

22e Sirenejogging Middelkerke - 21 augustus 2005

Alpro Ladies Run - 5 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-------------------------|--------------|------|-------|---------|-------|---------|
| 1 | 3720 | OOGHE Kathy | Dilbeek | VSEN | 1 | 0:17:32 | 17,11 | 3:30 |
| 2 | 3734 | PIETERS Evy | Oostende | VMAS | 1 | 0:18:10 | 16,51 | 3:38 |
| 3 | 3747 | VANNESTE Charline | Izegem | VMAS | 2 | 0:18:27 | 16,26 | 3:41 |
| 4 | 3731 | DEKETELAERE Annelies | Torhout | VMAS | 3 | 0:19:21 | 15,50 | 3:52 |
| 5 | 3749 | MARIEN Jessica | Brussel | VJUN | 1 | 0:19:29 | 15,40 | 3:54 |
| 6 | 3745 | VERBAUWHEDE Marianne | Dentergem | VKAD | 1 | 0:19:41 | 15,24 | 3:56 |
| 7 | 3690 | VAN RENTERGEM Nadine | Varsenare | VKAD | 2 | 0:20:08 | 14,90 | 4:02 |
| 8 | 3737 | GALLEIN Sofie | Gits | VJUN | 2 | 0:20:09 | 14,89 | 4:02 |
| 9 | 3676 | ROELANDTS Sophie | Brussel | VSEN | 2 | 0:20:25 | 14,69 | 4:05 |
| 10 | 3705 | DE BUYSSCHER Karine | Kerksken | VKAD | 3 | 0:20:34 | 14,59 | 4:07 |
| 11 | 3748 | RO TSAERT Ilse | Brugge | VMAS | 4 | 0:20:43 | 14,48 | 4:09 |
| 12 | 3688 | VANCOMPENOLLE Layla | Zonnebeke | VJUN | 3 | 0:20:54 | 14,35 | 4:11 |
| 13 | 3710 | WILLEMS Joyce | Middelkerke | VSEN | 3 | 0:20:57 | 14,32 | 4:11 |
| 14 | 3730 | VANNESTE Liesbeth | Marke | VMAS | 5 | 0:21:01 | 14,27 | 4:12 |
| 15 | 3724 | VISSERS Anja | Maasmechelen | VSEN | 4 | 0:21:03 | 14,25 | 4:13 |
| 16 | 3699 | DE JAEGERE Mia | Ingooigem | VKAD | 4 | 0:21:08 | 14,20 | 4:14 |
| 17 | 3719 | VAN MOORTELE Yasmine | Wommelgem | VJUN | 4 | 0:21:13 | 14,14 | 4:15 |
| 18 | 3695 | CASTELLANA Corinne | Brussel | VKAD | 5 | 0:21:17 | 14,10 | 4:15 |
| 19 | 3714 | NIJS Rita | Gent | VKAD | 6 | 0:21:26 | 14,00 | 4:17 |
| 20 | 3693 | PAUWELS Valerie | Gistel | VMAS | 6 | 0:21:53 | 13,71 | 4:23 |
| 21 | 3727 | YSERBYT Mia | Zwevegem | VKAD | 7 | 0:21:59 | 13,65 | 4:24 |
| 22 | 3694 | HUYS Ilse | Oostkamp | VMAS | 7 | 0:22:33 | 13,30 | 4:31 |
| 23 | 3696 | VERVOORT Wendy | Ekeren | VMAS | 8 | 0:22:39 | 13,25 | 4:32 |
| 24 | 3744 | DE NYS Viviane | Oostende | VKAD | 8 | 0:23:12 | 12,93 | 4:38 |
| 25 | 3717 | SEMAY Eike | Antwerpen | VMAS | 9 | 0:23:27 | 12,79 | 4:41 |
| 26 | 3732 | DHAVELOOSE Heidi | Lauwe | VMAS | 10 | 0:23:33 | 12,74 | 4:43 |
| 27 | 3723 | VAN DER LOOVEN Els | Oostende | VMAS | 11 | 0:23:46 | 12,62 | 4:45 |
| 28 | 3742 | NELIS Ulrike | Oedelem | VJUN | 5 | 0:23:46 | 12,62 | 4:45 |
| 29 | 3697 | BOGAERTS Josee | Meerbeek | VKAD | 9 | 0:23:55 | 12,54 | 4:47 |
| 30 | 3708 | CALLENS Elise | Desselgem | VJUN | 6 | 0:24:49 | 12,09 | 4:58 |
| 31 | 3722 | VANDERPOORTEN Saskia | Drongen | VKAD | 10 | 0:24:54 | 12,05 | 4:59 |
| 32 | 3746 | PEETERS Diane | Diest | VKAD | 11 | 0:25:05 | 11,96 | 5:01 |
| 33 | 3718 | JOOS Els | Puurs | VMAS | 12 | 0:25:15 | 11,88 | 5:03 |
| 34 | 3684 | GOODAIR Amelia | Barnsley | VJUN | 7 | 0:25:16 | 11,87 | 5:03 |
| 35 | 3685 | PITT G-Louise | Barnsley | VMAS | 13 | 0:25:18 | 11,86 | 5:04 |
| 36 | 3707 | CALLENS Heleen | Desselgem | VMAS | 14 | 0:25:22 | 11,83 | 5:04 |
| 37 | 3701 | BUSSCHOTS An | Kasterlee | VKAD | 12 | 0:25:49 | 11,62 | 5:10 |
| 38 | 3741 | DE MARTELEIRE Veronique | Oedelem | VKAD | 13 | 0:26:03 | 11,52 | 5:13 |
| 39 | 3702 | DEWIL Elia | Winksele | VKAD | 14 | 0:26:12 | 11,45 | 5:14 |
| 40 | 3739 | VAN NIEUWENHUYZ Martine | Deinze | VKAD | 15 | 0:26:28 | 11,34 | 5:18 |
| 41 | 3704 | TEMMERMAN Els | Zelee | VKAD | 16 | 0:26:32 | 11,31 | 5:18 |
| 42 | 3738 | CORTIER Chantal | Deinze | VKAD | 17 | 0:26:40 | 11,25 | 5:20 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|--------------------|------|-------|---------|-------|---------|
| 43 | 3733 | HEYNDRYCKX Karine | Beveren | VKAD | 18 | 0:26:43 | 11,23 | 5:21 |
| 44 | 3726 | DE LILLE Solange | Middelkerke | VKAD | 19 | 0:26:52 | 11,17 | 5:22 |
| 45 | 3729 | VAN DEN HEUVEL Christine | Mollem | VKAD | 20 | 0:27:02 | 11,10 | 5:24 |
| 46 | 3728 | CATTELAÏN Ann | Middelkerke | VKAD | 21 | 0:27:06 | 11,07 | 5:25 |
| 47 | 3735 | PINCKET Daisy | Oostende | VKAD | 22 | 0:27:21 | 10,97 | 5:28 |
| 48 | 3740 | NELIS Silke | Oedelem | VSEN | 5 | 0:27:57 | 10,73 | 5:35 |
| 49 | 3711 | VERSCHUEREN Viviane | Leest | VKAD | 23 | 0:28:07 | 10,67 | 5:37 |
| 50 | 3689 | MASSIE Rebecca | Boutersem | VMAS | 15 | 0:28:20 | 10,59 | 5:40 |
| 51 | 3679 | CNOPS Lieselotte | Boortmeerbeek | VMAS | 16 | 0:28:41 | 10,46 | 5:44 |
| 52 | 3725 | LEMAIRE Fabienn | Lintier | VKAD | 24 | 0:29:11 | 10,28 | 5:50 |
| 53 | 3703 | MOREELS Fien | Zele | VJUN | 8 | 0:29:14 | 10,26 | 5:51 |
| 54 | 3716 | STOFFELS Kristel | St-Katelijne-Waver | VKAD | 25 | 0:29:24 | 10,20 | 5:53 |
| 55 | 3681 | JONES Roselyn | Campsall Bal | VKAD | 26 | 0:29:28 | 10,18 | 5:54 |
| 56 | 3743 | AULENBACH Sabine | Lombardsijde | VKAD | 27 | 0:29:38 | 10,12 | 5:56 |
| 57 | 3713 | VAN DE VELDE Linda | Denderleeuw | VKAD | 28 | 0:29:45 | 10,08 | 5:57 |
| 58 | 3698 | JACOBS Mariette | | VMAS | 17 | 0:29:46 | 10,08 | 5:57 |
| 59 | 3709 | VAN WAEYENBERGH Brenda | Gentbrugge | VMAS | 18 | 0:29:47 | 10,07 | 5:57 |
| 60 | 3721 | LAUREYSSSENS Nora | Mechelen | VKAD | 29 | 0:29:58 | 10,01 | 6:00 |
| 61 | 3680 | GUMMERSON Rita | Askern Donca | VKAD | 30 | 0:30:00 | 10,00 | 6:00 |
| 62 | 3736 | GOETEYN Christelle | Deinze | VKAD | 31 | 0:30:47 | 9,75 | 6:09 |
| 63 | 3691 | MAEYAERT Carine | Lauwe | VKAD | 32 | 0:31:16 | 9,59 | 6:15 |
| 64 | 3678 | CRISCENZO Marie | Engis | VKAD | 33 | 0:31:20 | 9,57 | 6:16 |
| 65 | 3677 | DE GRANDE Angelique | Assebroek | VMAS | 19 | 0:31:49 | 9,43 | 6:22 |
| 66 | 3700 | JACOBS Mariette | Heverlee | VKAD | 34 | 0:32:08 | 9,34 | 6:26 |
| 67 | 3712 | DUSAUTOIR-DEROO Marie | Fletre | VKAD | 35 | 0:32:33 | 9,22 | 6:31 |
| 68 | 3706 | VAN NUFFEL Kathleen | Aalst | VKAD | 36 | 0:32:57 | 9,10 | 6:35 |
| 69 | 3687 | BORRA Amy | Veldegem | VMAS | 20 | 0:34:26 | 8,71 | 6:53 |
| 70 | 3686 | VELLEMAN Ilse | Mechelen | VKAD | 37 | 0:34:52 | 8,60 | 6:58 |
| 71 | 3715 | DEBEUCKELAERE Ellen | Middelkerke | VMAS | 21 | 0:38:00 | 7,89 | 7:36 |
| 72 | 3683 | CAIRNS L-Zoe | Doncaster | VKAD | 38 | 0:39:31 | 7,59 | 7:54 |
| 73 | 3682 | WARD E-Ann | Doncaster | VKAD | 39 | 0:39:32 | 7,59 | 7:54 |

Radio Contact Mens Run - 5 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|-------------------------|------------------|------|-------|---------|-------|---------|
| 1 | 3052 | VERSTRAETE Didier | Langemark | MSEN | 1 | 0:15:01 | 19,98 | 3:00 |
| 2 | 3051 | DUJARDYN Pedro | Ooigem | MSEN | 2 | 0:15:27 | 19,42 | 3:05 |
| 3 | 3057 | GALLEIN Dirk | Gits | MMAS | 1 | 0:15:39 | 19,17 | 3:08 |
| 4 | 3066 | DESCHODT Bert | Harelbeke | MSEN | 3 | 0:15:47 | 19,01 | 3:09 |
| 5 | 3053 | VANNIEUWENHUYZE Michael | Bavikhove | MSEN | 4 | 0:16:11 | 18,54 | 3:14 |
| 6 | 3034 | DE NYS Maarten | Middelkerke | MJUN | 1 | 0:16:48 | 17,86 | 3:22 |
| 7 | 3044 | JACQUEMYN Tony | Oostakker | MSEN | 5 | 0:17:03 | 17,60 | 3:25 |
| 8 | 3023 | HEYE Glen | Dworp | MSEN | 6 | 0:17:10 | 17,48 | 3:26 |
| 9 | 3048 | DEFROIRDT Tom | Anzegem | MSEN | 7 | 0:17:19 | 17,32 | 3:28 |
