

21e Stratenloop Ruddervoorde - 24 juni 2005

3,92 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|------------------------|--------------|-----|------|-------|---------|-------|---------|
| 1 | 339 | Bleyaert Bart | Knesselare | 78 | MSEN | 1 | 0:12:52 | 18,28 | 3:17 |
| 2 | 347 | De Backer Frederik | Waregem | 75 | MSEN | 2 | 0:13:10 | 17,86 | 3:22 |
| 3 | 412 | Vandenbroucke Lieven | Varsenare | 80 | MSEN | 3 | 0:13:12 | 17,82 | 3:22 |
| 4 | 335 | Naert Frank | Ruddervoorde | 65 | MMAS | 1 | 0:13:14 | 17,77 | 3:23 |
| 5 | 403 | Van Heyste Jean-Pierre | Oostkamp | 59 | MMAS | 2 | 0:13:58 | 16,84 | 3:34 |
| 6 | 329 | Vandenbroucke Pieter | Lichtervelde | 90 | MSEN | 4 | 0:14:02 | 16,76 | 3:35 |
| 7 | 342 | Cloet Andy | Waardamme | 76 | MSEN | 5 | 0:14:14 | 16,52 | 3:38 |
| 8 | 390 | De Jaeger Thibault | Brugge | 91 | MSEN | 6 | 0:14:37 | 16,09 | 3:44 |
| 9 | 354 | Mestdagh Simon | Brugge | 91 | MSEN | 7 | 0:14:44 | 15,96 | 3:46 |
| 10 | 331 | De Pestel Thiebe | Oostkamp | 91 | MSEN | 8 | 0:14:52 | 15,82 | 3:48 |
| 11 | 336 | Devreker Ben | Keiem | 91 | MSEN | 9 | 0:15:08 | 15,54 | 3:52 |
| 12 | 402 | Degryse Mathias | Ruddervoorde | 89 | MSEN | 10 | 0:15:13 | 15,46 | 3:53 |
| 13 | 413 | Verdonck Els | Torhout | 65 | VMAS | 1 | 0:15:26 | 15,24 | 3:56 |
| 14 | 414 | Reynaert Herwig | Torhout | 66 | MSEN | 11 | 0:15:28 | 15,21 | 3:57 |
| 15 | 349 | Cappelier Jan-Bart | Ruddervoorde | 87 | MSEN | 12 | 0:15:33 | 15,13 | 3:58 |
| 16 | 350 | Claeys Ann Sofie | Beernem | 85 | VSEN | 1 | 0:15:36 | 15,08 | 3:59 |
| 17 | 391 | Pattyn Dries | Ruddervoorde | 88 | MSEN | 13 | 0:15:39 | 15,03 | 4:00 |
| 18 | 399 | Van Acker Dries | Ruddervoorde | 89 | MSEN | 14 | 0:15:41 | 15,00 | 4:00 |
| 19 | 419 | Van Hevel Tim | Ruddervoorde | 90 | MSEN | 15 | 0:15:42 | 14,98 | 4:00 |
| 20 | 393 | Claeys Marlon | Beernem | 91 | MSEN | 16 | 0:15:44 | 14,95 | 4:01 |
| 21 | 421 | Vergison Johny | Assebroek | 70 | MSEN | 17 | 0:15:46 | 14,92 | 4:01 |
| 22 | 368 | Steyaert Jan | Aalter | 64 | MMAS | 3 | 0:15:59 | 14,72 | 4:05 |
| 23 | 392 | Goes Matthias | Zedelgem | 88 | MSEN | 18 | 0:16:04 | 14,64 | 4:06 |
| 24 | 317 | Lecluse Katleen | Geluwe | 66 | VMAS | 2 | 0:16:06 | 14,61 | 4:06 |
| 25 | 318 | Devriese Etienne | Ruiselede | 49 | MMAS | 4 | 0:16:14 | 14,49 | 4:08 |
| 26 | 417 | Van Maele Lieven | Ruddervoorde | 62 | MMAS | 5 | 0:16:21 | 14,39 | 4:10 |
| 27 | 418 | Pollentier Richard | Torhout | 69 | MSEN | 19 | 0:16:29 | 14,27 | 4:12 |
| 28 | 311 | Casier Ben | Ruddervoorde | 90 | MSEN | 20 | 0:16:31 | 14,24 | 4:13 |
| 29 | 320 | De Pestel Ruben | Ruddervoorde | 91 | MSEN | 21 | 0:16:45 | 14,04 | 4:16 |
| 30 | 344 | Laridon Nick | Sint-Kruis | 88 | MSEN | 22 | 0:16:46 | 14,03 | 4:17 |
| 31 | 337 | Teerlinck Tom | Oostkamp | 76 | MSEN | 23 | 0:16:51 | 13,96 | 4:18 |
| 32 | 385 | Couffez Frank | Ruddervoorde | 65 | MMAS | 6 | 0:16:55 | 13,90 | 4:19 |
| 33 | 313 | Vandewalle Tania | Lichtervelde | 92 | VSEN | 2 | 0:17:01 | 13,82 | 4:20 |
| 34 | 394 | Vandewalle Pedro | Ruddervoorde | 82 | MSEN | 24 | 0:17:05 | 13,77 | 4:21 |
