04 |
| 75 | 430 | VAN SPAENDONK WERNER | OOSTEEKLO | M | 69 | 1:17:06 | 9,88 | 6:04 |