| 10 | 3058 | DEVREKER Ben | Keiem | MKAD | 1 | 0:17:31 | 17,13 | 3:30 |
| 11 | 3003 | ROELANTS Maarten | Braschaat | MJUN | 2 | 0:17:44 | 16,92 | 3:33 |
| 12 | 3062 | VAN DER AUWERA Luc | Heist-O/D-Berg | MMAS | 2 | 0:17:49 | 16,84 | 3:34 |
| 13 | 3042 | DE WOLF Hans | Ninove | MSEN | 8 | 0:18:09 | 16,53 | 3:38 |
| 14 | 3025 | VERCRUYSE Johnny | Slijpe | MSEN | 9 | 0:18:22 | 16,33 | 3:40 |
| 15 | 3020 | DE KETELE Eddy | Vichte | MMAS | 3 | 0:18:24 | 16,30 | 3:41 |
| 16 | 3014 | VAN DAELE Noel | Varsenare | MMAS | 4 | 0:18:30 | 16,22 | 3:42 |
| 17 | 3047 | SCHAMBERGER Michael | Michelau (Ger) | MMAS | 5 | 0:18:30 | 16,22 | 3:42 |
| 18 | 3029 | LEPOUDRE Niek | Oostende | MKAD | 2 | 0:18:41 | 16,06 | 3:44 |
| 19 | 3024 | VERCRUYCE Tyson | Slijpe | MKAD | 3 | 0:18:45 | 16,00 | 3:45 |
| 20 | 3063 | VAN DEN BROECK Marc | Haacht | MMAS | 6 | 0:19:50 | 15,13 | 3:58 |
| 21 | 3059 | VANHEULE Marc | Koekelare | MSEN | 10 | 0:19:56 | 15,05 | 3:59 |
| 22 | 3013 | SPILEERS Patrick | Brugge | MSEN | 11 | 0:19:58 | 15,03 | 4:00 |
| 23 | 3068 | BINON Mark | Blanden | MSEN | 12 | 0:20:07 | 14,91 | 4:01 |
| 24 | 3040 | BERNARD Pierrieck | Anzin | MKAD | 4 | 0:20:23 | 14,72 | 4:05 |
| 25 | 3005 | DE DONCKER Sam | Lennik | MJUN | 3 | 0:20:27 | 14,67 | 4:05 |
| 26 | 3054 | RAEYMAEKERS Jorn | Merchtem | MKAD | 5 | 0:20:33 | 14,60 | 4:07 |
| 27 | 3041 | BERNARD Florian | Anzin | MJUN | 4 | 0:20:42 | 14,49 | 4:08 |
| 28 | 3026 | VASTESAEGER Christophe | St-Pieters-Leeuw | MSEN | 13 | 0:20:47 | 14,43 | 4:09 |
| 29 | 3036 | DUSAUTOIR Frederic | Fletre | MMAS | 7 | 0:20:48 | 14,42 | 4:10 |
| 30 | 3049 | MISSIAEN Andre | Waregem | MMAS | 8 | 0:21:00 | 14,29 | 4:12 |
| 31 | 3039 | LEVANT Maxence | Anzin | MJUN | 5 | 0:21:05 | 14,23 | 4:13 |
| 32 | 3056 | PELLIS Fon | Baarle-Hertog | MMAS | 9 | 0:21:21 | 14,05 | 4:16 |
| 33 | 3010 | GOORIS Rudy | Pellenberg | MMAS | 10 | 0:21:25 | 14,01 | 4:17 |
| 34 | 3007 | ROELANTS Jasper | Braschaat | MKAD | 6 | 0:21:32 | 13,93 | 4:18 |
| 35 | 3004 | ROELANTS Ruben | Braschaat | MJUN | 6 | 0:21:35 | 13,90 | 4:19 |
| 36 | 3027 | DECORTE Taco | Oostduinkerke | MKAD | 7 | 0:21:39 | 13,86 | 4:20 |
| 37 | 3064 | BAUS Guido | Loonbeek | MMAS | 11 | 0:22:10 | 13,53 | 4:26 |
| 38 | 3032 | AMPE Pieter | Middelkerke | MJUN | 7 | 0:22:14 | 13,49 | 4:27 |
| 39 | 3011 | SPENCER WOOD Julian | Bromley | MMAS | 12 | 0:22:16 | 13,47 | 4:27 |
| 40 | 3060 | HERMAN Geert | Lochristi | MMAS | 13 | 0:22:18 | 13,45 | 4:28 |
| 41 | 3012 | SYMOEN Glenn | Roksem | MSEN | 14 | 0:22:28 | 13,35 | 4:30 |
| 42 | 3031 | SCHAMELHOUT Jeroen | Harelbeke | MKAD | 8 | 0:22:38 | 13,25 | 4:32 |
| 43 | 3038 | DEGEEST Nick | Boutersem | MJUN | 8 | 0:22:38 | 13,25 | 4:32 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|----------------|------|-------|---------|-------|---------|
| 44 | 3050 | D'HAVELOOSE Tom | Wevelgem | MSEN | 15 | 0:22:44 | 13,20 | 4:33 |
| 45 | 3030 | HEURCKMANS Johnny | Winksele | MMAS | 14 | 0:22:45 | 13,19 | 4:33 |
| 46 | 3015 | LAMBERT Filip | Lauwe | MSEN | 16 | 0:22:46 | 13,18 | 4:33 |
| 47 | 3016 | CASTELLANA Bryan | Brussel | MKAD | 9 | 0:22:52 | 13,12 | 4:34 |
| 48 | 3045 | PATTYN Wim | Middelkerke | MSEN | 17 | 0:22:53 | 13,11 | 4:35 |
| 49 | 3067 | DEMAN Kris | Koksijde | MSEN | 18 | 0:22:56 | 13,08 | 4:35 |
| 50 | 3037 | SWILLEN Tom | Boutersen | MJUN | 9 | 0:23:09 | 12,96 | 4:38 |
| 51 | 3018 | VAN DYCK Andy | Berchem | MSEN | 19 | 0:23:15 | 12,90 | 4:39 |
| 52 | 3035 | DUSAUTOIR Quentin | Fletre | MSEN | 20 | 0:23:20 | 12,86 | 4:40 |
| 53 | 3022 | RIVERS Josef | Great Barford | MKAD | 10 | 0:23:24 | 12,82 | 4:41 |
| 54 | 3017 | SCHEERLINCK Eddy | Denderleeuw | MMAS | 15 | 0:23:44 | 12,64 | 4:45 |
| 55 | 3043 | PAULUS Yves | Dilbeek | MSEN | 21 | 0:24:05 | 12,46 | 4:49 |
| 56 | 3008 | COLLINGWOOD Dave | Doncaster | MMAS | 16 | 0:25:17 | 11,87 | 5:03 |
| 57 | 3009 | COOK Roy | Upton Pontef | MMAS | 17 | 0:25:35 | 11,73 | 5:07 |
| 58 | 3065 | HOUCK Willi | Gistel | MMAS | 18 | 0:26:33 | 11,30 | 5:19 |
| 59 | 3002 | BECHET Corentin | Engis | MKAD | 11 | 0:27:20 | 10,98 | 5:28 |
| 60 | 3028 | BLOMME P-Jan | Sint-Joris | MJUN | 10 | 0:27:38 | 10,86 | 5:32 |
| 61 | 3021 | DE NORRE Marnik | Geraardsbergen | MSEN | 22 | 0:27:48 | 10,79 | 5:34 |
| 62 | 3019 | CRESIS Felix | Tienen | MMAS | 19 | 0:27:53 | 10,76 | 5:35 |
| 63 | 3033 | VAN WAYENBERGH Mario | Herzele | MSEN | 23 | 0:28:53 | 10,39 | 5:47 |
| 64 | 3046 | GHIJSSELS Roger | Oetingen | MMAS | 20 | 0:28:58 | 10,36 | 5:48 |
| 65 | 3000 | BEUTEN Philippe | St Andries | MMAS | 21 | 0:31:48 | 9,43 | 6:22 |

Middelkerke Run - 10 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|---------------------|------------------|------|-------|---------|-------|---------|
| 1 | 1609 | MOUTON Christof | Maldegem | MSEN | 1 | 0:30:57 | 19,39 | 3:06 |
| 2 | 1781 | PHILIPS Kurt | Zwijnaarde | MSEN | 2 | 0:32:11 | 18,64 | 3:13 |
| 3 | 1673 | BULTINCK Marc | Deinze | MMAS | 1 | 0:32:16 | 18,60 | 3:14 |
| 4 | 1742 | VERBEKE Dominique | Bredene | MSEN | 3 | 0:32:56 | 18,22 | 3:18 |
| 5 | 1632 | VERLEYEN Carlo | Ingooigem | MMAS | 2 | 0:33:21 | 17,99 | 3:20 |
| 6 | 1622 | GOODAIR Andrew | Barnsley | MSEN | 4 | 0:33:26 | 17,95 | 3:21 |
| 7 | 1771 | VERVAEKE Jan | Kortrijk | MSEN | 5 | 0:33:33 | 17,88 | 3:21 |
| 8 | 1751 | WEYTS Jean | Hechtel | MMAS | 3 | 0:33:42 | 17,80 | 3:22 |
| 9 | 1780 | BROUCKE Steven | Diksmuide | MSEN | 6 | 0:33:49 | 17,74 | 3:23 |
| 10 | 1639 | BONTE Gino | Westrozebeke | MSEN | 7 | 0:34:04 | 17,61 | 3:24 |
| 11 | 1633 | DURIVAULT Danny | Koksijde | MMAS | 4 | 0:34:07 | 17,59 | 3:25 |
| 12 | 1802 | LEFEVER Dirk | Heverlee | MMAS | 5 | 0:34:36 | 17,34 | 3:28 |
| 13 | 1773 | VERTHE Sylvie | Kaster | VSEN | 1 | 0:34:40 | 17,31 | 3:28 |
| 14 | 1765 | VERLINDE Bertrand | Gistel | MMAS | 6 | 0:34:45 | 17,27 | 3:29 |
| 15 | 1775 | VAN HOYWEGHEN Nigel | Kontich | MSEN | 8 | 0:35:16 | 17,01 | 3:32 |
| 16 | 1654 | AERTS Franky | Maasmechelen | MSEN | 9 | 0:35:19 | 16,99 | 3:32 |
| 17 | 1840 | BECUE Johan | Veurne | MMAS | 7 | 0:35:26 | 16,93 | 3:33 |
| 18 | 1630 | VANPARYS Joseph | Ramskapelle | MMAS | 8 | 0:35:29 | 16,91 | 3:33 |
| 19 | 1621 | WINTER D-Richard | Barnsley | MSEN | 10 | 0:35:36 | 16,85 | 3:34 |
| 20 | 1808 | D'HAESE Veerle | Oostende | VSEN | 2 | 0:35:38 | 16,84 | 3:34 |
| 21 | 1833 | LANNOO Frank | Meulebeke | MMAS | 9 | 0:35:46 | 16,78 | 3:35 |
| 22 | 1692 | TREMERIE Geoffrey | Harelbeke | MSEN | 11 | 0:35:50 | 16,74 | 3:35 |
| 23 | 1755 | COOYMANS Patrick | Dessel | MMAS | 10 | 0:35:53 | 16,72 | 3:35 |
| 24 | 1623 | COLLINGWOOD Paul | Norton Doncaster | MSEN | 12 | 0:35:55 | 16,71 | 3:35 |
| 25 | 1827 | HELIN Christophe | Nandrin | MSEN | 13 | 0:36:00 | 16,67 | 3:36 |
| 26 | 1803 | MAES Bart | Brugge | MMAS | 11 | 0:37:03 | 16,19 | 3:42 |
| 27 | 1806 | BRUGGEMAN Andre | Evergem | MMAS | 12 | 0:37:19 | 16,08 | 3:44 |
| 28 | 1646 | THIEREN Stijn | Middelkerke | MMAS | 13 | 0:37:32 | 15,99 | 3:45 |
| 29 | 1631 | DANNEELS Annemie | Ramskapelle | VMAS | 1 | 0:37:37 | 15,95 | 3:46 |