| 35 | 415 | De Backer Roger | Waregem | 55 | MMAS | 7 | 0:17:19 | 13,58 | 4:25 |
| 36 | 380 | Vandekinderen Maarten | Torhout | 92 | MSEN | 25 | 0:17:29 | 13,45 | 4:28 |
| 37 | 366 | Deketelaere Elien | Torhout | 89 | VSEN | 3 | 0:17:31 | 13,43 | 4:28 |
| 38 | 420 | Vanhevel Klaas | Ruddervoorde | 92 | MSEN | 26 | 0:17:36 | 13,36 | 4:29 |
| 39 | 364 | Van Landeghem Joris | Aalter | 67 | MSEN | 27 | 0:17:39 | 13,33 | 4:30 |
| 40 | 338 | Van Maele Olivier | Ruddervoorde | 94 | MSEN | 28 | 0:17:52 | 13,16 | 4:33 |
| 41 | 365 | Deketelaere Annelies | Torhout | 86 | VSEN | 4 | 0:17:55 | 13,13 | 4:34 |
| 42 | 330 | Denolf Marie-Louise | Oostkamo | 59 | VMAS | 3 | 0:17:58 | 13,09 | 4:35 |
| 43 | 411 | Van De Velde Patrick | Maldegem | 65 | MMAS | 8 | 0:18:00 | 13,07 | 4:36 |
| 44 | 305 | Van Praet Bram | Ruddervoorde | 91 | MSEN | 29 | 0:18:02 | 13,04 | 4:36 |
| 45 | 405 | De Corte Pieter | Beernem | 78 | MSEN | 30 | 0:18:04 | 13,02 | 4:37 |
| 46 | 346 | Warnier Alexander | Ruddervoorde | 60 | MMAS | 9 | 0:18:08 | 12,97 | 4:38 |
| 47 | 372 | Bultynck Mario | Ruddervoorde | 73 | MSEN | 31 | 0:18:13 | 12,91 | 4:39 |
| 48 | 401 | Staelens Marc | Torhout | 67 | MSEN | 32 | 0:18:15 | 12,89 | 4:39 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------|--------------|-----|------|-------|---------|-------|---------|
| 49 | 325 | Delafontaine Roland | Oostkamp | 56 | MMAS | 10 | 0:18:17 | 12,86 | 4:40 |
| 50 | 306 | Vandewalle Dirk | Ichtegem | 64 | MMAS | 11 | 0:18:19 | 12,84 | 4:40 |
| 51 | 425 | Vandewalle Marco | Lichtervelde | 93 | MSEN | 33 | 0:18:27 | 12,75 | 4:42 |
| 52 | 424 | Brouckaert Jarne | Ruddervoorde | 93 | MSEN | 34 | 0:18:40 | 12,60 | 4:46 |
| 53 | 409 | De Rammelaere Bart | Wingene | 87 | MSEN | 35 | 0:18:44 | 12,56 | 4:47 |
| 54 | 386 | Verhaeghe Mathiis | Ruddervoorde | 95 | MSEN | 36 | 0:18:46 | 12,53 | 4:47 |
| 55 | 343 | Degrande Iris | Veldegem | 91 | VSEN | 5 | 0:18:50 | 12,49 | 4:48 |
| 56 | 328 | Lagrang Sven | Zedelgem | 94 | MSEN | 37 | 0:18:51 | 12,48 | 4:49 |
| 57 | 322 | Vansieleghe Simon | Ruddervoorde | 95 | MSEN | 38 | 0:18:55 | 12,43 | 4:50 |
| 58 | 398 | D'Haeninck Nathalie | Beernem | 75 | VSEN | 6 | 0:19:00 | 12,38 | 4:51 |
| 59 | 323 | Van Maele Arne | Ruddervoorde | 94 | MSEN | 39 | 0:19:02 | 12,36 | 4:51 |
| 60 | 334 | Van Steen Alexander | Ruddervoorde | 94 | MSEN | 40 | 0:19:04 | 12,34 | 4:52 |
| 61 | 319 | Tournet Nicole | Ruiselede | 51 | VMAS | 4 | 0:19:06 | 12,31 | 4:52 |
| 62 | 371 | Windels Jo | Waardamme | 64 | MMAS | 12 | 0:19:08 | 12,29 | 4:53 |
| 63 | 351 | Demeyer Julie | Sijsele | 87 | VSEN | 7 | 0:19:24 | 12,12 | 4:57 |
| 64 | 387 | Pattyn Wouter | Ruddervoorde | 90 | MSEN | 41 | 0:19:26 | 12,10 | 4:57 |
| 65 | 353 | Decadt Jelle | Ruddervoorde | 91 | MSEN | 42 | 0:19:30 | 12,06 | 4:58 |
| 66 | 389 | Deboodt Dorine | Assebroek | 68 | VMAS | 5 | 0:19:44 | 11,92 | 5:02 |
| 67 | 373 | Vermeersch Annick | Aartrijke | 72 | VSEN | 8 | 0:20:19 | 11,58 | 5:11 |
| 68 | 333 | Slagmulder Stephanie | Sint-Andries | 92 | VSEN | 9 | 0:20:23 | 11,54 | 5:12 |
| 69 | 374 | Stubbe Katrien | Ruddervoorde | 72 | VSEN | 10 | 0:20:31 | 11,46 | 5:14 |
| 70 | 316 | Allaert Gwendy | Oedelem | 89 | VSEN | 11 | 0:21:17 | 11,05 | 5:26 |
| 71 | 383 | Couffez Cindy | Ruddervoorde | 93 | VSEN | 12 | 0:21:37 | 10,88 | 5:31 |
| 72 | 301 | Vandewiele Frone | Ruddervoorde | 94 | VSEN | 13 | 0:21:42 | 10,84 | 5:32 |
| 73 | 370 | Windels Jana | Waardamme | 91 | VSEN | 14 | 0:22:00 | 10,69 | 5:37 |
| 74 | 348 | De Pestel Anje | Waardamme | 70 | VMAS | 6 | 0:22:02 | 10,67 | 5:37 |
| 75 | 379 | Lanssens Mieke | Oostkamp | 89 | VSEN | 15 | 0:22:04 | 10,66 | 5:38 |
| 76 | 404 | Becu Annelies | Beernem | 81 | VSEN | 16 | 0:22:09 | 10,62 | 5:39 |
| 77 | 359 | Van Hulle Jolien | Beernem | 86 | VSEN | 17 | 0:22:10 | 10,61 | 5:39 |
| 78 | 357 | Dobbelaere Katty | Sijsele | 66 | VMAS | 7 | 0:22:22 | 10,52 | 5:42 |
| 79 | 381 | Vandekinderen Heleen | Torhout | 95 | VSEN | 18 | 0:22:54 | 10,27 | 5:51 |
| 80 | 407 | Keirse Martine | Sisele | 63 | VMAS | 8 | 0:22:58 | 10,24 | 5:52 |
| 81 | 426 | Vackier Dorothee | Ruddervoorde | 83 | VSEN | 19 | 0:23:09 | 10,16 | 5:54 |
| 82 | 352 | Decadt Silke | Ruddervoorde | 93 | VSEN | 20 | 0:23:31 | 10,00 | 6:00 |
| 83 | 396 | Verhaeghe Hanne | Ruddervoorde | 93 | VSEN | 21 | 0:23:33 | 9,99 | 6:00 |
| 84 | 375 | Rombaut Justine | Ruddervoorde | 93 | VSEN | 22 | 0:23:36 | 9,97 | 6:01 |
| 85 | 377 | Devriese Christine | Ruddervoorde | 55 | VMAS | 9 | 0:23:55 | 9,83 | 6:06 |
| 86 | 363 | Coghe Marleen | Oedelem | 56 | VMAS | 10 | 0:24:02 | 9,79 | 6:08 |
| 87 | 408 | Bleyaert Sabien | Maldegem | 67 | VMAS | 11 | 0:24:04 | 9,77 | 6:08 |
| 88 | 369 | Heindryckx Annie | Ruddervoorde | 56 | VMAS | 12 | 0:24:36 | 9,56 | 6:17 |
| 89 | 362 | Andries Hilde | Ruddervoorde | 75 | VSEN | 23 | 0:25:24 | 9,26 | 6:29 |
| 90 | 406 | Denolf Annemie | Waardamme | 62 | VMAS | 13 | 0:25:30 | 9,22 | 6:30 |
| 91 | 400 | Van Damme Carine | Ruddervoorde | 61 | VMAS | 14 | 0:25:32 | 9,21 | 6:31 |
| 92 | 397 | Danneels Maddy | Ruddervoorde | 62 | VMAS | 15 | 0:25:34 | 9,20 | 6:31 |
| 93 | 378 | Claeys Anna | Oostkamp | 61 | VMAS | 16 | 0:26:03 | 9,03 | 6:39 |
| 94 | 376 | Verhaeghe Brigitte | Ruddervoorde | 62 | VMAS | 17 | 0:26:38 | 8,83 | 6:48 |
| 95 | 360 | De Muyncck Roos | Oedelem | 49 | VMAS | 18 | 0:26:45 | 8,79 | 6:49 |
| 96 | 312 | De Bruyne Romanie | Eeklo | 35 | VMAS | 19 | 0:27:15 | 8,63 | 6:57 |
| 97 | 358 | Verstraete Monique | Beernem | 52 | VMAS | 20 | 0:28:39 | 8,21 | 7:19 |
| 98 | 416 | Deloddere Marleen | Ruddervoorde | 61 | VMAS | 21 | 0:29:13 | 8,05 | 7:27 |
| 99 | 382 | Jacques Ann | Torhout | 66 | VMAS | 22 | 0:29:36 | 7,95 | 7:33 |
| 100 | 355 | Thomas Amanda | Ruddervoorde | 81 | VSEN | 24 | 0:35:42 | 6,59 | 9:06 |

DAMES - 7,84 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|--------------|-----|------|-------|---------|-------|---------|
| 1 | 699 | Vandekerckhove Veerle | Roeselare | 67 | VMAS | 1 | 0:30:18 | 15,52 | 3:52 |
| 2 | 655 | Lesage Lut | Diksmuide | 69 | VMAS | 2 | 0:31:45 | 14,82 | 4:03 |
| 3 | 673 | Claus Nadia | Torhout | 72 | VSEN | 1 | 0:31:47 | 14,80 | 4:03 |
| 4 | 777 | De Bruycker Carine | Sijsele | 64 | VMAS | 3 | 0:34:56 | 13,47 | 4:27 |