| 30 | 1753 | LIEKENS Peter | Middelkerke | MSEN | 14 | 0:37:43 | 15,91 | 3:46 |
| 31 | 1774 | VAN HOOGTEN Koen | Hulshout | MSEN | 15 | 0:37:57 | 15,81 | 3:48 |
| 31 | 2116 | DEMARGD Lieven | | VMAS | 33 | 1:24:37 | 7,09 | 8:28 |
| 32 | 1629 | LEFEVERE Willy | Oostende | MMAS | 14 | 0:38:04 | 15,76 | 3:48 |
| 33 | 1628 | VERMEERSCH Nicole | Blankenberge | VMAS | 2 | 0:38:12 | 15,71 | 3:49 |
| 34 | 1696 | FOUSS Nicholas | Oostende | MSEN | 16 | 0:38:14 | 15,69 | 3:49 |
| 35 | 1829 | VANDAELE Diederik | Westende | MSEN | 17 | 0:38:20 | 15,65 | 3:50 |
| 36 | 1820 | HUYS Guido | Pittem | MMAS | 15 | 0:38:23 | 15,63 | 3:50 |
| 37 | 1795 | DEVILDER Patrick | St-Andries | MMAS | 16 | 0:38:40 | 15,52 | 3:52 |
| 38 | 1793 | VINGERHOETS Koen | Schelle | MSEN | 18 | 0:38:44 | 15,49 | 3:52 |
| 39 | 1768 | FERGUSON Jerry | Oostende | MSEN | 19 | 0:38:48 | 15,46 | 3:53 |
| 40 | 1752 | VAN DER LANS Loek | Brielle | MMAS | 17 | 0:38:50 | 15,45 | 3:53 |
| 41 | 1794 | BEKAERT Serge | Desselgem | MMAS | 18 | 0:38:50 | 15,45 | 3:53 |
| 42 | 1784 | VERWERFT Marc | Wilrijk | MMAS | 19 | 0:39:11 | 15,31 | 3:55 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------|-------------------|------|-------|---------|-------|---------|
| 43 | 1761 | DEFLANDRE Sven | Anderlecht | MSEN | 20 | 0:39:16 | 15,28 | 3:56 |
| 44 | 1807 | VANDENBERGH Norman | Haasrode | MSEN | 21 | 0:39:29 | 15,20 | 3:57 |
| 45 | 1693 | JACQUIN Gilles | Brussel | MMAS | 20 | 0:40:26 | 14,84 | 4:03 |
| 46 | 1645 | DE BOT Theo | Koewacht | MMAS | 21 | 0:40:37 | 14,77 | 4:04 |
| 47 | 1743 | CRAS Stefan | Laakdal | MSEN | 22 | 0:40:54 | 14,67 | 4:05 |
| 48 | 1778 | MALFAIT Marjan | Blankenberge | VMAS | 3 | 0:40:57 | 14,65 | 4:06 |
| 49 | 1737 | GOES Dirk | Middelkerke | MMAS | 22 | 0:41:07 | 14,59 | 4:07 |
| 50 | 1836 | WANSART Eric | Vielsalm | MSEN | 23 | 0:41:13 | 14,56 | 4:07 |
| 51 | 1658 | GRAVEEL Lieve | Deinze | VSEN | 3 | 0:41:24 | 14,49 | 4:08 |
| 52 | 1684 | DEBRUYNE Rik | Middelkerke | MMAS | 23 | 0:41:34 | 14,43 | 4:09 |
| 53 | 1832 | THIENPONT Ria | Brugge | VSEN | 4 | 0:41:53 | 14,33 | 4:11 |
| 54 | 1800 | ROELS Bernard | Blankenberge | MMAS | 24 | 0:41:54 | 14,32 | 4:11 |
| 55 | 1763 | GARRE Werner | Leerbeek | MSEN | 24 | 0:41:58 | 14,30 | 4:12 |
| 56 | 1627 | VIANE Ruth | Blankenberge | VMAS | 4 | 0:41:59 | 14,29 | 4:12 |
| 57 | 1512 | LEVECKE Sophie | Oostende | VMAS | 5 | 0:42:01 | 14,28 | 4:12 |
| 58 | 1672 | VANHOVE Hans | | MSEN | 25 | 0:42:12 | 14,22 | 4:13 |
| 59 | 1835 | MAERTENS David | Lichtervelde | MSEN | 26 | 0:42:15 | 14,20 | 4:14 |
| 60 | 1613 | VINCENT Patrick | Hever | MSEN | 27 | 0:42:22 | 14,16 | 4:14 |
| 61 | 1791 | COUVREUR Martin | Kortemark | MMAS | 25 | 0:42:31 | 14,11 | 4:15 |
| 62 | 1799 | LEMMENS Glenn | Wilsele | MSEN | 28 | 0:42:33 | 14,10 | 4:15 |
| 63 | 1790 | DE LEEBEECK Jim | Rotselaar | MSEN | 29 | 0:42:37 | 14,08 | 4:16 |
| 64 | 1750 | HAEYEN Patrick | Bunsbeek | MMAS | 26 | 0:42:44 | 14,04 | 4:16 |
| 65 | 1611 | BULCKE Kathleen | Vladslo | VSEN | 5 | 0:42:49 | 14,01 | 4:17 |
| 66 | 1625 | BULLOCK David | Doncaster | MMAS | 27 | 0:42:52 | 14,00 | 4:17 |
| 67 | 1819 | VERCAMMEN Rudy | Aarschot | MMAS | 28 | 0:43:02 | 13,94 | 4:18 |
| 68 | 1785 | RAEYMAEKERS Eddy | Merchtem | MMAS | 29 | 0:43:07 | 13,92 | 4:19 |
| 69 | 1758 | VISSERS Peter | Vosselaar | MSEN | 30 | 0:43:10 | 13,90 | 4:19 |
| 70 | 1782 | VAN PARIJS Marleen | Bredene | VMAS | 6 | 0:43:13 | 13,88 | 4:19 |
| 71 | 1691 | SCHEERS Nick | Stasegem | MSEN | 31 | 0:43:20 | 13,85 | 4:20 |
| 72 | 1745 | VAN MEURS Ger | Valkenswaard (NI) | MMAS | 30 | 0:43:31 | 13,79 | 4:21 |
| 73 | 1612 | DE SMEDT Stefaan | Meise | MSEN | 32 | 0:43:40 | 13,74 | 4:22 |
| 74 | 1786 | DECOSTER Patrick | Izegem | MMAS | 31 | 0:43:49 | 13,69 | 4:23 |
| 75 | 1501 | MORTIER Raymond | Gistel | MMAS | 32 | 0:43:50 | 13,69 | 4:23 |
| 76 | 1675 | CRESIS Eric | Tienen | MMAS | 33 | 0:43:55 | 13,66 | 4:24 |
| 77 | 1610 | GELUYKENS Ludo | Ramst | MMAS | 34 | 0:43:59 | 13,64 | 4:24 |
| 78 | 1736 | COENEN Jeannine | Ravels | VMAS | 7 | 0:44:03 | 13,62 | 4:24 |
| 79 | 1620 | SHAW Chris | Doncaster | MSEN | 33 | 0:44:17 | 13,55 | 4:26 |
| 80 | 1826 | DE SMEDT Sonja | Vilvoorde | VMAS | 8 | 0:44:38 | 13,44 | 4:28 |
| 81 | 1825 | THIEREN Leen | Middelkerke | VSEN | 6 | 0:44:39 | 13,44 | 4:28 |
| 82 | 1770 | VERBRUGGEN Ivan | Zwalm | MMAS | 35 | 0:44:54 | 13,36 | 4:29 |
| 83 | 1812 | JUNGBLUTH Rudy | Oostende | MMAS | 36 | 0:45:01 | 13,33 | 4:30 |
| 84 | 1657 | BORRA Bart | Veldegem | MSEN | 34 | 0:45:01 | 13,33 | 4:30 |
| 85 | 1759 | GROOT Ronald | Amsterdam (NI) | MMAS | 37 | 0:45:05 | 13,31 | 4:30 |
| 86 | 1679 | IMB O Jean_pierr | St-Eloois-Vijve | MSEN | 35 | 0:45:07 | 13,30 | 4:31 |
| 87 | 1762 | GCAZANIS Georgios | Brussel | MSEN | 36 | 0:45:14 | 13,26 | 4:31 |
| 88 | 1617 | SHAW Brian | Doncaster | MMAS | 38 | 0:45:17 | 13,25 | 4:32 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|------------------|------|-------|---------|-------|---------|
| 89 | 1640 | DENYS Claude | Harelbeke | MMAS | 39 | 0:45:36 | 13,16 | 4:34 |
| 90 | 1643 | BRUNEEL Joost | Gullegem | MSEN | 37 | 0:45:39 | 13,14 | 4:34 |
| 91 | 1653 | KNOCKAERT Georgette | Oostkamp | VMAS | 9 | 0:45:45 | 13,11 | 4:34 |
| 92 | 1688 | MOREELS Simon | Zelee | MSEN | 38 | 0:45:47 | 13,11 | 4:35 |
| 93 | 1787 | DEBOSCHER Wim | Welle | MSEN | 39 | 0:45:49 | 13,10 | 4:35 |
| 94 | 1837 | DE BACKER Marnix | Dadizele | MMAS | 40 | 0:45:51 | 13,09 | 4:35 |
| 95 | 1656 | OTTEVAERE Charlene | Kortrijk | VSEN | 7 | 0:45:52 | 13,08 | 4:35 |
| 96 | 1616 | FENELON Michael | Doncaster | MMAS | 41 | 0:45:56 | 13,06 | 4:36 |
| 97 | 1810 | HEYMANS Mario | Erembodegem | MMAS | 42 | 0:45:57 | 13,06 | 4:36 |
| 98 | 1805 | MEYERS Nancy | Blankenberge | VMAS | 10 | 0:45:58 | 13,05 | 4:36 |
| 99 | 1798 | NEYENS Jules | Blankenberge | MMAS | 43 | 0:46:00 | 13,04 | 4:36 |
| 100 | 1641 | CALLEWAERT Sissi | Torhout | VSEN | 8 | 0:46:01 | 13,04 | 4:36 |
| 101 | 1769 | VERHOEVEN Frank | Dilbeek | MMAS | 44 | 0:46:02 | 13,03 | 4:36 |
| 102 | 1649 | MONBALLIEU Michiel | Zwevezele | MMAS | 45 | 0:46:22 | 12,94 | 4:38 |
| 103 | 1809 | HEYMANS Rudy | Liedekerke | MMAS | 46 | 0:46:24 | 12,93 | 4:38 |
| 104 | 1689 | PILLARDS Jan | Maaseik | MMAS | 47 | 0:46:48 | 12,82 | 4:41 |
| 105 | 1834 | BAL Marc | Hoboken | MSEN | 40 | 0:47:01 | 12,76 | 4:42 |
| 106 | 1626 | MCGOWAN Peter | Skellow Donc | MMAS | 48 | 0:47:12 | 12,71 | 4:43 |
| 107 | 1792 | VERHELLE John | Moorslede | MSEN | 41 | 0:47:20 | 12,68 | 4:44 |
| 108 | 1760 | DIMOSTHENIADIS Constantin | Brussel | MSEN | 42 | 0:47:33 | 12,62 | 4:45 |
| 109 | 1647 | DEMEESTER Etienne | Eghezée | MMAS | 49 | 0:47:37 | 12,60 | 4:46 |
| 110 | 1823 | PATTYN Anneleen | Kessel-Lo | VSEN | 9 | 0:47:41 | 12,58 | 4:46 |
| 111 | 1663 | WOUTERS Yvo | St-Pieters-Leeuw | MMAS | 50 | 0:47:47 | 12,56 | 4:47 |
| 112 | 1749 | VANDEVELDE Carine | Bunsbeek | VMAS | 11 | 0:47:49 | 12,55 | 4:47 |
| 113 | 1614 | RENNEBOOG Piet | Aalst | MMAS | 51 | 0:47:49 | 12,55 | 4:47 |