| 5 | 601 | Guylinck Christiane | Loppem | 55 | VMAS | 4 | 0:35:14 | 13,35 | 4:30 |
| 6 | 749 | Levecké Sophie | Oostende | 66 | VMAS | 5 | 0:35:40 | 13,19 | 4:33 |
| 7 | 760 | Thienpont Ria | Brugge | 75 | VSEN | 2 | 0:36:11 | 13,00 | 4:37 |
| 8 | 605 | Knockaert Georgette | Oostkamp | 65 | VMAS | 6 | 0:37:06 | 12,68 | 4:44 |
| 9 | 750 | Anny's Katrien | Gistel | 63 | VMAS | 7 | 0:37:30 | 12,54 | 4:47 |
| 10 | 684 | Rotsaert Ilse | Brugge | 74 | VSEN | 3 | 0:37:39 | 12,49 | 4:48 |
| 11 | 644 | Timmerman Nadine | Beernem | 58 | VMAS | 8 | 0:37:52 | 12,42 | 4:50 |
| 12 | 723 | Vanpoucke Marleen | Oedelem | 62 | VMAS | 9 | 0:38:02 | 12,37 | 4:51 |
| 13 | 679 | De Coster Rita | Veldegem | 47 | VMAS | 10 | 0:38:55 | 12,09 | 4:58 |
| 14 | 773 | Deckers Miet | Hertsberge | 63 | VMAS | 11 | 0:39:04 | 12,04 | 4:59 |
| 15 | 753 | Van Samang Ann | Brugge | 70 | VMAS | 12 | 0:39:42 | 11,85 | 5:04 |
| 16 | 740 | Platteeuw Ceres | Torhout | 70 | VMAS | 13 | 0:39:49 | 11,81 | 5:05 |
| 17 | 634 | De Burghgraeve Veronique | Zedelgem | 63 | VMAS | 14 | 0:40:02 | 11,75 | 5:06 |
| 18 | 780 | Jonckheere Nadine | St-Andries | 67 | VMAS | 15 | 0:40:04 | 11,74 | 5:07 |
| 19 | 741 | Claerhout Ann | Torhout | 78 | VSEN | 4 | 0:41:22 | 11,37 | 5:17 |
| 20 | 608 | Valcke Tine | Ruddervoorde | 94 | VSEN | 5 | 0:41:34 | 11,32 | 5:18 |
| 21 | 716 | Colpaert Gerda | Lichtervelde | 54 | VMAS | 16 | 0:41:47 | 11,26 | 5:20 |
| 22 | 384 | Couffez Annick | Ruddervoorde | 95 | VSEN | 6 | 0:41:50 | 11,24 | 5:20 |
| 23 | 619 | Yde Els | Veldeom | 66 | VMAS | 17 | 0:42:38 | 11,03 | 5:26 |
| 24 | 658 | Dauw Kristien | Ruddervoorde | 58 | VMAS | 18 | 0:43:43 | 10,76 | 5:35 |
| 25 | 640 | Van Acker Marijke | Ruddervoorde | 59 | VMAS | 19 | 0:44:06 | 10,67 | 5:37 |
| 26 | 663 | Pierloot Delphine | Ruddervoorde | 91 | VSEN | 7 | 0:44:18 | 10,62 | 5:39 |
| 27 | 779 | Bleyaert Ania | Oedelem | 70 | VMAS | 20 | 0:44:22 | 10,60 | 5:40 |
| 28 | 719 | Verstyn Nancy | Tielt | 70 | VMAS | 21 | 0:44:26 | 10,59 | 5:40 |
| 29 | 707 | Van Troye Hilde | Blankenberge | 76 | VSEN | 8 | 0:44:44 | 10,52 | 5:42 |
| 30 | 726 | Floryn Marie | Blankenberge | 48 | VMAS | 22 | 0:44:47 | 10,50 | 5:43 |
| 31 | 606 | Dhene Martine | Oedelem | 62 | VMAS | 23 | 0:45:10 | 10,41 | 5:46 |
| 32 | 687 | Denolf Lieselotte | Torhout | 75 | VSEN | 9 | 0:45:27 | 10,35 | 5:48 |
| 33 | 778 | Soenen Kristien | Oedelem | 72 | VSEN | 10 | 0:45:30 | 10,34 | 5:48 |
| 34 | 611 | Lambrecht Benedicte | St-Andries | 66 | VMAS | 24 | 0:45:44 | 10,29 | 5:50 |
| 35 | 665 | Van Acker Christa | Ruddervoorde | 64 | VMAS | 25 | 0:45:54 | 10,25 | 5:51 |
| 36 | 609 | Vandenbroucke Katelijne | Ruddervoorde | 92 | VSEN | 11 | 0:46:00 | 10,23 | 5:52 |
| 37 | 757 | Wydooghe Sigríð | Torhout | 76 | VSEN | 12 | 0:47:00 | 10,01 | 6:00 |
| 38 | 602 | Viaene Linda | Ichtegem | 66 | VMAS | 26 | 0:47:10 | 9,97 | 6:01 |
| 39 | 622 | Defruyt Julie | Ruddervoorde | 93 | VSEN | 13 | 0:47:16 | 9,95 | 6:02 |
| 40 | 669 | Jeneecka Christa | Torhout | 62 | VMAS | 27 | 0:48:22 | 9,73 | 6:10 |
| 41 | 613 | Vanhee Ginette | Assebroek | 47 | VMAS | 28 | 0:48:58 | 9,61 | 6:15 |
| 42 | 614 | De Backer Mieke | Assebroek | 59 | VMAS | 29 | 0:49:00 | 9,60 | 6:15 |
| 43 | 636 | Ingenito Graziella | Loppem | 62 | VMAS | 30 | 0:49:01 | 9,60 | 6:15 |
| 44 | 629 | Desimpel Marie | Ruddervoorde | 93 | VSEN | 14 | 0:49:58 | 9,41 | 6:22 |
| 45 | 652 | Vandecasteele Heidi | Torhout | 68 | VMAS | 31 | 0:50:39 | 9,29 | 6:28 |
| 46 | 664 | Lingy Kristel | Ruddervoorde | 66 | VMAS | 32 | 0:51:09 | 9,20 | 6:31 |
| 47 | 621 | Van Damme Carine | Ruddervoorde | 62 | VMAS | 33 | 0:51:11 | 9,19 | 6:32 |
| 48 | 708 | Pattyn Charlotte | Ruddervoorde | 82 | VSEN | 15 | 0:51:13 | 9,18 | 6:32 |
| 49 | 732 | Dobbelaere Marie-Jeanne | Oostkamp | 49 | VMAS | 34 | 0:51:20 | 9,16 | 6:33 |
| 50 | 775 | Vander Beken Marijke | Dadizele | 63 | VMAS | 35 | 0:52:17 | 9,00 | 6:40 |

HEREN - 11,76 KM

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|--------------------------|--------------|-----|------|-------|---------|-------|---------|
| 1 | 678 | Diaz Rodriguez Alexander | Wingene | 79 | MSEN | 1 | 0:39:16 | 17,97 | 3:20 |
| 2 | 666 | Brouckaert Dieter | Zedelgem | 81 | MSEN | 2 | 0:40:24 | 17,47 | 3:26 |
| 3 | 641 | De Bois Wim | Aalter | 77 | MSEN | 3 | 0:40:52 | 17,27 | 3:29 |
| 4 | 610 | Cornelis Patrick | Aalter | 63 | MMAS | 1 | 0:41:17 | 17,09 | 3:31 |
| 5 | 607 | Van Lierde Franky | Geluwe | 65 | MMAS | 2 | 0:41:31 | 17,00 | 3:32 |
| 6 | 662 | Sierens Dirk | Oedelem | 65 | MMAS | 3 | 0:41:42 | 16,92 | 3:33 |
| 7 | 685 | Timmerman Marc | Assebroek | 65 | MMAS | 4 | 0:41:50 | 16,87 | 3:33 |
| 8 | 758 | Derudder Geert | Wevelgem | 60 | MMAS | 5 | 0:42:25 | 16,63 | 3:36 |
| 9 | 625 | Beirnaert Thomas | Oostkamp | 77 | MSEN | 4 | 0:42:50 | 16,47 | 3:39 |
| 10 | 731 | Meulebrouck Paul | Brugge | 61 | MMAS | 6 | 0:42:53 | 16,45 | 3:39 |
| 11 | 751 | Decotter Patrick | Gistel | 60 | MMAS | 7 | 0:43:00 | 16,41 | 3:39 |
| 12 | 668 | Steyaert Geert | Oostkamp | 62 | MMAS | 8 | 0:43:17 | 16,30 | 3:41 |
| 13 | 748 | Vanneste Stefaan | Jabbeke | 67 | MSEN | 5 | 0:43:28 | 16,23 | 3:42 |
| 14 | 677 | Claus Koen | Ardoeie | 71 | MSEN | 6 | 0:43:35 | 16,19 | 3:42 |
| 15 | 715 | De Grande Patrick | St-Andries | 56 | MMAS | 9 | 0:43:55 | 16,07 | 3:44 |
| 16 | 646 | Tanghe Patrick | Zedelgem | 69 | MSEN | 7 | 0:44:24 | 15,89 | 3:47 |
| 17 | 693 | De Backer Pieter | Smetlede | 87 | MSEN | 8 | 0:44:29 | 15,86 | 3:47 |
| 18 | 761 | Dumalin Nico | Brugge | 67 | MSEN | 9 | 0:44:34 | 15,83 | 3:47 |
| 19 | 618 | Degrande Geert | Veldegem | 63 | MMAS | 10 | 0:44:37 | 15,81 | 3:48 |
| 20 | 633 | Balanck Hugo | Zedelgem | 62 | MMAS | 11 | 0:44:53 | 15,72 | 3:49 |
| 21 | 701 | Keersebilk Frederik | Roeselare | 75 | MSEN | 10 | 0:45:19 | 15,57 | 3:51 |
| 22 | 624 | Delameillieure Daniel | Torhout | 59 | MMAS | 12 | 0:45:25 | 15,54 | 3:52 |
| 23 | 754 | Matton Sonny | Oostende | 72 | MSEN | 11 | 0:45:34 | 15,49 | 3:52 |
| 24 | 696 | Schrauwen Dominiek | Ruddervoorde | 56 | MMAS | 13 | 0:45:37 | 15,47 | 3:53 |
| 25 | 674 | Cauwels Kris | Torhout | 71 | MSEN | 12 | 0:46:22 | 15,22 | 3:57 |