| 114 | 1764 | VANDENVEN Werner | Hoevenen | MMAS | 52 | 0:47:51 | 12,54 | 4:47 |
| 115 | 1756 | VRANKEN Freddie | Maasmechelen | MMAS | 53 | 0:48:05 | 12,48 | 4:49 |
| 116 | 1748 | WAGEMANS Ludo | Merksplas | MSEN | 43 | 0:48:10 | 12,46 | 4:49 |
| 117 | 1776 | DEGAUQUIE Attilio | Arsimont | MMAS | 54 | 0:48:15 | 12,44 | 4:50 |
| 118 | 1734 | DESCAMPS Wim | Gullegem | MSEN | 44 | 0:48:19 | 12,42 | 4:50 |
| 119 | 1788 | DECUYPER Jean_pierr | Denderleeuw | MMAS | 55 | 0:48:22 | 12,41 | 4:50 |
| 120 | 1830 | GEUENS Nancy | Oostende | VSEN | 10 | 0:48:24 | 12,40 | 4:50 |
| 121 | 1661 | VANHOUTTE John | Rixensart | MMAS | 56 | 0:48:25 | 12,39 | 4:50 |
| 122 | 1671 | CROON Christian | Brussel | MMAS | 57 | 0:48:26 | 12,39 | 4:51 |
| 123 | 1739 | SAMAEY Stefaan | Oostende | MSEN | 45 | 0:48:32 | 12,36 | 4:51 |
| 124 | 1678 | WILLAERT Bart | Heule | MSEN | 46 | 0:48:36 | 12,35 | 4:52 |
| 125 | 1796 | LANSZWEERT Wim | Aartrijke | MMAS | 58 | 0:48:38 | 12,34 | 4:52 |
| 126 | 1828 | VERHAEGEN Dirk | Emblem | MSEN | 47 | 0:48:40 | 12,33 | 4:52 |
| 127 | 1801 | PRIEM Matthias | Nieuwpoort | MSEN | 48 | 0:48:53 | 12,27 | 4:53 |
| 128 | 1735 | SOENEN Virginie | Enines | VSEN | 11 | 0:48:57 | 12,26 | 4:54 |
| 129 | 1650 | VLIEGHE Dominiek | Kortrijk | MMAS | 59 | 0:48:58 | 12,25 | 4:54 |
| 130 | 1744 | BORRA Nick | Veldegem | MSEN | 49 | 0:49:01 | 12,24 | 4:54 |
| 131 | 1648 | WATTHY Dries | Woumen | MSEN | 50 | 0:49:04 | 12,23 | 4:54 |
| 132 | 1615 | RUM Robert | Wezembeek Oppem | MMAS | 60 | 0:49:20 | 12,16 | 4:56 |
| 133 | 1817 | SOUMILLION Carlos | Almere (NI) | MMAS | 61 | 0:49:30 | 12,12 | 4:57 |
| 134 | 1687 | MOREELS Tony | Zelee | MSEN | 51 | 0:49:41 | 12,08 | 4:58 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|-----------------|------|-------|---------|-------|---------|
| 135 | 1821 | VAN HANDENHOVE Jacquot | Affligem | MMAS | 62 | 0:49:50 | 12,04 | 4:59 |
| 136 | 1669 | STRICKX Hans | Denderhoutem | MMAS | 63 | 0:49:59 | 12,00 | 5:00 |
| 137 | 1634 | DILLEN Tom | Dessel | MSEN | 52 | 0:50:07 | 11,97 | 5:01 |
| 138 | 1822 | ULIN Gerard | Affligem | MMAS | 64 | 0:50:08 | 11,97 | 5:01 |
| 139 | 1635 | HAESEVOETS Ruth | Dessel | VSEN | 12 | 0:50:10 | 11,96 | 5:01 |
| 140 | 1670 | GERMAN Philip | | MMAS | 65 | 0:50:14 | 11,94 | 5:01 |
| 141 | 1747 | COLLIER Luc | Schelle | MMAS | 66 | 0:50:32 | 11,87 | 5:03 |
| 142 | 1624 | TATE Barry | Doncaster | MMAS | 67 | 0:50:37 | 11,85 | 5:04 |
| 143 | 1660 | LEDE J-Francois | Tourcoing (Fra) | MSEN | 53 | 0:50:41 | 11,84 | 5:04 |
| 144 | 1824 | PATTYN Jan | Meerbeek | MSEN | 54 | 0:50:43 | 11,83 | 5:04 |
| 145 | 1694 | VAN HOUKE Hendrik | Brugge | MSEN | 55 | 0:50:47 | 11,81 | 5:05 |
| 146 | 1666 | SCHWARZ Michel | Weiler-La-Tour | MMAS | 68 | 0:50:50 | 11,80 | 5:05 |
| 147 | 1685 | COURONNE Vincent | Edegem | MSEN | 56 | 0:51:06 | 11,74 | 5:07 |
| 148 | 1813 | VAN BELLEGHEM Marc | Oostende | MMAS | 69 | 0:51:10 | 11,73 | 5:07 |
| 149 | 1667 | VAN HOUT Bart | Herenthout | MSEN | 57 | 0:51:12 | 11,72 | 5:07 |
| 150 | 1607 | SIMAL Marc | Huy | MSEN | 58 | 0:51:18 | 11,70 | 5:08 |
| 151 | 1674 | DEDAPPER Nico | De Pinte | MSEN | 59 | 0:51:19 | 11,69 | 5:08 |
| 152 | 1746 | THYS Koen | Schelle | MSEN | 60 | 0:51:29 | 11,65 | 5:09 |
| 153 | 1690 | KRIER Carlo | Esch/Alzette | MMAS | 70 | 0:51:35 | 11,63 | 5:10 |
| 154 | 1636 | DE BACKER Jacqueline | Oostakker | VMAS | 12 | 0:51:36 | 11,63 | 5:10 |
| 155 | 1637 | SCHATTEMAN Renaat | Lochristi | MMAS | 71 | 0:51:38 | 11,62 | 5:10 |
| 156 | 1668 | STROECKX Leon | Blankenberge | MMAS | 72 | 0:51:41 | 11,61 | 5:10 |
| 157 | 1789 | BOONAERT Hilaire | Templeuve (Fra) | MMAS | 73 | 0:51:50 | 11,58 | 5:11 |
| 158 | 1767 | KESTENS Patrick | Willebroek | MMAS | 74 | 0:51:55 | 11,56 | 5:12 |
| 159 | 1766 | KESTENS Nick | Willebroek | MSEN | 61 | 0:52:00 | 11,54 | 5:12 |
| 160 | 1804 | WOUTERS Benny | Wezemaal | MSEN | 62 | 0:52:01 | 11,53 | 5:12 |
| 161 | 1662 | MOENS Eddy | Vilvoorde | MMAS | 75 | 0:52:03 | 11,53 | 5:12 |
| 162 | 1686 | UYTDEMAAG Marly | Oostende | VMAS | 13 | 0:52:09 | 11,51 | 5:13 |
| 163 | 1665 | WINGERS Serge | Brussel | MSEN | 63 | 0:52:17 | 11,48 | 5:14 |
| 164 | 1644 | WARMOES Josianne | Middelkerke | VMAS | 14 | 0:52:31 | 11,42 | 5:15 |
| 165 | 1680 | RIVERS Jack | Great Barford | MMAS | 76 | 0:52:55 | 11,34 | 5:17 |
| 166 | 1738 | CROES Marleen | De Haan | VSEN | 13 | 0:53:15 | 11,27 | 5:20 |
| 167 | 1681 | SMETS Ludo | Leest | MMAS | 77 | 0:53:26 | 11,23 | 5:21 |
| 168 | 1831 | VENDY Baudouin | Westende | MMAS | 78 | 0:53:39 | 11,18 | 5:22 |
| 169 | 1546 | JASPERS Pascale | Zwijdrecht | VSEN | 14 | 0:53:48 | 11,15 | 5:23 |
| 170 | 1655 | WELLENS Leen | Antwerpen | VSEN | 15 | 0:53:56 | 11,12 | 5:24 |
| 171 | 1532 | DENIZELLES Glibert | Westende | MMAS | 79 | 0:54:06 | 11,09 | 5:25 |
| 172 | 1811 | BEYEN Mireille | Wulpen | VMAS | 15 | 0:54:31 | 11,01 | 5:27 |
| 173 | 1814 | VAN ACKER Ann | De Panne | VMAS | 16 | 0:54:34 | 11,00 | 5:27 |
| 173 | 2034 | PAESBRUGGE Katrien | Wetteren | VMAS | 34 | 0:54:36 | 10,99 | 5:28 |
| 174 | 1682 | BASTIJNS Jan | Ravels | MSEN | 64 | 0:54:38 | 10,98 | 5:28 |
| 175 | 1772 | DE RYCKE Linda | Keiem Diksmuide | VMAS | 17 | 0:54:39 | 10,98 | 5:28 |
| 176 | 1683 | DE RIDDER Ann | Kapellen | VSEN | 16 | 0:54:41 | 10,97 | 5:28 |
| 177 | 2080 | VANLAETHEM Wilfried | Masc | MSEN | 73 | 0:54:42 | 10,97 | 5:28 |
| 177 | 1839 | BOONE Isabel | Veurne | VSEN | 17 | 0:54:43 | 10,97 | 5:28 |
| 178 | 1818 | MOL Ineke | Almere | VMAS | 18 | 0:55:02 | 10,90 | 5:30 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|--------------|------|-------|---------|-------|---------|
| 179 | 1652 | HOPPE Bernard | Brussel | MSEN | 65 | 0:55:27 | 10,82 | 5:33 |
| 180 | 1757 | MOONS Theo | Aarschot | MMAS | 80 | 0:55:39 | 10,78 | 5:34 |
| 181 | 1741 | NEUKEMANS Greet | Wichelen | VMAS | 19 | 0:56:22 | 10,64 | 5:38 |
| 182 | 1697 | VIAENE Linda | Ichtegem | VMAS | 20 | 0:56:36 | 10,60 | 5:40 |
| 183 | 1783 | VAN WICHELEN Luc | Wilrijk | MMAS | 81 | 0:56:40 | 10,59 | 5:40 |
| 184 | 1797 | MARTENS Martine | Lochristi | VMAS | 21 | 0:57:27 | 10,44 | 5:45 |
| 185 | 1638 | MARTENS Patricia | Lochristi | VMAS | 22 | 0:57:28 | 10,44 | 5:45 |
| 186 | 1815 | LAQUARY Marlies | Rillaur | VMAS | 23 | 0:57:45 | 10,39 | 5:47 |
| 187 | 1740 | MILO Isabelle | Oostende | VMAS | 24 | 0:57:46 | 10,39 | 5:47 |
| 188 | 1523 | DE BRUYN Gunter | Aalst | MSEN | 66 | 0:57:48 | 10,38 | 5:47 |
| 189 | 1816 | QUINTEN Ernest | Tienen | MMAS | 82 | 0:57:58 | 10,35 | 5:48 |
| 190 | 1618 | SHAW Eileen | Doncaster | VMAS | 25 | 0:58:09 | 10,32 | 5:49 |
| 191 | 1695 | VANDEBERGHE Sandra | Brugge | VMAS | 26 | 0:58:18 | 10,29 | 5:50 |
| 192 | 1602 | DETHIER J-Luc | Wanze | MMAS | 83 | 0:58:20 | 10,29 | 5:50 |
| 193 | 1777 | VAN SCHUYLENBER Rony | Oostende | MMAS | 84 | 0:58:44 | 10,22 | 5:52 |
| 194 | 1676 | PITERS Marva | Boom | VMAS | 27 | 0:59:23 | 10,10 | 5:56 |
| 195 | 1664 | WINGERS Steve | Brussel | MSEN | 67 | 0:59:32 | 10,08 | 5:57 |
| 196 | 1608 | VANOVERBEKE Daisy | Amay | VMAS | 28 | 0:59:48 | 10,03 | 5:59 |