| 26 | 783 | Kumza Lama | Torhout | 74 | MSEN | 13 | 0:46:25 | 15,20 | 3:57 |
| 27 | 661 | Teetaert Diederik | Ichtegem | 63 | MMAS | 14 | 0:46:29 | 15,18 | 3:57 |
| 28 | 637 | Vandamme Luc | Ruddervoorde | 62 | MMAS | 15 | 0:46:38 | 15,13 | 3:58 |
| 29 | 774 | Demoortele Johan | Torhout | 61 | MMAS | 16 | 0:47:12 | 14,95 | 4:01 |
| 30 | 681 | Vantighem Vincent | Eernegem | 72 | MSEN | 14 | 0:47:21 | 14,90 | 4:02 |
| 31 | 702 | Debeuf Franckv | Lichtervelde | 65 | MMAS | 17 | 0:47:26 | 14,88 | 4:02 |
| 32 | 642 | Cardon Jurgen | Beernem | 76 | MSEN | 15 | 0:47:34 | 14,83 | 4:03 |
| 33 | 648 | Vanchayseele Marnik | Roeselare | 71 | MSEN | 16 | 0:47:49 | 14,76 | 4:04 |
| 34 | 675 | Blomme Kurt | Ichtegem | 71 | MSEN | 17 | 0:47:54 | 14,73 | 4:04 |
| 35 | 735 | Vanderbeke Patrick | Ichtegem | 58 | MMAS | 18 | 0:48:00 | 14,70 | 4:05 |
| 36 | 722 | Deschacht Guido | Oostkamp | 57 | MMAS | 19 | 0:48:41 | 14,49 | 4:08 |
| 37 | 713 | Debeuf Nico | Lichtervelde | 71 | MSEN | 18 | 0:48:45 | 14,47 | 4:09 |
| 38 | 647 | Vanchayseele Nico | Zwevezele | 81 | MSEN | 19 | 0:48:47 | 14,46 | 4:09 |
| 39 | 762 | Devuvst Joeri | St-Kruis | 76 | MSEN | 20 | 0:48:50 | 14,45 | 4:09 |
| 40 | 628 | Mestdach Tony | Assebroek | 58 | MMAS | 20 | 0:48:56 | 14,42 | 4:10 |
| 41 | 729 | Sierens Rudi | Brugge | 54 | MMAS | 21 | 0:49:04 | 14,38 | 4:10 |
| 42 | 694 | Coture Rik | Ruddervoorde | 61 | MMAS | 22 | 0:49:32 | 14,24 | 4:13 |
| 43 | 667 | Verfaillie Jean-Pierre | | 55 | MMAS | 23 | 0:49:35 | 14,23 | 4:13 |
| 44 | 736 | Degraeve Koen | Lauwe | 67 | MSEN | 21 | 0:49:40 | 14,21 | 4:13 |
| 45 | 691 | Van Roye Dieter | St-Kruis | 67 | MSEN | 22 | 0:49:44 | 14,19 | 4:14 |
| 46 | 759 | Rogier Martin | Snaaskerke | 64 | MMAS | 24 | 0:49:47 | 14,17 | 4:14 |
| 47 | 683 | De Bel Nico | Brugge | 65 | MMAS | 25 | 0:49:49 | 14,16 | 4:14 |
| 48 | 615 | Neiryndck Eric | Beselare | 65 | MMAS | 26 | 0:49:51 | 14,15 | 4:14 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|----|-----|---------------------------|--------------|-----|------|-------|---------|-------|---------|
| 49 | 630 | Vierstraete Wilfried | Torhout | 52 | MMAS | 27 | 0:49:55 | 14,14 | 4:15 |
| 50 | 700 | Dejonckheere Patrick | Roeselare | 57 | MMAS | 28 | 0:50:04 | 14,09 | 4:15 |
| 51 | 703 | Segaert Stefaan | Lokeren | 70 | MSEN | 23 | 0:50:09 | 14,07 | 4:16 |
| 52 | 643 | De Bois Roland | St-Joris | 54 | MMAS | 29 | 0:50:16 | 14,04 | 4:16 |
| 53 | 697 | Van Moorten Ewan | Beernem | 81 | MSEN | 24 | 0:50:31 | 13,97 | 4:18 |
| 54 | 764 | Desender Stefaan | Torhout | 66 | MSEN | 25 | 0:50:35 | 13,95 | 4:18 |
| 55 | 617 | Plasman Rony | St-Michiels | 56 | MMAS | 30 | 0:50:41 | 13,92 | 4:19 |
| 56 | 603 | Depoorter Chris | Houthulst | 72 | MSEN | 26 | 0:50:49 | 13,89 | 4:19 |
| 57 | 670 | Vanderschaeghe Roland | Oedelem | 51 | MMAS | 31 | 0:51:16 | 13,76 | 4:22 |
| 58 | 638 | Maes Jo | Varsenare | 62 | MMAS | 32 | 0:51:18 | 13,75 | 4:22 |
| 59 | 730 | Van Houtte Dirk | Brugge | 50 | MMAS | 33 | 0:51:22 | 13,74 | 4:22 |
| 60 | 718 | Rogiers Paul | Zedelgem | 60 | MMAS | 34 | 0:51:25 | 13,72 | 4:22 |
| 61 | 765 | Vlaeminck Marc | Ruddervoorde | 66 | MSEN | 27 | 0:51:27 | 13,71 | 4:23 |