| 197 | 1779 | DEPUYDT Bernadette | Oostende | VMAS | 29 | 0:59:54 | 10,02 | 5:59 |
| 198 | 1533 | DE ZUTTER Carine | Blankenberge | VMAS | 30 | 1:00:08 | 9,98 | 6:01 |
| 199 | 1677 | VAN KEILEGOM Els | Rumst | VSEN | 18 | 1:00:41 | 9,89 | 6:04 |
| 200 | 1699 | MAFRANCKY Ronny | Attenhoven | MMAS | 85 | 1:02:32 | 9,59 | 6:15 |
| 201 | 1698 | HEUSICOM Patricia | Attenhoven | VMAS | 31 | 1:02:34 | 9,59 | 6:15 |
| 202 | 1838 | VANDER BEKEN Marijke | Dadizele | VMAS | 32 | 1:08:21 | 8,78 | 6:50 |
| 203 | 1504 | BYERS A-Edwin | Carlisle | MMAS | 86 | 1:13:49 | 8,13 | 7:23 |
| 204 | 1651 | FICHEFET J-M | Oostende | MMAS | 87 | 1:15:31 | 7,95 | 7:33 |

Veterans Ten Miles - 16,094 KM

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|------------------------|----------------|------|-------|---------|-------|---------|
| 1 | 4075 | VANDERSTRAETEN Patrick | Tubize | M+40 | 1 | 0:53:33 | 18,03 | 3:20 |
| 2 | 4074 | BOSSIER Eddy | Oudenburg | M+40 | 2 | 0:54:14 | 17,81 | 3:22 |
| 3 | 4551 | LEVANT Bruno | Anzin (Fra) | M+45 | 1 | 0:54:48 | 17,62 | 3:24 |
| 4 | 5044 | DEMOL Guy | Brussel | M+50 | 1 | 0:56:59 | 16,95 | 3:32 |
| 5 | 4056 | SCHAMELHOUT Lode | Harelbeke | M+40 | 4 | 0:58:17 | 16,57 | 3:37 |
| 6 | 4547 | DELERUE Patriek | Beveren | M+45 | 2 | 0:58:27 | 16,52 | 3:38 |
| 7 | 4073 | DE MEESTERE Rudi | Roeselare | M+40 | 5 | 0:59:03 | 16,35 | 3:40 |
| 8 | 6026 | ROGGE Johan | Zwalm | M+60 | 1 | 0:59:30 | 16,23 | 3:42 |
| 9 | 4055 | CALLENS Claude | Desselgem | M+40 | 6 | 0:59:43 | 16,17 | 3:43 |
| 10 | 4065 | WERION Christian | Peruwelz | M+40 | 7 | 0:59:46 | 16,16 | 3:43 |
| 11 | 5059 | BRAL Erik | Watervliet | M+50 | 2 | 1:01:06 | 15,80 | 3:48 |
| 12 | 5556 | DEWEERT Marc | Oostende | M+55 | 1 | 1:01:28 | 15,71 | 3:49 |
| 13 | 4057 | LYSSENS Benny | Kruibeke | M+40 | 8 | 1:02:25 | 15,47 | 3:53 |
| 14 | 5554 | VERSCHELDE Luc | Izegem | M+55 | 2 | 1:02:34 | 15,43 | 3:53 |
| 15 | 4542 | LELON J-Marie | Asse-Mollem | M+45 | 3 | 1:03:46 | 15,14 | 3:58 |
| 16 | 5057 | MERTENS Leo | Olen | M+50 | 3 | 1:04:03 | 15,08 | 3:59 |
| 17 | 4071 | SOREYN Filip | Lauwe | M+40 | 9 | 1:04:05 | 15,07 | 3:59 |
| 18 | 5558 | DHAEZE Alex | Bruxelles | M+55 | 3 | 1:04:12 | 15,04 | 3:59 |
| 19 | 4069 | VRANCKEN Jean | Bredene | M+40 | 10 | 1:04:17 | 15,02 | 4:00 |
| 20 | 4536 | NIMMEGEERS Johan | Oostende | M+45 | 4 | 1:04:28 | 14,98 | 4:00 |
| 21 | 4061 | DE COCK Luc | Pypelheide | M+40 | 11 | 1:04:33 | 14,96 | 4:01 |
| 22 | 6033 | DESLOOVERE Yvan | Brugge | M+60 | 2 | 1:04:48 | 14,90 | 4:02 |
| 23 | 471 | VERBAUWHEDE Marianne | Dentergem | V+45 | 1 | 1:05:03 | 14,84 | 4:03 |
| 24 | 4053 | VERHULST Ronny | Kuurne | M+40 | 12 | 1:05:31 | 14,74 | 4:04 |
| 25 | 6031 | LEUTENEZ Marnix | Kruishoutem | M+60 | 3 | 1:05:54 | 14,65 | 4:06 |
| 26 | 5053 | THIEREN Marnix | Middelkerke | M+50 | 4 | 1:06:14 | 14,58 | 4:07 |
| 27 | 413 | LUST Martine | Brielle | V+40 | 1 | 1:06:44 | 14,47 | 4:09 |
| 28 | 4550 | KONINGS Marc | Otegem | M+45 | 5 | 1:06:49 | 14,45 | 4:09 |
| 29 | 4068 | VROMAN Filip | Oostkamp | M+40 | 13 | 1:06:50 | 14,45 | 4:09 |
| 30 | 5051 | VAN HOEKE Hubert | Laarne | M+50 | 5 | 1:07:11 | 14,37 | 4:10 |
| 31 | 5055 | VERFAILLIE Danny | Izegem | M+50 | 6 | 1:07:13 | 14,37 | 4:11 |
| 32 | 4072 | PUYSTJENS Gino | Lombardsijde | M+40 | 14 | 1:07:33 | 14,30 | 4:12 |
| 33 | 4534 | ROSSEELS Serge | Lot (Beersel) | M+45 | 6 | 1:07:39 | 14,27 | 4:12 |
| 35 | 5039 | BURT Philip | Bently Donca | M+50 | 7 | 1:07:44 | 14,26 | 4:13 |
| 36 | 5557 | RENKEMA Bob | Amsterdam (NI) | M+55 | 4 | 1:07:57 | 14,21 | 4:13 |
| 38 | 4048 | ROELANDTS Olivier | Molenbeek | M+40 | 15 | 1:08:12 | 14,16 | 4:14 |
| 39 | 4063 | DUSAUTOIR Frederic | Fletre | M+40 | 16 | 1:08:14 | 14,15 | 4:14 |
| 40 | 4548 | BRUYLANDT J-Jacques | Geraardsbergen | M+45 | 7 | 1:08:21 | 14,13 | 4:15 |
| 41 | 4051 | TUYTTENS Gino | Oostende | M+40 | 17 | 1:08:22 | 14,12 | 4:15 |
| 42 | 5038 | STIMPSON George | Doncaster | M+50 | 8 | 1:08:40 | 14,06 | 4:16 |
| 43 | 5553 | VAN VERDEGEM Cyriel | Evergem | M+55 | 5 | 1:08:52 | 14,02 | 4:17 |
| 45 | 6526 | VANKEERSEBILCK Gilbert | Roeselare | M+65 | 1 | 1:09:01 | 13,99 | 4:17 |
| 46 | 5552 | VANTORRE Daniel | St-Andries | M+55 | 6 | 1:09:06 | 13,97 | 4:18 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|---------------------------|-----------------|------|-------|---------|-------|---------|
| 47 | 4546 | VAN HILLE Marnix | Gent | M+45 | 8 | 1:09:18 | 13,93 | 4:18 |
| 48 | 4552 | DEBRUYNE Luc | Oostende | M+45 | 9 | 1:09:49 | 13,83 | 4:20 |
| 49 | 6521 | LESAGE Henri | Dunkerque (Fra) | M+65 | 2 | 1:10:01 | 13,79 | 4:21 |
| 52 | 6524 | VAN LATHEM Vic | Lennik | M+65 | 3 | 1:10:19 | 13,73 | 4:22 |
| 53 | 4538 | VERHAEGHE Patrick | Kortrijk | M+45 | 10 | 1:10:25 | 13,71 | 4:23 |
| 54 | 357 | VAN DEN BOSSCHE Micheline | Merchtem | V+35 | 1 | 1:10:32 | 13,69 | 4:23 |
| 55 | 4539 | LEFEVERE Alain | St-Truiden | M+45 | 11 | 1:10:40 | 13,66 | 4:23 |
| 56 | 5037 | MEYSMAN Pierre | Middelkerke | M+50 | 9 | 1:10:48 | 13,64 | 4:24 |
| 57 | 4537 | BOULAERT Guido | | M+45 | 12 | 1:10:51 | 13,63 | 4:24 |
| 58 | 511 | VANKERREBROECK Rita | Deinze | V+50 | 1 | 1:10:55 | 13,62 | 4:24 |
| 59 | 4543 | DE NYS Eric | Middelkerke | M+45 | 13 | 1:11:10 | 13,57 | 4:25 |
| 60 | 4076 | MAGNUS Stefaan | Halle | M+40 | 18 | 1:11:20 | 13,54 | 4:26 |
| 61 | 4541 | MAFRANCKEN Ronny | Attenhoven | M+45 | 14 | 1:11:26 | 13,52 | 4:26 |
| 62 | 4067 | STEYAERT Jan | Aalter | M+40 | 19 | 1:11:32 | 13,50 | 4:27 |
| 63 | 4549 | VAN MOORTEL Carl | Wommelgem | M+45 | 15 | 1:11:47 | 13,45 | 4:28 |
| 64 | 5542 | DE WITTE Gustaaf | Aalst | M+55 | 7 | 1:11:57 | 13,42 | 4:28 |
| 65 | 5049 | HAINQUE J-Claude | Buizingen | M+50 | 10 | 1:12:01 | 13,41 | 4:28 |
| 66 | 6525 | DE SOETE Georges | Oostende | M+65 | 4 | 1:12:06 | 13,39 | 4:29 |
| 67 | 4532 | NICOLAY J-Paul | Westende | M+45 | 16 | 1:12:15 | 13,37 | 4:29 |
| 68 | 5041 | GEVAERT Franky | Damme | M+50 | 11 | 1:12:18 | 13,36 | 4:30 |
| 71 | 5035 | VANDERSTEICHEL Patrick | Beveren | M+50 | 12 | 1:12:38 | 13,29 | 4:31 |
| 72 | 510 | COENEN Jeannine | Ravels | V+50 | 2 | 1:12:39 | 13,29 | 4:31 |
| 73 | 6527 | KNOCKAERT Edgart | Oostende | M+65 | 5 | 1:12:50 | 13,26 | 4:32 |
| 74 | 4052 | LEGRAIVE Michel | Girvegnée | M+40 | 20 | 1:13:06 | 13,21 | 4:33 |
| 75 | 5550 | SCHRIJVERS Joseph | Zonhoven | M+60 | 4 | 1:13:06 | 13,21 | 4:33 |
| 76 | 7010 | FRANCIS René | Herent | M+70 | 1 | 1:13:26 | 13,15 | 4:34 |
| 78 | 6030 | VAN HOUCKE Karel | Sint-Andries | M+60 | 5 | 1:13:35 | 13,12 | 4:34 |
| 79 | 5042 | LAMBRECHTS Paul | Kontich | M+50 | 13 | 1:13:37 | 13,12 | 4:34 |
| 80 | 4062 | DE MEYER Filip | Brecht St Job | M+40 | 21 | 1:14:05 | 13,03 | 4:36 |
| 81 | 4531 | COPEJANS Danny | Zele | M+45 | 17 | 1:14:08 | 13,03 | 4:36 |
| 82 | 4545 | HENDERICKX Eddy | Muizen | M+45 | 18 | 1:14:14 | 13,01 | 4:37 |
| 83 | 602 | DEVOOGT Louissette | Oostkamp | V+60 | 1 | 1:14:19 | 12,99 | 4:37 |
| 84 | 5045 | DAMMEKENS Wilson | Galmaarden | M+50 | 14 | 1:14:25 | 12,98 | 4:37 |