| 62 | 689 | De Praitere Guido | Harelbeke | 60 | MMAS | 35 | 0:51:29 | 13,71 | 4:23 |
| 63 | 767 | Devilder Patrick | St-Andries | 62 | MMAS | 36 | 0:51:39 | 13,66 | 4:24 |
| 64 | 676 | De Ceuninck Edwin | Houthulst | 50 | MMAS | 37 | 0:51:44 | 13,64 | 4:24 |
| 65 | 688 | Deprez Xavier | Harelbeke | 54 | MMAS | 38 | 0:51:51 | 13,61 | 4:25 |
| 66 | 632 | Vanbecelaere Jef | Hoogede | 55 | MMAS | 39 | 0:51:55 | 13,59 | 4:25 |
| 67 | 728 | Sierens Tim | Brugge | 87 | MSEN | 28 | 0:52:13 | 13,51 | 4:26 |
| 68 | 651 | Floreal Jürgen | Ruddervoorde | 73 | MSEN | 29 | 0:52:29 | 13,44 | 4:28 |
| 69 | 768 | Eeckeloo Patrick | Oostkamp | 57 | MMAS | 40 | 0:52:52 | 13,35 | 4:30 |
| 70 | 654 | Meulewater Mark | Oost kamp | 58 | MMAS | 41 | 0:52:54 | 13,34 | 4:30 |
| 71 | 721 | Serry Jan | Torhout | 60 | MMAS | 42 | 0:53:06 | 13,29 | 4:31 |
| 72 | 631 | Lenaers Clint | Oostende | 70 | MSEN | 30 | 0:53:23 | 13,22 | 4:32 |
| 73 | 737 | Denys Chris | Zerkegem | 45 | MMAS | 43 | 0:53:43 | 13,14 | 4:34 |
| 74 | 738 | Denys Geert | Zerkegem | 66 | MSEN | 31 | 0:53:44 | 13,13 | 4:34 |
| 75 | 656 | Van Kerrebroeck Christian | Aalter | 56 | MMAS | 44 | 0:53:47 | 13,12 | 4:34 |
| 76 | 712 | Van Troye Bart | Blankenberge | 79 | MSEN | 32 | 0:53:55 | 13,09 | 4:35 |
| 77 | 649 | Meheus Dimitri | Brugge | 83 | MSEN | 33 | 0:54:06 | 13,04 | 4:36 |
| 78 | 620 | Neyskens Guido | Hertsberae | 63 | MMAS | 45 | 0:54:10 | 13,03 | 4:36 |
| 79 | 626 | Schrauwen Hans | Oostkamp | 68 | MSEN | 34 | 0:54:13 | 13,01 | 4:37 |
| 80 | 659 | Sierens Raphaël | Oedelem | 59 | MMAS | 46 | 0:54:26 | 12,96 | 4:38 |
| 81 | 734 | Deduytsche Raf | Zwevezele | 44 | MMAS | 47 | 0:54:29 | 12,95 | 4:38 |
| 82 | 770 | Mergaert Joris | Ardoois | 69 | MSEN | 35 | 0:54:42 | 12,90 | 4:39 |
| 83 | 692 | De Lannoy Wim | Aalter | 62 | MMAS | 48 | 0:54:44 | 12,89 | 4:39 |
| 84 | 645 | Vanneste Pol | Lichtervelde | 54 | MMAS | 49 | 0:55:09 | 12,79 | 4:41 |
| 85 | 706 | Platteeuw Ronny | Torhout | 48 | MMAS | 50 | 0:55:14 | 12,77 | 4:42 |
| 86 | 650 | Maertens Franky | Ruddervoorde | 62 | MMAS | 51 | 0:55:16 | 12,77 | 4:42 |
| 87 | 639 | Vandekinderen Patrick | Torhout | 65 | MMAS | 52 | 0:55:35 | 12,69 | 4:44 |
| 88 | 714 | Soete Jörgen | Torhout | 73 | MSEN | 36 | 0:55:37 | 12,69 | 4:44 |
| 89 | 743 | Deroo Carlos | Izegem | 49 | MMAS | 53 | 0:55:42 | 12,67 | 4:44 |
| 90 | 717 | Van Neste Stefan | Ruddervoorde | 70 | MSEN | 37 | 0:55:49 | 12,64 | 4:45 |
| 91 | 623 | Casier Alex | Ruddervoorde | 80 | MSEN | 38 | 0:55:57 | 12,61 | 4:45 |
| 92 | 711 | Heindryckx Dieter | Ruddervoorde | 81 | MSEN | 39 | 0:56:57 | 12,39 | 4:51 |
| 93 | 657 | Cavey Wilfried | Nieuwkapelle | 43 | MMAS | 54 | 0:57:14 | 12,33 | 4:52 |
| 94 | 727 | Quintyn Dimitri | Wingene | 82 | MSEN | 40 | 0:57:18 | 12,31 | 4:52 |
| 95 | 769 | Cappelier Jan-Bart | Ruddervoorde | 87 | MSEN | 41 | 0:57:27 | 12,28 | 4:53 |
| 96 | 612 | Slagmulder Guy | St-Andries | 64 | MMAS | 55 | 0:57:29 | 12,27 | 4:53 |
| 97 | 672 | Lievens Mathieu | Bekegem | 86 | MSEN | 42 | 0:58:02 | 12,16 | 4:56 |