| 85 | 4059 | VERCAMMEN Jan | Antwerpen | M+40 | 22 | 1:14:45 | 12,92 | 4:39 |
| 86 | 4535 | DE BECKER Alois | Tienen | M+45 | 19 | 1:14:47 | 12,91 | 4:39 |
| 87 | 5048 | DE GEEST Roni | St-Pauwels | M+50 | 15 | 1:14:59 | 12,88 | 4:40 |
| 88 | 5555 | DEBAERE Marie | Izegem | M+55 | 8 | 1:15:18 | 12,82 | 4:41 |
| 89 | 557 | FENELON Patsy | Doncaster | V+55 | 1 | 1:15:22 | 12,81 | 4:41 |
| 91 | 4064 | COECK Frank | Deurne | M+40 | 23 | 1:16:40 | 12,60 | 4:46 |
| 92 | 468 | SIRJACQ Dominique | Brussel | V+45 | 2 | 1:16:44 | 12,58 | 4:46 |
| 95 | 5549 | VANASSCHE Bernard | Burcht | M+55 | 9 | 1:17:41 | 12,43 | 4:50 |
| 96 | 5541 | DEPRINS Roland | Destelbergen | M+55 | 10 | 1:17:42 | 12,43 | 4:50 |
| 98 | 6023 | WAGEMAN Francois | | M+60 | 6 | 1:17:49 | 12,41 | 4:50 |
| 99 | 5040 | BIERIS Stan | Adwick | M+50 | 16 | 1:17:50 | 12,41 | 4:50 |
| 100 | 4070 | VANDE WIELE Frank | Kruishoutem | M+40 | 24 | 1:17:51 | 12,40 | 4:50 |
| 101 | 512 | VAN KLEVEN Lenie | Vlissingen (NI) | V+50 | 3 | 1:17:54 | 12,40 | 4:50 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|----------------------|-----------------|------|-------|---------|-------|---------|
| 102 | 6025 | JONES Bernard | Doncaster | M+60 | 7 | 1:18:00 | 12,38 | 4:51 |
| 103 | 5551 | VAN DER HEYDEN Rien | Delft (NI) | M+55 | 11 | 1:18:02 | 12,37 | 4:51 |
| 104 | 4060 | VANDEVENNE Herman | Herent | M+40 | 25 | 1:18:05 | 12,37 | 4:51 |
| 105 | 4533 | KEMPS J-Pierre | Beerse | M+45 | 20 | 1:18:17 | 12,34 | 4:52 |
| 106 | 5043 | CRUCQ André | Vlissingen (NI) | M+50 | 17 | 1:18:25 | 12,31 | 4:52 |
| 107 | 558 | DECLERCQ Hugette | Vlissingen (NI) | V+55 | 2 | 1:18:27 | 12,31 | 4:52 |
| 108 | 4540 | HOSPIED J-Pierre | Ersfaux | M+45 | 21 | 1:18:35 | 12,29 | 4:53 |
| 112 | 6032 | TURPIN J-Pierre | Den Haag (NI) | M+60 | 8 | 1:19:54 | 12,09 | 4:58 |
| 114 | 4054 | DE GREYT Wim | Stekene | M+40 | 26 | 1:19:57 | 12,08 | 4:58 |
| 118 | 6522 | COPPIETERS Wim | Strombeek-Bever | M+65 | 6 | 1:20:37 | 11,98 | 5:01 |
| 121 | 7011 | KNOCKAERT Roger | Oostkamp | M+70 | 2 | 1:21:02 | 11,92 | 5:02 |
| 124 | 410 | RAMOUDT Karine | Middelkerke | V+40 | 2 | 1:21:25 | 11,86 | 5:04 |
| 125 | 513 | VANDERZEYDE Corrie | | V+50 | 4 | 1:21:30 | 11,85 | 5:04 |
| 126 | 5056 | DELSAER Ludo | Sint-Truiden | M+50 | 18 | 1:22:02 | 11,77 | 5:06 |
| 128 | 5050 | DE MAESSCHALCK Eric | Laarne | M+50 | 19 | 1:22:38 | 11,69 | 5:08 |
| 129 | 5058 | VAN PARYS Andre | Evergem | M+50 | 20 | 1:22:46 | 11,67 | 5:09 |
| 130 | 5548 | BODSOM Etienne | Lobbes | M+55 | 12 | 1:22:51 | 11,66 | 5:09 |
| 131 | 6028 | VAN BRUSSEL Georges | Lochristi | M+60 | 9 | 1:22:59 | 11,64 | 5:09 |
| 132 | 6024 | GEYSEN Gustaaf | Balen | M+60 | 10 | 1:23:10 | 11,61 | 5:10 |
| 133 | 556 | MEYNEN Godelieve | Balen | V+55 | 3 | 1:23:10 | 11,61 | 5:10 |
| 134 | 469 | LEMAHIEU Sonia | Middelkerke | V+45 | 3 | 1:23:14 | 11,60 | 5:10 |
| 135 | 470 | VAN HONACKER Hilde | Middelkerke | V+45 | 4 | 1:23:16 | 11,60 | 5:10 |
| 136 | 5054 | SAELENS Jean | Middelkerke | M+50 | 21 | 1:23:17 | 11,59 | 5:10 |
| 137 | 4050 | VAN DEN BOSSCHE Marc | Merchtem | M+40 | 27 | 1:23:18 | 11,59 | 5:11 |
| 140 | 412 | BRAECKMAN Patricia | Kruishoutem | V+40 | 3 | 1:23:39 | 11,54 | 5:12 |
| 143 | 6027 | VANDERSTRAETEN Piet | Opwijk | M+60 | 11 | 1:24:03 | 11,49 | 5:13 |
| 148 | 361 | SPRUYT Kristel | Idegem | V+35 | 2 | 1:24:56 | 11,37 | 5:17 |
| 155 | 5046 | PAULUS Marc | Leerbeek | M+50 | 22 | 1:25:45 | 11,26 | 5:20 |
| 157 | 5036 | DE BOSSCHER Patrick | Middelkerke | M+50 | 23 | 1:25:51 | 11,25 | 5:20 |
| 158 | 5047 | DE LA RIVIERE Eddie | Gentbrugge | M+50 | 24 | 1:26:10 | 11,21 | 5:21 |
| 162 | 5547 | ANDRIES Guido | St-Niklaas | M+55 | 13 | 1:26:57 | 11,11 | 5:24 |
| 166 | 5538 | OEYEN Alfons | Laakdal | M+55 | 14 | 1:27:17 | 11,06 | 5:25 |
| 169 | 4544 | DE WIT Eddy | Kapelle O/D Bos | M+45 | 22 | 1:27:52 | 10,99 | 5:28 |
| 173 | 409 | REYNAERT Brigitte | Lo | V+40 | 4 | 1:28:03 | 10,97 | 5:28 |
| 176 | 5052 | DE ROCKER Christian | Laarne | M+55 | 25 | 1:28:27 | 10,92 | 5:30 |
| 180 | 4058 | ALLES Stefaan | Tessenderlo | M+40 | 28 | 1:29:03 | 10,84 | 5:32 |
| 189 | 5539 | SEELDE Jan | Blankenberge | M+55 | 15 | 1:29:46 | 10,76 | 5:35 |
| 190 | 411 | BRIES Viviane | Tessenderlo | V+40 | 5 | 1:29:52 | 10,75 | 5:35 |
| 212 | 5545 | VANDROOGENBROEK Paul | Melle | M+55 | 16 | 1:31:56 | 10,50 | 5:43 |
| 223 | 6529 | VANDEVELDE William | Grootbygarden | M+65 | 7 | 1:33:10 | 10,36 | 5:47 |
| 225 | 474 | VINCKE Martine | Zarren | V+45 | 5 | 1:33:16 | 10,35 | 5:48 |
| 233 | 5544 | VAN KLEVEN Jo | Vlissingen (NI) | M+55 | 17 | 1:33:51 | 10,29 | 5:50 |
| 237 | 2079 | VANDERVOORST Peters | | M+40 | 29 | 1:34:26 | 10,23 | 5:52 |
| 238 | 5546 | WINNE Jose | Jette | M+55 | 18 | 1:34:34 | 10,21 | 5:53 |
| 241 | 6530 | GAETHOFS Jean-Pierre | Zottegem | M+65 | 8 | 1:34:44 | 10,19 | 5:53 |
| 255 | 5540 | DIEU Jean-Claude | Marcinelle | M+55 | 19 | 1:37:56 | 9,86 | 6:05 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|-----------------------|-------------------|------|-------|---------|------|---------|
| 262 | 5543 | VERHULST Eric | Mechelen | M+55 | 20 | 1:40:02 | 9,65 | 6:13 |
| 265 | 7510 | DE SMAELS Remi | Brussel | M+80 | 1 | 1:41:20 | 9,53 | 6:18 |
| 282 | 473 | DEELEN Reinhilde | Brasschaat | V+45 | 6 | 1:43:51 | 9,30 | 6:27 |
| 283 | 472 | DUSAUTOIR-DEROO Marie | Fletre (Fra) | V+45 | 7 | 1:44:08 | 9,27 | 6:28 |
| 315 | 2115 | VANDEWEYER Erik | Liedekerke | M+40 | 30 | 1:56:52 | 8,26 | 7:16 |
| 325 | 467 | FLORQUIN Carine | Temse | V+45 | 8 | 2:03:13 | 7,84 | 7:39 |
| 326 | 6528 | CLAEYS Pierre | Woluwe-St-Lambert | M+65 | 9 | 2:06:53 | 7,61 | 7:53 |

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| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|--------------------------|----------------------|------|-------|---------|-------|---------|
| 1 | 2132 | VAN STEENBRUGGE Francies | Zingem | MSEN | 1 | 1:07:43 | 18,69 | 3:13 |
| 2 | 2201 | CABY Dimitri | | MSEN | 2 | 1:08:02 | 18,61 | 3:13 |
| 3 | 2122 | STALMANS Geert | Merchtem | MSEN | 3 | 1:08:59 | 18,35 | 3:16 |
| 4 | 2058 | VANDECASTEELE Steven | Roeselare | MSEN | 4 | 1:10:15 | 18,02 | 3:20 |
| 5 | 2127 | REYNVOET Kristof | Wortegem-Petegem | MSEN | 5 | 1:10:16 | 18,01 | 3:20 |
| 6 | 2100 | FARES Karim | Willebroek | MSEN | 6 | 1:12:23 | 17,49 | 3:26 |
| 7 | 2060 | LEBODA Tom | Willebroek | MSEN | 7 | 1:12:34 | 17,44 | 3:26 |
| 8 | 2038 | VIEREN Hans | Veurne | MSEN | 8 | 1:13:31 | 17,22 | 3:29 |
| 9 | 2010 | GIOT BOGAERTS Thierry | Vilvoorde | MMAS | 1 | 1:16:09 | 16,62 | 3:37 |
| 10 | 2109 | MICHIELS Ivo | Brugge | MMAS | 2 | 1:16:45 | 16,49 | 3:38 |
| 11 | 2137 | FISTETTI Pietro | Maasmechelen | MSEN | 9 | 1:17:31 | 16,33 | 3:40 |
| 12 | 2030 | VOUT Tony | Doncaster | MMAS | 3 | 1:17:45 | 16,28 | 3:41 |
| 13 | 2140 | LAGROU Yves | Hofstade | MSEN | 10 | 1:19:15 | 15,97 | 3:45 |
| 14 | 2204 | DE MEYER Freddy | Dudzele | MMAS | 4 | 1:19:29 | 15,93 | 3:46 |
| 15 | 2173 | VANHUYSSE Franky | Aalbeke | MSEN | 11 | 1:19:51 | 15,85 | 3:47 |
| 16 | 2004 | MOSSELMANS Sven | Ternat | MSEN | 12 | 1:19:55 | 15,84 | 3:47 |
| 17 | 2106 | SPOELDERS Eddy | St-Katelijne-Waver | MSEN | 13 | 1:20:06 | 15,80 | 3:48 |
| 18 | 2170 | TANGHE Patrick | Zedelgem | MSEN | 14 | 1:20:14 | 15,78 | 3:48 |
| 19 | 2203 | DEPLAE Gino | Hooglede | MMAS | 5 | 1:20:27 | 15,73 | 3:49 |
| 20 | 2105 | SPOELDERS Ronny | Beigem | MSEN | 15 | 1:20:49 | 15,66 | 3:50 |
| 21 | 2107 | GHEERAERT Johnny | Middelkerke | MSEN | 16 | 1:21:01 | 15,62 | 3:50 |
| 22 | 2142 | SANDERS Koen | Jabbeke | MMAS | 6 | 1:21:06 | 15,61 | 3:51 |
| 23 | 2129 | SMAGGHE Jurgen | Gullegem | MSEN | 17 | 1:21:19 | 15,57 | 3:51 |
| 24 | 2036 | BORMANS Steve | Mortsel | MSEN | 18 | 1:22:35 | 15,33 | 3:55 |
| 25 | 2048 | ADRIAENSENS Bob | Sint-Gillis-Waas | MMAS | 7 | 1:23:37 | 15,14 | 3:58 |
| 26 | 2128 | CORNELIS Willem | Wambeek | MMAS | 8 | 1:23:37 | 15,14 | 3:58 |
| 27 | 2039 | VAN DER POORTEN Luc | Sint-Katelijne-Waver | MMAS | 9 | 1:23:40 | 15,13 | 3:58 |
| 28 | 2198 | DERUWEZ Filip | Reningelste | MSEN | 19 | 1:23:59 | 15,07 | 3:59 |
| 29 | 2205 | VOERMANS Leopold | Hollebeke | MSEN | 20 | 1:24:13 | 15,03 | 4:00 |
| 30 | 2002 | JANSSEN Jan | Beerse | MMAS | 10 | 1:24:35 | 14,97 | 4:01 |
| 31 | 2116 | DEMARGD Lieven | | VMAS | 1 | 1:24:37 | 14,96 | 4:01 |
| 32 | 2195 | VICTOR Wim | Meulebeke | MMAS | 11 | 1:24:38 | 14,96 | 4:01 |
| 33 | 2190 | MAMPUYS Dirk | Schoten | MSEN | 21 | 1:25:09 | 14,87 | 4:02 |
| 34 | 2113 | DEBREYNE Frederic | De Haan | MSEN | 22 | 1:25:21 | 14,83 | 4:03 |
| 35 | 2108 | BOTTELDOOREN Hugo | Kruishoutem | MSEN | 23 | 1:25:22 | 14,83 | 4:03 |
| 36 | 2194 | FIGYS Koen | Opwijk | MSEN | 24 | 1:25:24 | 14,82 | 4:03 |
| 37 | 2021 | SERCCU Filiep | Marke | MMAS | 12 | 1:25:31 | 14,80 | 4:03 |
| 38 | 2164 | HAMERS Peter | Oostende | MSEN | 25 | 1:25:41 | 14,77 | 4:04 |
| 39 | 2187 | FIEUW Christoph | Poelkapelle | MSEN | 26 | 1:25:50 | 14,75 | 4:04 |
| 40 | 2037 | DE PESSEMIER Michel | Brakel | MMAS | 13 | 1:26:24 | 14,65 | 4:06 |
| 41 | 2032 | GOEDVRIENDT Werner | Idegem | MSEN | 27 | 1:26:31 | 14,63 | 4:06 |
| 42 | 2192 | VAN DEN SCHOOR Bart | Heist-o/d-Berg | MSEN | 28 | 1:26:46 | 14,59 | 4:07 |
| 43 | 2062 | PACQUE Hans | Nieuwpoort | MMAS | 14 | 1:26:58 | 14,56 | 4:07 |
| 44 | 2175 | TYTECA Walter | Westende | MMAS | 15 | 1:27:02 | 14,54 | 4:08 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|------|----------------------|-----------------|------|-------|---------|-------|---------|
| 45 | 2174 | VERAART Ronald | Oostende | MMAS | 16 | 1:27:07 | 14,53 | 4:08 |
| 46 | 2063 | PUTMAN Wim | Moen | MSEN | 29 | 1:27:21 | 14,49 | 4:08 |
| 47 | 2057 | BREULHEID Rene | Bas Oha | MMAS | 17 | 1:27:33 | 14,46 | 4:09 |
| 48 | 2184 | VAN MEENEN Kris | Oostkamp | MSEN | 30 | 1:27:55 | 14,40 | 4:10 |
| 49 | 2162 | GABRIELS Peter | Zerkegem | MSEN | 31 | 1:27:55 | 14,40 | 4:10 |
| 50 | 2005 | NEIRYNCK Dries | Izegem | MSEN | 32 | 1:28:00 | 14,38 | 4:10 |
| 51 | 2163 | ROS Nico | Waarschoot | MMAS | 18 | 1:28:12 | 14,35 | 4:11 |
| 52 | 2023 | VERHOEVEN Patrick | Deurne | MSEN | 33 | 1:28:23 | 14,32 | 4:11 |
| 53 | 2144 | PONCELET A-Marie | Bouge (Namur) | MMAS | 19 | 1:28:33 | 14,30 | 4:12 |
| 54 | 2083 | SOONTJENS Bart | Kasterlee | MSEN | 34 | 1:28:52 | 14,24 | 4:13 |
| 55 | 2147 | SYS Marc | Knokke-Heist | MMAS | 20 | 1:28:54 | 14,24 | 4:13 |
| 56 | 2110 | VERFAILLIE Luc | Ingelmunster | MMAS | 21 | 1:29:05 | 14,21 | 4:13 |
| 57 | 2188 | DELODDER Rita | Meulebeke | VMAS | 2 | 1:29:07 | 14,20 | 4:13 |
| 58 | 2111 | DIERYCK Pascal | Comines | MSEN | 35 | 1:29:08 | 14,20 | 4:13 |
| 59 | 2135 | GOUDELIS Tasso | Maasmechelen | MMAS | 22 | 1:29:14 | 14,19 | 4:14 |
| 60 | 2027 | VERGAUWE Philippe | Zwevegem | MMAS | 23 | 1:29:17 | 14,18 | 4:14 |
| 61 | 2025 | VAN LIERDE Roger | Denderleeuw | MMAS | 24 | 1:29:24 | 14,16 | 4:14 |
| 62 | 2096 | VONCK Danny | Kerksken | MSEN | 36 | 1:29:29 | 14,15 | 4:14 |
| 63 | 2124 | DU FAN Jan | Brugge | MMAS | 25 | 1:29:42 | 14,11 | 4:15 |
| 64 | 2097 | VAN WETERING Luc | Ravels | MMAS | 26 | 1:29:53 | 14,08 | 4:16 |
| 65 | 2074 | LENAERS Clint | Oostende | MSEN | 37 | 1:29:58 | 14,07 | 4:16 |
| 66 | 2161 | SIERENS Eric | Maldegem | MMAS | 27 | 1:30:04 | 14,05 | 4:16 |
| 67 | 2160 | BLOMME Kurt | Ichtegem | MSEN | 38 | 1:30:10 | 14,04 | 4:16 |
| 68 | 2125 | BAUTERS Ronny | Eeklo | MMAS | 28 | 1:30:12 | 14,03 | 4:17 |
| 69 | 2196 | DESCHEEMAEKER Johny | Meulebeke | MMAS | 29 | 1:30:16 | 14,02 | 4:17 |
| 70 | 2019 | BAECKELANDT Geoffrey | Anay | MSEN | 39 | 1:30:19 | 14,02 | 4:17 |
| 71 | 2087 | SEYNAEVE Frank | Desselgem | MSEN | 40 | 1:30:20 | 14,01 | 4:17 |
| 72 | 2178 | PEETERMANS Johan | Westerlo | MMAS | 30 | 1:30:44 | 13,95 | 4:18 |
| 73 | 2165 | DE HOON Hanno | Terneuzen (NI) | MMAS | 31 | 1:30:48 | 13,94 | 4:18 |
| 74 | 2156 | VERSCHA EVE Lionel | Koekelare | MMAS | 32 | 1:30:51 | 13,93 | 4:18 |
| 75 | 2155 | VERVUEREN Alphonse | Anderlecht | MMAS | 33 | 1:30:57 | 13,92 | 4:19 |
| 76 | 2053 | DE BELYER Walter | Schoten | MMAS | 34 | 1:30:59 | 13,91 | 4:19 |
| 77 | 2098 | REYNAERT Denis | Puurs | MMAS | 35 | 1:31:10 | 13,89 | 4:19 |
| 78 | 2042 | SOENEN Koen | Roeselare | MMAS | 36 | 1:31:11 | 13,88 | 4:19 |
| 79 | 2151 | DEMOULIN Brigitte | Lustin | VMAS | 3 | 1:31:14 | 13,87 | 4:19 |
| 80 | 2150 | SAMAIN Jean_luc | Corroy Le Chate | MMAS | 37 | 1:31:29 | 13,84 | 4:20 |
| 81 | 2003 | GIELEN Monique | Turnhout | VMAS | 4 | 1:31:30 | 13,83 | 4:20 |
| 82 | 2134 | DE MEYER Marnix | Rumbeke | MMAS | 38 | 1:31:43 | 13,80 | 4:21 |
| 83 | 2180 | DE GROOTE Jurgen | Lombardsijde | MSEN | 41 | 1:31:48 | 13,79 | 4:21 |
| 84 | 2172 | SIMOENS Robert | Brugge | MMAS | 39 | 1:31:56 | 13,77 | 4:21 |
| 85 | 2148 | COLLIN Roger | St-Servais | MMAS | 40 | 1:31:58 | 13,76 | 4:22 |
| 86 | 2090 | VAN DEN BROECK Noel | Begijnendijk | MSEN | 42 | 1:32:07 | 13,74 | 4:22 |
| 87 | 2077 | SEREBRJKOV Sergei | Oostende | MMAS | 41 | 1:32:10 | 13,73 | 4:22 |
| 88 | 2199 | HAMERS Jurgen | Koekelare | MSEN | 43 | 1:32:12 | 13,73 | 4:22 |
| 89 | 2152 | BERTRAND Claude | Flawinne | MMAS | 42 | 1:32:17 | 13,72 | 4:22 |
| 90 | 2143 | VYVEY Paul | Assebroek | MMAS | 43 | 1:32:18 | 13,71 | 4:22 |
| 91 | 2179 | DE CEUNINCK Edwin | Houthulst | MMAS | 44 | 1:32:21 | 13,71 | 4:23 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|-----------------|------|-------|---------|-------|---------|
| 92 | 2072 | LEYSSENS Edwin | Geel | MSEN | 44 | 1:32:29 | 13,69 | 4:23 |
| 93 | 2104 | DEMAEGDT Georges | Oostende | MMAS | 45 | 1:32:43 | 13,65 | 4:24 |
| 94 | 2022 | FLORÉAL Jurgen | Ruddervoorde | MSEN | 45 | 1:32:46 | 13,65 | 4:24 |
| 95 | 2202 | AMIJ Tom | Gooik | MSEN | 46 | 1:33:13 | 13,58 | 4:25 |
| 96 | 2026 | CATTEAU Stan | Kessel Lo | MSEN | 47 | 1:33:18 | 13,57 | 4:25 |
| 97 | 2093 | MIGUET Stefan | Heers | MSEN | 48 | 1:33:18 | 13,57 | 4:25 |
| 98 | 2136 | HUYGHE Joris | Roeselare | MMAS | 46 | 1:33:35 | 13,53 | 4:26 |
| 99 | 2076 | LOTTRENS Sam | Izegem | MSEN | 49 | 1:33:39 | 13,52 | 4:26 |
| 100 | 2185 | CHAUV IER J-Pierre | Yves-Gomezee | MMAS | 47 | 1:33:42 | 13,51 | 4:26 |