| 98 | 744 | Brouckaert Dries | Veldegem | 87 | MSEN | 43 | 0:58:08 | 12,14 | 4:57 |
| 99 | 747 | Vervaecke Aäron | Veldegem | 87 | MSEN | 44 | 0:58:13 | 12,12 | 4:57 |

| PL | NR | Naam | Woonplaats | GBJ | CAT | P/CAT | Tijd | GEM | KM-Tijd |
|-----|-----|----------------------------------|------------------|-----|------|-------|---------|-------|---------|
| 100 | 698 | d' Haeninck Lucien | Beernem | 43 | MMAS | 56 | 0:58:22 | 12,09 | 4:58 |
| 101 | 742 | Van Thomme Wim | Torhout | 64 | MMAS | 57 | 0:58:25 | 12,08 | 4:58 |
| 102 | 733 | Mulier Jan | Ruddervoorde | 51 | MMAS | 58 | 0:58:54 | 11,98 | 5:01 |
| 103 | 755 | Deleersnyder Olivier | De Haan | 74 | MSEN | 45 | 0:59:13 | 11,92 | 5:02 |
| 104 | 682 | Lambrecht Vincent | Brugge | 74 | MSEN | 46 | 0:59:16 | 11,91 | 5:02 |
| 105 | 720 | Vandemeulebroeke Koen | Oedelem | 67 | MSEN | 47 | 0:59:26 | 11,87 | 5:03 |
| 106 | 653 | D'hondt Hervé | Torhout | 65 | MMAS | 59 | 0:59:48 | 11,80 | 5:05 |
| 107 | 616 | Van Outryke D'ydewalle Frederick | Ruddervoorde | 67 | MSEN | 48 | 0:59:59 | 11,76 | 5:06 |
| 108 | 627 | Van Robays Jan | Pittem | 85 | MSEN | 49 | 1:00:07 | 11,74 | 5:07 |
| 109 | 695 | Reynaert Frederik | Westkerke | 82 | MSEN | 50 | 1:00:10 | 11,73 | 5:07 |
| 110 | 724 | Vanden Bussche Johan | Ursel | 49 | MMAS | 60 | 1:00:25 | 11,68 | 5:08 |
| 111 | 782 | De Krem Geert | Torhout | 64 | MMAS | 61 | 1:00:42 | 11,62 | 5:10 |
| 112 | 635 | Denys Claude | Harelbeke | 54 | MMAS | 62 | 1:01:38 | 11,45 | 5:14 |
| 113 | 739 | Deroo Marnix | Wingene | 57 | MMAS | 63 | 1:02:12 | 11,34 | 5:17 |
| 114 | 763 | Verhenne Gerard | Oostkamp | 48 | MMAS | 64 | 1:02:20 | 11,32 | 5:18 |
| 115 | 771 | Vanparys Kris | Gits | 68 | MSEN | 51 | 1:02:49 | 11,23 | 5:20 |
| 116 | 752 | Verbrugghe Stefaan | Oostkamp | 72 | MSEN | 52 | 1:03:21 | 11,14 | 5:23 |
| 117 | 604 | Knockaert Roger | Oostkamp | 33 | MMAS | 65 | 1:03:27 | 11,12 | 5:24 |
| 118 | 776 | De Backer Marnix | Dadizele | 62 | MMAS | 66 | 1:03:57 | 11,03 | 5:26 |
| 119 | 686 | Riemaeker Marc | Ruddervoorde | 57 | MMAS | 67 | 1:04:13 | 10,99 | 5:28 |
| 120 | 690 | Mahieu Gwijde | Brugge | 62 | MMAS | 68 | 1:04:19 | 10,97 | 5:28 |
| 121 | 766 | Vlaeminck Lander | Ruddervoorde | 89 | MSEN | 53 | 1:04:20 | 10,97 | 5:28 |
| 122 | 772 | Mortreu Kris | Veldegem | 62 | MMAS | 69 | 1:04:35 | 10,93 | 5:30 |
| 123 | 709 | Vandale Rob | Ruddervoorde | 89 | MSEN | 54 | 1:05:14 | 10,82 | 5:33 |
| 124 | 725 | David Danny | | 55 | MMAS | 70 | 1:05:18 | 10,81 | 5:33 |
| 125 | 756 | Van Daele Luc | Ruddervoorde | 62 | MMAS | 71 | 1:05:35 | 10,76 | 5:35 |
| 126 | 746 | Crombez Lieven | Torhout | 87 | MSEN | 55 | 1:05:50 | 10,72 | 5:36 |
| 127 | 745 | Demunter Christophe | Veldegem | 85 | MSEN | 56 | 1:07:01 | 10,53 | 5:42 |
| 128 | 680 | Pattyn Frans | Ruddervoorde | 55 | MMAS | 72 | 1:07:15 | 10,49 | 5:43 |
| 129 | 671 | Werbrouck Peter | Torhout | 63 | MMAS | 73 | 1:08:38 | 10,28 | 5:50 |
| 130 | 710 | Pattyn Frederik | Ruddervoorde | 84 | MSEN | 57 | 1:09:14 | 10,19 | 5:53 |
| 131 | 704 | Debruyne Henk | St-Martens-Latem | 66 | MSEN | 58 | 1:16:21 | 9,24 | 6:30 |