| 101 | 2149 | NENNEN Arnaud | Gelbreesee | MMAS | 48 | 1:33:43 | 13,51 | 4:27 |
| 102 | 2167 | JONCKHEERE Eddy | Bredene | MSEN | 50 | 1:33:48 | 13,50 | 4:27 |
| 103 | 2089 | BOMANS Ivo | Meeuwen | MMAS | 49 | 1:33:53 | 13,48 | 4:27 |
| 104 | 2012 | NOTTE Kurt | Oostakker | MMAS | 50 | 1:34:06 | 13,45 | 4:28 |
| 105 | 2049 | GEERTS Francis | Westerlo | MSEN | 51 | 1:34:20 | 13,42 | 4:28 |
| 106 | 2176 | WELVAERT Marc | Oosteekloo | MMAS | 51 | 1:34:36 | 13,38 | 4:29 |
| 107 | 2182 | BULCKE Bart | Alveringem | MSEN | 52 | 1:34:43 | 13,36 | 4:29 |
| 108 | 2186 | BAKKER Karin | Roeselare | VMAS | 5 | 1:34:52 | 13,34 | 4:30 |
| 109 | 2099 | HERPELINCK Bart | Poperinge | MSEN | 53 | 1:34:56 | 13,33 | 4:30 |
| 110 | 2123 | GIJS Bruno | Kortenbergh | MMAS | 52 | 1:35:08 | 13,31 | 4:31 |
| 111 | 2045 | DE BUSSCHERE Dominique | Izegem | MMAS | 53 | 1:35:40 | 13,23 | 4:32 |
| 112 | 2103 | LAZOU Linda | Anzegem | VMAS | 6 | 1:36:23 | 13,13 | 4:34 |
| 113 | 2102 | VERHELST Martin | Harelbeke | MMAS | 54 | 1:36:25 | 13,13 | 4:34 |
| 114 | 2121 | RAMAKERS Kenneth | Nieuwpoort | MSEN | 54 | 1:36:34 | 13,11 | 4:35 |
| 115 | 2095 | LARCIEK Stephane | Bruxelles | MSEN | 55 | 1:36:37 | 13,10 | 4:35 |
| 116 | 2086 | CNAPELYNCK Stefan | Boom | MSEN | 56 | 1:37:14 | 13,02 | 4:37 |
| 117 | 2011 | VAN ZANDE Eric | Gentbrugge | MMAS | 55 | 1:37:21 | 13,00 | 4:37 |
| 118 | 2035 | ROOBAERT Jos | Aalst | MMAS | 56 | 1:37:30 | 12,98 | 4:37 |
| 119 | 2189 | VAN CAUTER Daniel | Asse | MMAS | 57 | 1:37:34 | 12,97 | 4:37 |
| 120 | 2091 | THOMAS Rob | Tienen | MMAS | 58 | 1:37:40 | 12,96 | 4:38 |
| 121 | 2197 | BORRA Daniel | Jabbeke | MMAS | 59 | 1:38:11 | 12,89 | 4:39 |
| 122 | 2059 | VAN KERCKHOVEN Wim | Westmeerbeek | MMAS | 60 | 1:38:14 | 12,89 | 4:39 |
| 123 | 2084 | DE SMET Luc | Zomergem | MMAS | 61 | 1:38:56 | 12,79 | 4:41 |
| 124 | 2181 | VAN TIGGEL Patrick | Oostende | MMAS | 62 | 1:39:14 | 12,76 | 4:42 |
| 125 | 2139 | DEWINTER Charlotte | Maarkedal | VMAS | 7 | 1:39:18 | 12,75 | 4:42 |
| 126 | 2046 | PISVIN J-Marie | Wingene | MMAS | 63 | 1:39:49 | 12,68 | 4:44 |
| 127 | 2020 | BAECKELANDT Marcel | Engis | MMAS | 64 | 1:41:00 | 12,53 | 4:47 |
| 128 | 2043 | DEFOIRDT Stefaan | Tiegem | MMAS | 65 | 1:41:05 | 12,52 | 4:47 |
| 129 | 2029 | GOETHALS Ronny | St Jan In Eremo | MMAS | 66 | 1:41:24 | 12,48 | 4:48 |
| 130 | 2130 | HENDRICKX Erik | Evere | MSEN | 57 | 1:41:29 | 12,47 | 4:49 |
| 131 | 2055 | VAN HOUCKE Freddy | Wevelgem | MMAS | 67 | 1:41:33 | 12,47 | 4:49 |
| 132 | 2126 | VAN LOON Ria | Delfgauw (NI) | VMAS | 8 | 1:41:37 | 12,46 | 4:49 |
| 133 | 2191 | VAN HELVERT Paul | Kapellen | MMAS | 68 | 1:41:46 | 12,44 | 4:49 |
| 134 | 2009 | DE RUDDER Alain | Schelderode | MSEN | 58 | 1:42:01 | 12,41 | 4:50 |
| 135 | 2193 | MORTIER Koen | Beveren-Waas | MMAS | 69 | 1:42:08 | 12,39 | 4:50 |
| 136 | 2146 | PIETERMAN Rene | Bussum (nl) | MSEN | 59 | 1:42:26 | 12,36 | 4:51 |
| 137 | 2028 | SESSELLE Gino | St-Jan-In-Eremo | MSEN | 60 | 1:42:30 | 12,35 | 4:52 |
| 138 | 2158 | BLOMME Christine | Ichtegem | VMAS | 9 | 1:42:35 | 12,34 | 4:52 |

| PL | NR | Naam | Woonplaats | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|------|------------------------|---------------------|------|-------|---------|-------|---------|
| 139 | 2159 | VAN DE GEUCHTE Fernand | Torhout | MMAS | 70 | 1:42:36 | 12,34 | 4:52 |
| 140 | 2018 | FALLAIS Eric | Huy | MSEN | 61 | 1:42:45 | 12,32 | 4:52 |
| 141 | 2006 | WIJNANT Albert | Haaltert | MMAS | 71 | 1:43:07 | 12,28 | 4:53 |
| 142 | 2166 | ROOS Joel | Frasnes-Les-Anvaing | MSEN | 62 | 1:43:13 | 12,26 | 4:54 |
| 143 | 2071 | LEYSSENS Kristof | Geel | MSEN | 63 | 1:43:21 | 12,25 | 4:54 |
| 144 | 2145 | PIQUARD Ben | Genua | MSEN | 64 | 1:43:30 | 12,23 | 4:54 |
| 145 | 2168 | MAERTENS Dave | Gent | MSEN | 65 | 1:44:12 | 12,15 | 4:56 |
| 146 | 2051 | PYCK Michael | Erpe-Mere | MMAS | 72 | 1:44:18 | 12,14 | 4:57 |
| 147 | 2101 | NEVEJANS Bernard | Poperinge | MMAS | 73 | 1:44:48 | 12,08 | 4:58 |
| 148 | 2014 | SIMAL J-Pierre | Huy | MMAS | 74 | 1:45:34 | 11,99 | 5:00 |
| 149 | 2092 | LODEWIJCKX Ronny | Olen | MMAS | 75 | 1:45:34 | 11,99 | 5:00 |
| 150 | 2040 | DE GRAEF Dirk | Mechelen | MMAS | 76 | 1:45:36 | 11,99 | 5:00 |
| 151 | 2015 | SERVOTTE André | Vierset | MMAS | 77 | 1:45:39 | 11,98 | 5:00 |
| 152 | 2118 | DIERICKX Stephane | Wemmel | MMAS | 78 | 1:45:51 | 11,96 | 5:01 |
| 153 | 2117 | DE BUYST Nadia | Jette | VSEN | 1 | 1:45:51 | 11,96 | 5:01 |
| 154 | 2141 | DECLERCQ Benoit | Moeskroen | MSEN | 66 | 1:46:01 | 11,94 | 5:02 |
| 155 | 2133 | DESERANNO Wouter | Roeselare | MSEN | 67 | 1:46:24 | 11,90 | 5:03 |
| 156 | 2138 | BOLLE Luc | Zwijnaarde | MMAS | 79 | 1:46:37 | 11,87 | 5:03 |
| 157 | 2070 | ANDERSON George | Burton | MMAS | 80 | 1:47:19 | 11,80 | 5:05 |
| 158 | 2007 | GOESSENS Johan | Denderhoutem | MSEN | 68 | 1:48:16 | 11,69 | 5:08 |
| 159 | 2017 | LECHARLIER Raymond | Huy | MMAS | 81 | 1:48:23 | 11,68 | 5:08 |
| 160 | 2024 | ELSKENS Frank | Keerbergen | MMAS | 82 | 1:48:38 | 11,65 | 5:09 |
| 161 | 2073 | VAN RANSBEECK Michel | Oostende | MSEN | 69 | 1:48:43 | 11,64 | 5:09 |
| 162 | 2078 | STEYLMANS Michel | Bruxelles | MMAS | 83 | 1:48:59 | 11,62 | 5:10 |
| 163 | 2157 | VAN HIMST Jurgen | St-Gillis-Waas | MSEN | 70 | 1:49:06 | 11,60 | 5:10 |
| 164 | 2082 | BARREMAECKER Freddy | Jabbeke | MMAS | 84 | 1:49:31 | 11,56 | 5:11 |
| 165 | 2206 | LOBEAU Paul | Poperinge | MMAS | 85 | 1:49:41 | 11,54 | 5:12 |
| 166 | 2041 | PEPERMANS Ilse | Mechelen | VMAS | 10 | 1:49:45 | 11,53 | 5:12 |
| 167 | 2177 | DERAMOUDT Marc | Westende | MMAS | 86 | 1:49:46 | 11,53 | 5:12 |
| 168 | 2171 | VANHALST Jurgen | Kaprijke | MSEN | 71 | 1:50:27 | 11,46 | 5:14 |
| 169 | 2169 | MEESE Geert | Tielt | MMAS | 87 | 1:50:37 | 11,44 | 5:15 |
| 170 | 2094 | FREDERICKX Maddy | Aarschot | VMAS | 11 | 1:52:09 | 11,29 | 5:19 |
| 171 | 2085 | VANDENHOUWEELE Eddy | Middelkerke | MMAS | 88 | 1:52:26 | 11,26 | 5:20 |
| 172 | 2047 | VANNESTE Roland | Kortrijk | MMAS | 89 | 1:52:32 | 11,25 | 5:20 |
| 173 | 2034 | PAESBRUGGE Katrien | Wetteren | VMAS | 12 | 1:53:00 | 11,20 | 5:21 |
| 174 | 2001 | DE RYCKE Roland | Zingem | MMAS | 90 | 1:55:46 | 10,93 | 5:29 |
| 175 | 2112 | VAN WEYENBERG Patrick | Denderhoutem | MSEN | 72 | 1:56:22 | 10,88 | 5:31 |
| 176 | 2183 | VYVEY Eduard | Gistel | MMAS | 91 | 1:57:25 | 10,78 | 5:34 |
| 177 | 2080 | VANLAETHEM Wilfried | Masc | MSEN | 73 | 1:59:02 | 10,63 | 5:39 |
| 178 | 2075 | STEEN Rith | Izegem | VMAS | 13 | 1:59:13 | 10,62 | 5:39 |
| 179 | 2131 | SNAUWAERT Brigitte | Knokke-Heist | VMAS | 14 | 1:59:42 | 10,58 | 5:40 |
| 180 | 2153 | SEELDE Koen | Mechelen | MSEN | 74 | 1:59:56 | 10,55 | 5:41 |
| 181 | 2119 | SOENENS Hubert | Harelbeke | MMAS | 92 | 2:00:06 | 10,54 | 5:42 |
| 182 | 2200 | KAUFHANN Alain | Wemmel | MMAS | 93 | 2:00:43 | 10,49 | 5:43 |
| 183 | 2061 | DE REYS Frederic | Brussel | MMAS | 94 | 2:02:30 | 10,33 | 5:48 |
| 184 | 2120 | VANKEIRSILCK Pol | Ingelmunster | MMAS | 95 | 2:02:40 | 10,32 | 5:49 |